

# AMHERST

*Natalie Pleban - State Qualifier*



*High Jump*

*Natalie Pleban - State Qualifier*



*100 Meter Hurdles*

*Alex Sixbey - State Qualifier*



*Pole Vault*

## 2024 GIRLS TRACK AND FIELD



## 2024 Girls Team Results

|               |   |                   |               |
|---------------|---|-------------------|---------------|
| January 5th   | <b>NEOITC White Division Meet 1</b>     | 7th of 10 teams   | * 50 Points   |
| January 19th  | <b>NEOITC White Division Meet 2</b>     |                   | * Cancelled   |
| February 2nd  | <b>NEOITC White Division Meet 3</b>     | 6th of 10 teams   | * 52 Points   |
| February 16th | <b>NEOITC All-Star Meet</b>             | No Team Scores    | *             |
| March 2nd     | <b>OATCCC Indoor State Championship</b> | No Points Scored  | *             |
| April 3rd     | <b>Avon</b>                             | Amherst           | * 80 Points   |
|               |   | Avon              | * 53 Points   |
| April 10th    | <b>Midview</b>                          | Amherst           | * 116 Points  |
|               |   | Midview           | * 21 Points   |
| April 15th    | <b>Lorain County Invitational</b>       | 3rd of 16 teams   | * 73.5 Points |
| April 19th    | <b>Olmsted Falls</b>                    | Olmsted Falls     | * Cancelled   |
|               |   | Amherst           | *             |
| April 20th    | <b>67th Comet Relays</b>                | 12th of 27 teams  | * 27 Points   |
| April 24th    | <b>Elyria</b>                           | Amherst           | * 77 Points   |
|               |   | Elyria            | * 41 Points   |
| April 26th    | <b>Avon Invitational</b>                | 4th of 17 teams   | * 70 Points   |
| May 1st       | <b>SWC JV Meet</b>                      | 6th of 8 Teams    | * 54 Points   |
| May 3rd       | <b>Medina Last Chance Meet</b>          | 3rd of 8 teams    | * 118 Points  |
| May 6th       | <b>Avon and Avon Lake JV</b>            | No Team Scores    | *             |
| May 8 - 10th  | <b>Southwestern Conference Meet</b>     | 2nd of 8 teams    | * 115 Points  |
| May 15 - 17th | <b>Northeast District Meet</b>          | 3rd of 17 teams   | * 72 Points   |
| May 22- 24th  | <b>Northwest Ohio Regional Meet</b>     | 9th of 39 scoring | * 24.5 Points |
| May 31-June 1 | <b>Ohio State Championships</b>         | No Points Scored  | *             |

## ***Amherst Girls Outdoor School Records***

|                      |           |  |                         |      |
|----------------------|-----------|--|-------------------------|------|
| 100 Meter Dash       | 11.98     | <i>Ella Baker</i>  | District Meet           | 2023 |
| 200 Meter Dash       | 24.92     | <i>Taylor Hooks</i>  | Regional Meet           | 2016 |
| 400 Meter Dash       | 55.21     | <i>Ella Baker</i>  | Regional Meet           | 2023 |
| 800 Meter Run        | 2:10.05   | <i>Theresa Feldkamp</i>  | State Meet              | 2001 |
| 1600 Meter Run       | 4:54.23   | <i>Amy McKinley</i>  | State Meet              | 1993 |
| 3200 Meter Run       | 10:42.5   | <i>Amy McKinley</i>  | Regional Meet           | 1993 |
| 100 Meter Hurdles    | 14.2      | <i>Kristi Keplinger</i>  | Vermillion Invitational | 1987 |
| 300 Meter Hurdles    | 43.73     | <i>Sara Moore</i>  | SWC Meet                | 2013 |
| 400 Meter Hurdles    | 1:21.38   | <i>Madison Reynolds</i>  | Beach Run Invitational  | 2015 |
| 2000 M Steeplechase  | 8:19.20   | <i>Kayla Snowden</i>   | Tri-Cities Classic      | 2018 |
| 4 x 100 M. Relay     | 48.71     | <i>Taylor Hooks, Audrey Fayer, Brooke Armbruster, Madison Reynolds</i> | Regional Meet           | 2016 |
| 4 x 200 M. Relay     | 1:41.40   | <i>Brianna Shagovac, Lindsay Sands, Becky Stuckart, Sher Champe</i>    | State Meet              | 2013 |
| 4 x 400 M. Relay     | 3:52.94   | <i>Lindsay Sands, Alexis Szivan, Brianna Shagovac, Sher Champe</i>     | State Meet              | 2013 |
| 4 x 800 M. Relay     | 9:24.65   | <i>Alexis Szivan, Cara Giannuzzi, Megan Parker, Sher Champe</i>        | Regional Meet           | 2014 |
| 4 x 1600 M. Relay    | 22:06.6   | <i>Heather Skeeles, Kelly Nye, Jenny Luca, Christine Thompson</i>      | Westlake Relays         | 1997 |
| Sprint Medley        | 1:49.63   | <i>Bakita Hill, Becki Stuckart, Briana Shagovac, Lindsey Sands</i>     | Berea Relays            | 2013 |
| Distance Medley      | 12:30.97  | <i>Sher Champe, Undrea Ballard, Alexis Szivan, Megan Parker</i>        | Berea Relays            | 2014 |
| Shuttle Hurd. (low)  | 1:06.56   | <i>Erin Kasper, Amber Slavik, Gaby Northeim, Sara Moore</i>            | Berea Relays            | 2013 |
| Shuttle Hurd. (high) | 1:08.48   | <i>Ashley Grapes, Anyja Peacock, Alex Vargo, Natalie Pleban</i>        | Comet Relays            | 2024 |
| High Jump            | 5'6       | <i>Erin Kasper</i>   | SWC Meet                | 2013 |
|                      | 5'6       | <i>Chaley Younkin</i>  | SWC Meet                | 2021 |
| High Jump Relay      | 15'4      | <i>Erin Kasper, Amber Slavik, Madison Reynolds</i>                     | Comet Relays            | 2013 |
| Long Jump            | 18'0 1/2  | <i>Natalie Pleban</i>  | District Meet           | 2024 |
| Long Jump Relay      | 49' 1/4   | <i>Madison Reynolds, Audrey Fayer, Gracen Siegenthaler</i>             | Comet Relays            | 2008 |
| Triple Jump          | 32'11 1/2 | <i>Gabriela Giannuzzi</i>  | Tri-Cities Classic      | 2018 |
| Shot Put             | 40'10 1/2 | <i>Emily King</i>  | Regional Meet           | 2018 |
| Shot Put Relay       | 96'10 1/2 | <i>Abby Burgdorf, Katie Schuster, Shannon Theobald</i>                 | Comet Relay             | 2009 |
| Discus               | 127'7     | <i>Amy Lackner</i>   | State Meet              | 1989 |
| Discus Relay         | 309'5     | <i>Lori Betchker, Shannon Mixon, Nicole Richardson</i>                 | Vs. Olm. Falls-Westlake | 1999 |
| Pole Vault           | 12'1      | <i>Alex Sixbey</i>   | District Meet           | 2024 |
| Pole Vault Relay (2) | 20'6      | <i>Sydney Walker, Allison Takacs</i>                                   | Comet Relays            | 2018 |
| Pole Vault Relay (3) | 24'0      | <i>Caitlin Camp, Kayla Nunez, Alex Forneris</i>                        | Comet Relays            | 2011 |

## ***Amherst Girls Indoor School Records***

|                   |           |  |                         |      |
|-------------------|-----------|--|-------------------------|------|
| 60 Meter Dash     | 7.60      | <i>Taylor Hooks</i>  | State Indoor Meet       | 2019 |
| 60 Meter Hurdles  | 9.25      | <i>Sara Moore</i>  | State Indoor Meet       | 2013 |
|                   | 9.25      | <i>Michal McFall</i>   | State Indoor Meet       | 2020 |
| 200 Meter Dash    | 25.24     | <i>Taylor Hooks</i>  | State Indoor Meet       | 2019 |
| 400 Meter Dash    | 56.86     | <i>Ella Baker</i>  | New Balance Nat. Indoor | 2023 |
| 800 Meter Run     | 2:14.70   | <i>Theresa Feldkamp</i>  | Nike Indoor Classic     | 2000 |
| 1600 Run          | 5:14.9    | <i>Christine Thompson</i>  | Berea Kiwanis Indoor    | 1997 |
| 3200 Run          | 11:25.11  | <i>Cassie Vince</i>  | State Indoor Meet       | 2013 |
| 4x200 Meter Relay | 1:45.95   | <i>Taylor Hooks, Tori Kubasak, Leah Drost, Gracen Siegenthaler</i>         | State Indoor Meet       | 2018 |
| 4x400 Meter Relay | 4:09.15   | <i>Undrea Ballard, Alexis Szivan, Lauren Sturgeon, Gracen Siegenthaler</i> | State Indoor Meet       | 2015 |
| 4x800 Meter Relay | 9:54.54   | <i>Cassie Vince, Riley Schenk, Lauren Sturgeon, Alexis Szivan</i>          | State Indoor Meet       | 2013 |
| Long Jump         | 17'3      | <i>Madison Reynolds</i>  | State Indoor Meet       | 2016 |
| High Jump         | 5'6       | <i>Erin Kasper</i>   | Akron Indoor            | 2013 |
| Triple Jump       | 33'1      | <i>Gabriela Giannuzzi</i>  | State Indoor Meet       | 2018 |
| Shot Put          | 36'10 1/2 | <i>Emily King</i>  | Oberlin Indoor 4        | 2018 |
| Weight Throw      | 44'0 1/4  | <i>Emily King</i>  | State Indoor Meet       | 2018 |
| Pole Vault        | 11'0      | <i>Sydney Walker</i>   | State Indoor Meet       | 2018 |

# 2024 BEST EFFORTS

*Final*

| 100 METER DASH  | 200 METER DASH  | 400 METER DASH   | 800 METER RUN  | 1600 METER RUN   |
|---|---|--|--|--|
| 13.38 Jocelyn Anderson<br>13.44 Anyja Peacock<br>13.52 Giada Cioffi<br>13.71 Jayla Cruz<br>14.99 Alaina Jamigan<br>15.01 Kayla Vitelli<br>15.06 Grace Berdiel<br>15.47 Emily Squires<br>16.47 Aamna Imran<br>16.80 Mia Wash   | 26.37 Jayla Cruz<br>28.01 Lauren Kukucka<br>28.08 Anyja Peacock<br>28.09 Carmela Rivera<br>28.89 i Jocelyn Anderson<br>30.24 Kayla Vitelli<br>31.11 i Giada Cioffi<br>31.24 i Ainsley Hunker<br>31.55 Emily Squires<br>31.83 Grace Berdiel<br>34.19 Mia Wash<br>35.68 Aamna Imran | 59.34 Jayla Cruz<br>1:02.68 Lauren Kukucka<br>1:06.23 Alaina Alflien<br>1:08.13 Victoria Ruiz<br>1:08.15 Nyah Jesko<br>1:11.98 Kayla Vitelli<br>1:12.76 Emily Squires<br>1:17.20 CeCe Magers<br>1:18.28 Nicoll Dokovski<br>1:20.02 Ella Schubert<br>1:20.41 Kendall Harrison<br>1:27.23 Eliza Faccioni | 2:23.15 Paige Miller<br>2:23.4 r Alaina Alflien<br>2:26.71 Rosalie Kapalin<br>2:29.4 r Sophia Pecora<br>2:31.5 r Nora Darkow<br>2:32.24 Liana Del Valle<br>2:36.5 r Katherine Low<br>2:41.5 r Aubrey Brenot<br>2:41.96 Winter Carrell<br>2:42.8 r Nyah Jesko<br>2:45.5 r Macey Johnson<br>2:51.2 r CeCe Magers<br>2:51.4 r Josie Kerecz<br>2:51.57 Sophia Nicoletti<br>2:55.36 Elliot Eastin<br>2:59.5 r Victoria Ruiz<br>2:59.99 Ella Schubert<br>3:00.4 r Kaitlyn Meyer<br>3:07.7 r Carson Timko<br>3:10.5 Brooklyn Abraham<br>3:11.26 Abbey Barry<br>3:21.7 t Mia DelMonico<br>3:24.21 r Ally Cvetkovic<br>3:24.28 Evie Roy<br>3:25.28 Eliza Faccioni<br>3:50.0 t Nicoll Dokovski | 5:23.69 Alaina Alflien<br>5:29.45 Sophia Pecora<br>5:32.55 Rosalie Kapalin<br>5:36.12 Nora Darkow<br>5:48.50 Liana Del Valle<br>5:58.11 Winter Carrell<br>6:10.99 Macey Johnson<br>6:11.2 s Aubrey Brenot<br>6:13.27 Audrey Ilcisko<br>6:19.77 Kaitlyn Meyer<br>6:21.72 CeCe Magers<br>6:23.32 Gemma DelMonico<br>6:24.96 Sophia Nicoletti<br>6:40.11 Morgan Kessler<br>6:43.75 Josie Kerecz<br>6:55.4 Abbey Barry<br>6:58.10 Carson Timko<br>7:06.65 Brooklyn Abraham<br>7:14.8 Mia DelMonico<br>7:29.75 Corinn Kinser<br>7:34.1 Elliot Eastin<br>8:27.1 Evie Roy |
| <b>Hand Times:</b><br>13.0 Jocelyn Anderson   | <b>Hand Times:</b>  | <b>Relay Legs (Lead):</b><br>1:02.8 Lauren Kukucka<br>1:03.3 Alex Vargo<br>1:04.6 Alaina Alflien<br>1:07.0 Carmela Rivera<br>1:09.2 Liana Del Valle<br>1:11.7 Victoria Ruiz<br>1:17.6 Audrey Ilcisko<br>1:19.3 Nicoll Dokovski   | <b>Relay Legs (Flying):</b><br>1:00.3 Jayla Cruz<br>1:01.8 Alaina Alflien<br>1:01.5 Alex Vargo<br>1:03.5 Ashley Grapes<br>1:05.5 Lauren Kukucka<br>1:07.2 Nyah Jesko<br>1:08.5 Rosalie Kapalin<br>1:08.6 Nora Darkow<br>1:09.8 Liana Del Valle<br>1:10.8 Macey Johnson<br>1:15.0 Sophia Nicoletti<br>1:16.0 CeCe Magers<br>1:16.6 Morgan Kessler<br>1:19.2 Carson Timko<br>1:19.7 Ella Schubert<br>1:21.1 Nicoll Dokovski<br>1:23.9 Brooklyn Abraham<br>1:24.9 Evie Roy<br>1:25.0 Ally Cvetkovic   |  |
| <b>60 Meter Dash:</b><br>8.33 Jayla Cruz<br>8.46 Jocelyn Anderson<br>8.72 Anyja Peacock<br>8.73 Carmela Rivera<br>9.22 Marin Tellier  | <b>Relay Legs (Lead):</b><br>26.6 Alex Vargo<br>27.4 Ashley Grapes<br>27.5 Alexandra Sixbey<br>28.9 Giada Cioffi<br>31.0 Marin Tellier  |  |  |  |
|   | <b>Relay Legs (Flying):</b><br>25.1 Alex Vargo<br>25.6 Jayla Cruz<br>26.2 Carmela Rivera<br>26.9 Jocelyn Anderson<br>27.0 Lauren Kukucka<br>27.6 Alexandra Sixbey<br>28.6 Anyja Peacock<br>30.0 Emily Squires<br>30.7 Alaina Jamigan<br>32.0 Kayla Vitelli<br>32.8 Giada Cioffi   |  |  |  |
| <b>3200 METER RUN</b><br>11:58.01 Nora Darkow<br>12:14.74 Alaina Alflien<br>12:16.48 Katherine Low<br>12:46.84 Winter Carrell<br>12:55.95 Aubrey Brenot<br>13:48.30 Gemma DelMonico<br>14:20.11 Audrey Ilcisko<br>14:39.90 Kaitlyn Meyer<br>15:28.23 Mia DelMonico<br>15:30.50 Carson Timko<br>15:57.54 Abbey Barry<br>16:01.80 Corinn Kinser |   |  |  |  |
|   |   |  | <b>100 METER HURDLES</b><br>15.09 Natalie Pleban<br>15.77 Alex Vargo<br>18.19 Anyja Peacock<br>18.64 Ashley Grapes   | <b>300 METER HURDLES</b><br>45.12 Alex Vargo<br>47.10 Ashley Grapes  |
|   |   |  | <b>60 Meter Hurdles:</b><br>9.68 Alex Vargo<br>10.77 Ashley Grapes   |  |
| <b>LONG JUMP</b><br>18'0 1/2 Natalie Pleban<br>14'9 Giada Cioffi<br>14'2 Ainsley Hunker<br>13'9 Alaina Jamigan<br>13'5 Marin Tellier  | <b>DISCUS</b><br>90'9 Claire Bedo<br>78'10 Peyton Zakrajsek<br>75'4 Ashlyn Barry<br>72'0 Ella Schubert<br>71'5 Lucrecia Pery<br>63'4 Sadie Hamis<br>45'0 Elizabeth Barry<br>38'8 Gabrielle Ortiz<br>35'2 Phoebe Piepenbrok  | <b>SHOT PUT</b><br>27'3 1/4 Claire Bedo<br>26'11 1/2 Ashlyn Barry<br>24'7 Peyton Zakrajsek<br>22'9 Lucrecia Pery<br>21'4 Elizabeth Barry<br>19'1 Sadie Hamis<br>14'0 Gabrielle Ortiz<br>13'0 Phoebe Piepenbrok   | <b>HIGH JUMP</b><br>5'2 Natalie Pleban<br>4'3 Ainsley Hunker<br>4'0 Marin Tellier  | <b>POLE VAULT</b><br>12'1 Alex Sixbey<br>8'0 Carmela Rivera<br>7'0 Marin Tellier   |
|   |   |  | <b>Weight Throw:</b><br>37'2 Claire Bedo   | <b>POLE VAULT RELAY</b><br>19'3 <i>Comet Relays</i><br>Sixbey, Rivera, Tellier   |
|   |   |  | <b>LONG JUMP RELAY</b><br>38'2 1/4 <i>Comet Relays</i><br>Cioffi, Jarnigan, Tellier  | <b>SHOT PUT RELAY</b><br>79'1 <i>Comet Relays</i><br>Barry, Bedo, Zakrajsek  |
| <b>4x100 METER RELAY</b><br>50.30 <i>District Meet</i><br>Anderson, Pleban, Rivera, Cruz  | <b>4x200 METER RELAY</b><br>1:46.17 <i>District Meet</i><br>Grapes, Vargo, Rivera, Cruz   | <b>4x400 METER RELAY</b><br>4:11.92 <i>District Meet</i><br>Kukucka, Alflien, Grapes, Vargo  | <b>HIGH JUMP RELAY</b><br>4'8 <i>Comet Relays</i><br>Pleban, Tellier, Hunker   | <b>DISCUS RELAY</b><br>210'1 <i>Comet Relays</i><br>Bedo, Schubert, Pery   |
| <b>4x800 METER RELAY</b><br>9:54.34 <i>SWC Meet</i><br>Alflien, Kapalin, Pecora, Miller   | <b>4x1600 METER RELAY</b><br>25:52.39 <i>Comet Relays</i><br>Del Valle, Johnson, Nicoletti, Ilcisko   | <b>DISTANCE MEDLEY RELAY</b>   | <b>SPRINT MEDLEY RELAY</b><br>1:54.83 <i>Comet Relays</i><br>Kukucka, Pleban, Vargo, Cruz  | <b>SHUTTLE HURDLES (33")</b><br>1:08.48 <i>Comet Relays</i><br>Vargo, Grapes, Peacock, Pleban  |

## State Meet Track Qualifiers

|      |                                  |   |                    |                     |  |          |            |
|------|----------------------------------|---|--------------------|---------------------|--|----------|------------|
| 1977 | Mile Run                         | Kim Welte   | 5:21.8             | Seventh             |  |          |            |
| 1978 | Mile Run                         | Kim Welte   | 5:23.5             | Sixth               |  |          |            |
| 1979 | 4 x 400 Relay                    | Jane Kocak, Paula Whetzel,<br>Kim Sadowski, Kim Welte                       |                    |                     |  |          |            |
| 1980 |                                  | Jane Kocak, Patti Sirb,<br>Paula Whetzel, Kim Sadowski                      |                    |                     |  |          |            |
| 1981 | 1600 Meter Run                   | Beth Huffman  |                    |                     |  |          |            |
| 1982 |                                  |   |                    |                     |  |          |            |
| 1983 | 4 x 800 Relay                    | Carmen Marshall, Patti Sirb,<br>Beth Huffman, Carol Zilch                   |                    |                     |  |          |            |
| 1984 |                                  |   |                    |                     |  |          |            |
| 1985 |                                  |   |                    |                     |  |          |            |
| 1986 | 100 M. Hurdles                   | Kristi Keplinger  | 14.60              |                     |  |          |            |
| 1987 | 100 M. Hurdles<br>300 M. Hurdles | Kristi Keplinger<br>Kristi Keplinger  | 14.43              | Second              |  |          |            |
| 1988 |                                  |   |                    |                     |  |          |            |
| 1989 | Discus                           | Amy Lackner   | 127'9              | Fourth              |  |          |            |
| 1990 | 3200 Meter Run                   | Amy McKinley  | 11:34.38           | Seventh             |  |          |            |
| 1991 | 4 x 800 Relay                    | Amy McKinley, Sue Dziama,<br>Jill Stavole, Colleen Young                    | 9:45.0             | Twelfth             |  |          |            |
|      | 3200 Meter Run                   | Amy McKinley  | 11:06.09           | Fourth              |  |          |            |
| 1992 | 4 x 800 Relay                    | Colleen Young, Sue Dziama,<br>Jean Horey, Amy McKinley                      | 9:25.06            | Fifth               |  |          |            |
|      | 800 Meter Run                    | Colleen Young   | 2:19.20            | Eighth              |  |          |            |
|      | 1600 Meter Run                   | Sue Dziama  | 5:24.8             | Twelfth             |  |          |            |
|      | 3200 Meter Run                   | Amy McKinley  | 10:54.67           | Fifth               |  |          |            |
| 1993 | 1600 Meter Run                   | Amy McKinley  | 4:54.23            | First               |  |          |            |
|      | 3200 Meter Run                   | Amy McKinley  | 10:46.50           | Second              |  |          |            |
| 1994 | 300 M. Hurdles                   | Gretchen Ruth   | 48.53              |                     |  |          |            |
|      | 3200 Meter Run                   | Sue Dziama  | 11:06.09           | Second              |  |          |            |
| 1995 | 800 Meter Run                    | Christine Thompson  | 2:13.53            | Second              |  |          |            |
| 1996 | 4 x 800 Relay                    | Heather Skeeles, Kelly Nye,<br>Jenny Luca, Christine Thompson               | 9:36.01            | Eighth              |  |          |            |
|      | 800 Meter Run                    | Christine Thompson  | 2:18.46            | Tenth               |  |          |            |
| 1997 | 4 x 800 Relay                    | Heather Skeeles, Kelly Nye,<br>Jenny Luca, Christine Thompson               | 9:31.65            | Sixth               |  |          |            |
|      | 1600 Meter Run                   | Christine Thompson  | 5:03.95            | Third               |  |          |            |
|      | 800 Meter Run                    | Christine Thompson  | 2:21.26            | Twelfth             |  |          |            |
| 1998 | 800 Meter Run                    | Theresa Feldkamp  | 2:12.64            | Fourth              |  |          |            |
| 1999 | 800 Meter Run                    | Theresa Feldkamp  | 2:12.20            | Third               |  |          |            |
| 2000 | 800 Meter Run                    | Theresa Feldkamp  | 2:11.31            | First               |  |          |            |
|      | 4 x 400 Relay                    | Whitney Houglan, Lindsey Britt,<br>Tessa Shagovac, Theresa Feldkamp         | 4:07.30            |                     |  |          |            |
|      | Long Jump                        | Stephanie Tear  | 15'11 1/4          |                     |  |          |            |
| 2001 | 100 M. Hurdles                   | Tessa Shagovac  | 16.15              |                     |  |          |            |
|      | 300 M. Hurdles                   | Tessa Shagovac  | 46.43              |                     |  |          |            |
|      | 800 Meter Run                    | Theresa Feldkamp  | 2:10.05            | First               |  |          |            |
|      | 4 x 400 Relay                    | Whitney Houglan, Lindsey Britt,<br>Tessa Shagovac, Theresa Feldkamp         | 4:01.20            | Seventh             |  |          |            |
|      | 4 x 800 Relay                    | Laura Brinkley, Lindsey Hipp,<br>Brittnee Barris, Gretchen Gilder           | 10:08.56           | Sixteenth           |  |          |            |
| 2002 |                                  |   |                    |                     |  |          |            |
| 2003 | Shot Put                         | Maureen Eastaugh  | 37'10              | Twelfth             |  |          |            |
| 2004 | 1600 Meter Run                   | Kyle Dandrea  | 5:15.48            | Twelfth             |  |          |            |
| 2005 |                                  |   |                    |                     |  |          |            |
| 2006 |                                  |   |                    |                     |  |          |            |
| 2007 |                                  |   |                    |                     |  |          |            |
| 2008 |                                  |   |                    |                     |  |          |            |
| 2009 |                                  |   |                    |                     |  |          |            |
| 2010 |                                  |   |                    |                     |  |          |            |
| 2011 |                                  |   |                    |                     |  |          |            |
| 2012 | High Jump                        | Erin Kasper   | 5'4                | Sixth               |  |          |            |
|      | 300 M. Hurdles                   | Sara Moore  | 45.60              |                     |  |          |            |
|      | 4x200 Relay                      | Sher Champe, Kaitlin Given,<br>Becky Stuckart, Lindsay Sands                | 1:45.76            |                     |  |          |            |
| 2013 | High Jump                        | Erin Kasper   | 5'6                | Second              |  |          |            |
|      | 100 M. Hurdles                   | Sara Moore  | 15.17              |                     |  |          |            |
|      | 300 M. Hurdles                   | Sara Moore  | 44.99              | Seventh             |  |          |            |
|      | 400 Meter Run                    | Sher Champe   | 55.57              | Fourth              |  |          |            |
|      | 800 Meter Run                    | Alexis Szivan   | 2:19.76            | Thirteenth          |  |          |            |
|      | 3200 Meter Run                   | Cassie Vince  | 11:15.3            | Eighth              |  |          |            |
|      | 4x200 Relay                      | Brianna Shagovac, Lindsay Sands,<br>Becky Stuckart, Sher Champe             | 1:41.40            | Fifth               |  |          |            |
|      | 4x400 Relay                      | Lindsay Sands, Alexis Szivan,<br>Brianna Shagovac, Sher Champe              | 3:52.94            | Fourth              |  |          |            |
| 2014 | 800 Meter Run                    | Alexis Szivan   | 2:13.78            | Seventh             |  |          |            |
|      | 4x400 Relay                      | Sher Champe<br>Undrea Ballard, Lexi O'Connor,<br>Alexis Szivan, Sher Champe | 2:16.23<br>3:55.45 | Thirteenth<br>Sixth |  |          |            |
|      | 4 x 800 Relay                    | Alexis Szivan, Cara Giannuzzi,<br>Megan Parker, Sher Champe                 | 9:31.24            | Thirteenth          |  |          |            |
| 2015 | 800 Meter Run                    | Alexis Szivan   | 2:10.32            | Fourth              |  |          |            |
|      | 4x400 Relay                      | Undrea Ballard, Alexis Szivan,<br>Marisa Gillam, Gracen Siegenthaler        | 3:58.13            |                     |  |          |            |
|      | 4 x 800 Relay                    | Alexis Szivan, Marisa Gillam,<br>Brianna Sekerak, Cara Giannuzzi            | 9:40.38            | Sixteenth           |  |          |            |
| 2016 | 100 Meter Dash                   | Taylor Hooks  |                    |                     |  | 12.63    |            |
|      | 200 Meter Dash                   | Taylor Hooks  |                    |                     |  | 26.11    |            |
|      | 100 M. Hurdles                   | Madison Reynolds  |                    |                     |  | 15.05    |            |
|      | Long Jump                        | Madison Reynolds  |                    |                     |  | 16'6     | Thirteenth |
|      | 4x100 Relay                      | Taylor Hooks, Audrey Fayer,<br>Brooke Armbruster, Madison Reynolds          |                    |                     |  | 49.24    |            |
|      | 4 x 200 Relay                    | Taylor Hooks, Gracen Siegenthaler,<br>Brooke Armbruster, Undrea Ballard     |                    |                     |  | 1:43.72  |            |
| 2017 | 100 Meter Dash                   | Taylor Hooks  |                    |                     |  | 12.41    |            |
|      | 200 Meter Dash                   | Taylor Hooks  |                    |                     |  | 25.55    |            |
|      | 400 Meter Dash                   | Alexis Alston   |                    |                     |  | 58.03    |            |
|      | 4x100 Relay                      | Victoria Kubasak, Audrey Fayer,<br>Brooke Armbruster, Gracen Siegenthaler   |                    |                     |  | 50.31    |            |
|      | 4 x 200 Relay                    | Gracen Siegenthaler, Audrey Fayer,<br>Alexis Alston, Taylor Hooks           |                    |                     |  | 1:43.96  |            |
| 2018 | Shot Put                         | Emily King  |                    |                     |  | 39'4 1/4 | Eighth     |
|      | Discus                           | Emily King  |                    |                     |  | 108'3    | Fifteenth  |
|      | 400 Meter Dash                   | Alexis Alston   |                    |                     |  | 57.28    | Seventh    |
|      | 4 x 200 Relay                    | Gracen Siegenthaler, Brooke Armbruster,<br>Alexis Alston, Victoria Kubasak  |                    |                     |  | 1:45.60  |            |
|      | 4x400 Relay                      | Gracen Siegenthaler, Victoria Kubasak,<br>Audrey Fayer, Alexis Alston       |                    |                     |  | 3:53.78  | Seventh    |
| 2019 | 100 Meter Dash                   | Taylor Hooks  |                    |                     |  | 12.39    | Seventh    |
|      | 200 Meter Dash                   | Taylor Hooks  |                    |                     |  | DNS      |            |
|      | Pole Vault                       | Sydney Walker   |                    |                     |  | 11'6     | Tenth      |
| 2020 | No Meet Held                     |   |                    |                     |  |          |            |
| 2021 | High Jump                        | Chaley Younkin  |                    |                     |  | 5'0      | Fifteenth  |
|      | 100 M. Hurdles                   | Chaley Younkin  |                    |                     |  |          |            |
| 2022 | 400 Meter Dash                   | Ella Baker  |                    |                     |  | 57.84    | Eighth     |
|      | 4x200 Relay                      | Megan Ciura, Alana Woodworth,<br>Annabelle Stewart, Ella Baker              |                    |                     |  | 1:44.62  |            |
|      | 4x400 Relay                      | Aurora Wilson, Annabelle Stewart,<br>Catherine Turner, Ella Baker           |                    |                     |  | 3:59.68  | Eighth     |
| 2023 | 100 M. Hurdles                   | Natalie Pleban  |                    |                     |  | 15.25    |            |
|      | 100 Meter Dash                   | Ella Baker  |                    |                     |  | 12.08    |            |
|      | 400 Meter Dash                   | Ella Baker  |                    |                     |  | 55.57    | Fifth      |
|      | 4x400 Relay                      | Jayla Cruz, Catherine Turner,<br>Aurora Wilson, Ella Baker                  |                    |                     |  | 4:01.12  |            |
| 2024 | 100 M. Hurdles                   | Natalie Pleban  |                    |                     |  | DQ       |            |
|      | High Jump                        | Natalie Pleban  |                    |                     |  | 5'0      | Eighteenth |
|      | Pole Vault                       | Alex Sixbey   |                    |                     |  | 11'0     | Eleventh   |

## Indoor State Meet Qualifiers

|      |                |  |          |               |
|------|----------------|--|----------|---------------|
| 2005 | Shot Put       | Michelle Stark   | 34'2 1/2 | Fifteenth     |
| 2006 | 4 x 800 Relay  | Tealla Scrofano, Betsy Melick, Kaitlyn Lyghtel, Shannon McDonald     | 10:29.05 | Twelfth       |
|      | 1600 Meter Run | Jessica Bartholomew  | 5:27.92  | Eighth        |
|      | 3200 Meter Run | Shannon McDonald   | 11:58.79 | Fourteenth    |
| 2007 | 4 x 800 Relay  | Tealla Scrofano, Erica Kelly, Megan Byme, Betsy Melick               | 10:26.9  | Twelfth       |
| 2008 | 3200 Meter Run | Jane Lehman  | 12:27.34 | Fourteenth    |
| 2009 | 4 x 800 Relay  | Kasey Schuler, Erica Kelly, Carrie Kurish, Jane Lehman               | 10:04.48 | Twelfth       |
|      | 800 Meter Run  | Kasey Schuler  |          |               |
|      | 3200 Meter Run | Jane Lehman  | 11:45.41 | Eighth        |
|      | Shot Put       | Abby Burgdorf  | 36'9 1/4 | Seventh       |
|      | Shot Put       | Katie Schuster   | 33'7 1/2 | Twelfth       |
|      | Weight Throw   | Katie Schuster   | 34'10    | Tenth         |
| 2010 | 4 x 800 Relay  | Angelica Bucci, Emily Johnson, Abbie Homyak, Carrie Kurish           | 10:43.12 | Sixteenth     |
|      | Weight Throw   | Abby Burgdorf  | 35'0     | Eleventh      |
| 2011 | 4 x 800 Relay  | Kasey Schuler, Angelica Bucci, Katie Sooy-Schultz, Emily Johnson     | 10:18.60 | Sixteenth     |
|      | 800 Meter Run  | Kasey Schuler  | 2:31.35  | Fourteenth    |
|      | 3200 Meter Run | Emily Johnson  | 12:03.87 | Sixteenth     |
| 2012 | 4 x 800 Relay  | Angelica Bucci, Alexis Szivan, Megan Beal, Emily Johnson             | 10:12.92 | Fifteenth     |
|      | High Jump      | Erin Kasper  | 5'0      | Ninth         |
| 2013 | 4 x 800 Relay  | Cassie Vince, Riley Schenk, Lauren Sturgeon, Alexis Szivan           | 9:54.54  | Thirteenth    |
|      | 4 x 200 Relay  | Sara Moore, Becki Stuckart, Bakita Hill, Lindsay Sands               | 1:47.41  | Twelfth       |
|      | 60 M Hurdles   | Sara Moore   | 9.35     | Sixth         |
|      | 400 Meter Dash | Lindsay Sands  |          |               |
|      | 3200 Meter Run | Cassie Vince   | 11:25.11 | Fourth        |
|      | 4 x 400 Relay  | Lindsay Sands, Becki Stuckart, Riley Schenk, Alexis Szivan           | 4:14.96  | Sixteenth     |
|      | High Jump      | Erin Kasper  | 5'5      | First         |
|      | Long Jump      | Erin Kasper  | 15'4 1/2 | Eleventh      |
|      | Triple Jump    | Erin Kasper  | 30'11    | Fifteenth     |
| 2014 | 800 Meter Run  | Alexis Szivan  | 2:23.69  | Seventh       |
| 2015 | 800 Meter Run  | Alexis Szivan  | 2:21.54  | Tenth         |
|      | 4 x 400 Relay  | Undrea Ballard, Alexis Szivan, Lauren Sturgeon, Graycen Siegenthaler | 4:14.96  | Sixteenth     |
| 2016 | Long Jump      | Madison Reynolds   | 17'3     | Third         |
|      | 60 M Hurdles   | Madison Reynolds   | 9.60     | Sixth SF      |
|      | 400 Meter Run  | Undrea Ballard   | 58.73    | Eleventh      |
| 2017 | 60 Meter Dash  | Taylor Hooks   | 7.89     | Eleventh      |
|      | 200 Meter Dash | Taylor Hooks   | 25.67    | Tenth         |
| 2018 | 60 Meter Dash  | Taylor Hooks   | 7.76     | Seventh       |
|      | 200 Meter Dash | Taylor Hooks   | 25.55    | Eighth        |
|      | 400 Meter Dash | Gracen Siegenthaler  | 59.71    | Fifteenth     |
|      |                | Alexis Alston  |          |               |
|      | 4 x 200 Relay  | Taylor Hooks, Tori Kubasak, Leah Drost, Gracen Siegenthaler          | 1:45.95  | Seventh       |
|      | Weight Throw   | Emily King   | 44'0 1/4 | Fourth        |
|      | Shot Put       | Emily King   | 34'1 1/2 | Fourteenth    |
|      | Pole Vault     | Sydney Walker  | 11'0     | Ninth         |
|      | Triple Jump    | Gabriela Giannuzzi   | 33'1 1/4 | Fourth        |
|      | Long Jump      | Audrey Fayer   | 15'7 1/2 | Seventeenth   |
| 2019 | 60 Meter Dash  | Taylor Hooks   | 7.70     | Fourth        |
|      | 200 Meter Dash | Taylor Hooks   | 25.24    | Sixth         |
|      | 400 Meter Dash | Tori Kubasak   | 1:01.25  | Twenty-first  |
|      | 4 x 400 Relay  | Tori Kubasak, Kayla Snowden, Victoria Bailey, Taylor Hooks           | 4:18.31  | Twenty-first  |
|      | 4 x 800 Relay  | Kalyn Potyrala, Kayla Snowden, Marisa Del Valle, Victoria Bailey     | 9:57.07  | Twenty-first  |
|      | Pole Vault     | Sydney Walker  | 10'6     | Fourteenth    |
| 2020 | 60 M Hurdles   | Michal McFall  | 9.25     | Tenth         |
|      | 4 x 800 Relay  | Aurora Wilson, Marisa Del Valle, Leah Gerke, Catherine Tumer         | 9:58.97  | Seventeenth   |
|      | High Jump      | Chaley Younkin   | 5'2      | Tie Sixth     |
|      | Weight Throw   | Jessica Hamrick  | 44'0 1/4 | Twenty-First  |
| 2021 | 60 M Hurdles   | Chaley Younkin   | 9.48     | Eighth        |
|      | 800 Meter Run  | Aurora Wilson  | 2:31.14  | Twenty-Second |
|      |                | Catherine Tumer  | 2:44.49  | Twenty-Third  |
|      | 4 x 200 Relay  | Zoey Roy, Megan Ciura, Morgan Bosworth, Ella Baker                   | 1:54.60  | Twentieth     |
|      | 4 x 400 Relay  | Megan Ciura Leah Gerke, Kaylee Haff, Ella Baker                      | 4:24.98  | Nineteenth    |
|      | 4 x 800 Relay  | Aurora Wilson, Marisa Del Valle, Leah Gerke, Catherine Tumer         | 10:06.40 | Twelfth       |
|      | High Jump      | Chaley Younkin   | 5'2      | Eighth        |
| 2022 | 60 Meter Dash  | Ella Baker   |          |               |
|      | 400 Meter Dash | Ella Baker   | 58.75    | Fourth        |
|      | 4 x 200 Relay  | Jazzara Phillips, Megan Ciura, Alana Woodworth, Ella Baker           | 1:49.99  | Eighteenth    |
|      | 4 x 400 Relay  | Megan Ciura, Catherine Tumer, Alana Woodworth, Ella Baker            | 4:20.31  | Twentieth     |
|      | 4 x 800 Relay  | Aurora Wilson, Marisa Del Valle, Leah Gerke, Catherine Tumer         | 10:23.88 | Twenty-Fourth |
| 2023 | 200 Meter Dash | Ella Baker   | 25.69    | Fifteenth     |
|      | 400 Meter Dash | Ella Baker   | 56.89    | Fourth        |
|      | 800 Meter Run  | Aurora Wilson  | 2:22.33  | Twelfth       |
| 2024 | 4 x 400 Relay  | Alex Vargo, Alaina Alflen, Ashley Grapes, Jayla Cruz                 | 4:14.93  | Twentieth     |
|      | 4 x 800 Relay  | Alaina Alflen, Rosalie Kapalin, Liana Del Valle, Nora Darkow         | 10:13.5  | Nineteenth    |
|      | Pole Vault     | Alex Sixbey  | 11'0     | Thirteenth    |

## *Team Places - Conference Meet*

| <b>Year</b> | <b>Conference</b> | <b>Place</b> | <b>Points</b> | <b>Coach</b>     |
|-------------|-------------------|--------------|---------------|------------------|
| 1973        | Lakeland          | Third        | 62            | Darline Wall     |
| 1974        | Lakeland          | Fourth       | 22            | Dan English      |
| 1975        | Lakeland          | Fifth        | 39            | Dan English      |
| 1976        | Lakeland          | Fourth       | 50            | Marylen Marty    |
| 1977        | Lakeland          | Third        | 66            | Byron Foutz      |
| 1978        | Lakeland          | Fifth        | 41            | Darline Stuckart |
| 1979        | Lakeland          | Third        | 64            | Darline Stuckart |
| 1980        | Lakeland          | Second       | 81            | Darline Stuckart |
| 1981        | Lakeland          | First        | 87            | Jim Dotson       |
| 1982        | Lakeland          | First        | 89            | Jim Dotson       |
| 1983        | Lakeland          | First        | 93            | Jim Dotson       |
| 1984        | Lakeland          | First        | 133           | Jim Dotson       |
| 1985        | Lakeland          | First        | 130           | Jim Dotson       |
| 1986        | Lakeland          | First        | 121           | Jim Dotson       |
| 1987        | Southwestern      | First        |               | Jim Dotson       |
| 1988        | Southwestern      | Fifth        | 63 1/4        | Jim Dotson       |
| 1989        | Southwestern      | Fifth        | 59            | Jim Dotson       |
| 1990        | Southwestern      | Third        | 96            | Dick Elsasser    |
| 1991        | Southwestern      | Fourth       | 57            | Dick Elsasser    |
| 1992        | Southwestern      | Third        | 87            | Dick Elsasser    |
| 1993        | Southwestern      | Fourth       | 58            | Dick Elsasser    |
| 1994        | Southwestern      | Fifth        | 43            | Dick Elsasser    |
| 1995        | Southwestern      | Fifth        | 42            | Dick Elsasser    |
| 1996        | Southwestern      | Fifth        | 51            | Dick Elsasser    |
| 1997        | Southwestern      | Fifth        | 61            | Dick Elsasser    |
| 1998        | Southwestern      | Third        | 87            | Dick Elsasser    |
| 1999        | Southwestern      | First        | 123 1/2       | Dick Elsasser    |
| 2000        | Southwestern      | First        | 157           | Dick Elsasser    |
| 2001        | Southwestern      | First        | 146           | Dick Elsasser    |

| <b>Year</b> | <b>Conference</b> | <b>Place</b> | <b>Points</b> | <b>Coach</b>  |
|-------------|-------------------|--------------|---------------|---------------|
| 2002        | Southwestern      | Fifth        | 45            | Dick Elsasser |
| 2003        | Southwestern      | Fifth        | 52            | Dick Elsasser |
| 2004        | Southwestern      | Third        | 76            | Dick Elsasser |
| 2005        | Southwestern      | Third        | 68            | Dick Elsasser |
| 2006        | Southwestern      | Sixth        | 45            | Rob Glatz     |
| 2007        | Southwestern      | Fourth       | 69            | Rob Glatz     |
| 2008        | Southwestern      | Fourth       | 67            | Rob Glatz     |
| 2009        | Southwestern      | Seventh      | 33            | Rob Glatz     |
| 2010        | Southwestern      | Seventh      | 42            | Rob Glatz     |
| 2011        | Southwestern      | Seventh      | 35.5          | Rob Glatz     |
| 2012        | Southwestern      | First        | 124           | Rob Glatz     |
| 2013        | Southwestern      | First        | 161           | Rob Glatz     |
| 2014        | Southwestern      | Second       | 88            | Rob Glatz     |
| 2015        | Southwestern      | Third        | 101.6         | Rob Glatz     |
| 2016        | Southwestern      | Second       | 139.6         | Rob Glatz     |
| 2017        | Southwestern      | Second       | 137           | Rob Glatz     |
| 2018        | Southwestern      | Second       | 134           | Rob Glatz     |
| 2019        | Southwestern      | Fourth       | 88.5          | Rob Glatz     |
| 2020        | Southwestern      |              | Meet Not Held |               |
| 2021        | Southwestern      | Fourth       | 81            | Rob Glatz     |
| 2022        | Southwestern      | Fifth        | 90            | Rob Glatz     |
| 2023        | Southwestern      | Fourth       | 101.5         | Rob Glatz     |
| 2024        | Southwestern      | Second       | 115           | Rob Glatz     |



## All-Time Top 10 Girls by Event

| 100 Meter Dash |                  |    |            |
|----------------|------------------|----|------------|
| 1.             | Ella Baker       | 12 | 11.98 2023 |
| 2.             | Taylor Hooks     | 12 | 12.20 2019 |
| 3.             | Sher Champe      | 11 | 12.24 2013 |
| 4.             | Kristi Keplinger | 12 | 12.4 1987  |
| 5.             | Brooke Ambruster | 10 | 12.68 2016 |
| 6.             | Mary Odafe       | 9  | 12.69 2007 |
| 7.             | Briana Shagovac  | 12 | 12.72 2013 |
| 8.             | Audrey Fayer     | 9  | 12.76 2015 |
| 9.             | Roxann Smith     | 9  | 12.7 1998  |
| 10.            | Tiffany Dziak    | 11 | 12.7 2006  |
| 11.            | Haley Dziak      | 9  | 12.7 2008  |

| 200 Meter Dash |                |    |             |
|----------------|----------------|----|-------------|
| 1.             | Taylor Hooks   | 9  | 24.92 2016  |
| 2.             | Ella Baker     | 11 | 25.32 2022  |
| 3.             | Alexis Alston  | 10 | 25.36 2018  |
| 4.             | Sher Champe    | 12 | 25.53 2014  |
| 5.             | Erin Justice   | 12 | 26.01 2015  |
| 6.             | Mary Odafe     | 9  | 26.15 2007  |
| 7.             | Tiffany Dziak  | 11 | 26.17 2006  |
| 8.             | Undrea Ballard | 12 | 26.22 2016  |
| 9.             | Jayla Cruz     | 11 | 26.37 2024  |
| 10.            | Janine Trinski | 11 | 26.2 1985   |
|                | Janice Evanish | 9  | 26.2 c 1975 |

| Long Jump |                      |    |               |
|-----------|----------------------|----|---------------|
| 1.        | Natalie Pleban       | 12 | 18'0 1/2 2024 |
| 2.        | Madison Reynolds     | 12 | 17'11 2016    |
| 3.        | Brooke Arthur-Mensah | 11 | 17'5 2008     |
| 4.        | Heather Engle        | 11 | 17'0 1989     |
| 5.        | Stephanie Tear       | 12 | 16'11 2001    |
| 6.        | Haley Dziak          | 9  | 16'9 2008     |
| 7.        | Taylor Hooks         | 10 | 16'8 3/4 2017 |
| 8.        | Jade Garcia          | 11 | 16'8 1/4 2021 |
| 9.        | Erin Kasper          | 12 | 16'8 2013     |
| 10.       | Cameron Dumais       | 11 | 16'7 1/2 2019 |

| 400 Meter Dash |                     |    |            |
|----------------|---------------------|----|------------|
| 1.             | Ella Baker          | 12 | 55.21 2023 |
| 2.             | Sher Champe         | 11 | 55.75 2013 |
| 3.             | Alexis Alston       | 10 | 56.12 2018 |
| 4.             | Lindsay Sands       | 9  | 57.61 2012 |
| 5.             | Theresa Feldkamp    | 10 | 58.0 1999  |
| 6.             | Gracen Siegenthaler | 12 | 58.57 2018 |
| 7.             | Undrea Ballard      | 12 | 58.88 2016 |
| 8.             | Jayla Cruz          | 11 | 59.34 2024 |
| 9.             | Annabelle Stewart   | 9  | 59.51 2021 |
| 10.            | Alexis Szivan       | 11 | 59.7 2014  |

| 800 Meter Run |                    |    |              |
|---------------|--------------------|----|--------------|
| 1.            | Theresa Feldkamp   | 12 | 2:10.05 2001 |
| 2.            | Alexis Szivan      | 12 | 2:10.32 2015 |
| 3.            | Christine Thompson | 10 | 2:13.53 1995 |
| 4.            | Sher Champe        | 12 | 2:14.03 2014 |
| 5.            | Colleen Young      | 12 | 2:17.5 1992  |
| 6.            | Aurora Wilson      | 12 | 2:17.9 2024  |
| 7.            | Kasey Schuler      | 11 | 2:18.80 2010 |
| 8.            | Kalyn Potyrala     | 12 | 2:19.07 2019 |
| 9.            | Amy McKinley       | 12 | 2:19.7 1993  |
| 10.           | Heather Skeeles    | 12 | 2:19.79 1997 |

| Shot Put |                  |    |                |
|----------|------------------|----|----------------|
| 1.       | Emily King       | 12 | 40'10 1/2 2018 |
| 2.       | Maureen Eastaugh | 12 | 40'10 2003     |
| 3.       | Abby Burgdorf    | 11 | 39'8 2009      |
| 4.       | Katie Schuster   | 12 | 38'10 2009     |
| 5.       | Michelle Stark   | 12 | 37'10 1/2 2005 |
| 6.       | Lori Betchker    | 12 | 37'9 1/4 1999  |
| 7.       | Shannon Roberts  | 12 | 36'7 1998      |
| 8.       | Melissa Overman  | 12 | 35'4 1/2 2008  |
| 9.       | Linze Zehel      | 12 | 34'11 1/2 2001 |
| 10.      | Amy Lackner      | 12 | 34'0 1989      |

| 1600 Meter Run |                    |    |               |
|----------------|--------------------|----|---------------|
| 1.             | Amy McKinley       | 12 | 4:54.23 1993  |
| 2.             | Christine Thompson | 12 | 5:00.6 1997   |
| 3.             | Theresa Feldkamp   | 12 | 5:03.0 2001   |
| 4.             | Kyle Dandrea       | 12 | 5:05.23 2004  |
| 5.             | Alexis Szivan      | 11 | 5:08.86 2014  |
| 6.             | Beth Huffman       | 11 | 5:09.4 1981   |
| 7.             | Sue Dziama         | 10 | 5:12.4 1992   |
| 8.             | Betsy Melick       | 10 | 5:14.35 2005  |
| 9.             | Cassie Vince       | 12 | 5:14.82 2013  |
| 10.            | Kim Welte          | 10 | 5:15.3 c 1977 |

| 3200 Meter Run |                     |    |               |
|----------------|---------------------|----|---------------|
| 1.             | Amy McKinley        | 12 | 10:42.5 1993  |
| 2.             | Cassie Vince        | 12 | 10:56.45 2013 |
| 3.             | Sue Dziama          | 12 | 11:06.09 1994 |
| 4.             | Brittnee Baris      | 9  | 11:18.94 2000 |
| 5.             | Christine Thompson  | 12 | 11:19.6 1997  |
| 6.             | Emily Johnson       | 11 | 11:26.89 2012 |
| 7.             | Jessica Bartholomew | 9  | 11:27.39 2006 |
| 8.             | Kyle Dandrea        | 12 | 11:30.6 2004  |
| 9.             | Shannon McDonald    | 12 | 11:30.86 2006 |
| 10.            | Jane Lehman         | 12 | 11:40.14 2009 |

| Discus |                   |    |             |
|--------|-------------------|----|-------------|
| 1.     | Amy Lackner       | 12 | 127'9 1989  |
| 2.     | Michelle Stark    | 12 | 121'6 2005  |
| 3.     | Abby Burgdorf     | 11 | 120'9 2009  |
| 4.     | Emily King        | 12 | 120'5 2018  |
| 5.     | Lori Betchker     | 12 | 119'8 1999  |
| 6.     | Nicole Sprenger   | 12 | 105'5 1996  |
| 7.     | Shannon Mixon     | 12 | 104'8 1999  |
| 8.     | Autumn Hunter     | 11 | 102'5 2021  |
| 9.     | Nicole Richardson | 10 | 101'10 1998 |
| 10.    | Destiny Champe    | 12 | 101'4 2017  |

| 100 Meter Hurdles (33 Inch) |                  |    |            |
|-----------------------------|------------------|----|------------|
| 1.                          | Kristi Keplinger | 12 | 14.2 1987  |
| 2.                          | Madison Reynolds | 12 | 14.90 2016 |
| 3.                          | Natalie Pleban   | 11 | 15.04 2023 |
| 4.                          | Kara Kasper      | 12 | 15.07 2008 |
| 5.                          | Sara Moore       | 12 | 15.09 2013 |
| 6.                          | Chaley Younkin   | 12 | 15.12 2021 |
| 7.                          | Tessa Shagovac   | 12 | 15.31 2001 |
| 8.                          | Alexandrea Vargo | 12 | 15.77 2024 |
| 9.                          | Mariah Shorts    | 11 | 15.9 2017  |
| 10.                         | Erin Kasper      | 12 | 16.20 2013 |

| 300 Meter Hurdles |                     |    |            |
|-------------------|---------------------|----|------------|
| 1.                | Sara Moore          | 12 | 43.73 2013 |
| 2.                | Kristi Keplinger    | 12 | 44.3 1987  |
| 3.                | Tessa Shagovac      | 12 | 45.09 2001 |
| 4.                | Alexandrea Vargo    | 12 | 45.12 2024 |
| 5.                | Jordan Templeton    | 10 | 46.04 2004 |
| 6.                | Michelle Przytulski | 12 | 46.19 1990 |
| 7.                | Ashley Grapes       | 12 | 47.10 2024 |
| 8.                | Sarah Fisher        | 10 | 47.28 2010 |
| 9.                | Gabi Northeim       | 11 | 47.31 2013 |
| 10.               | Kara Kasper         | 12 | 47.34 2008 |

| Pole Vault |                |    |           |
|------------|----------------|----|-----------|
| 1.         | Alex Sixbey    | 9  | 12'1 2024 |
| 2.         | Sydney Walker  | 12 | 11'6 2019 |
| 3.         | Alyssa Beach   | 10 | 10'0 2009 |
| 4.         | Kayla Nunez    | 12 | 10'0 2013 |
| 5.         | Maggie Fada    | 12 | 10'0 2016 |
| 6.         | Allison Takacs | 12 | 10'0 2018 |
| 7.         | Alex Fomaris   | 12 | 9'6 2014  |
| 8.         | Justine Prete  | 11 | 9'6 2021  |
| 9.         | Caitlin Camp   | 11 | 9'0 2010  |
| 10.        | Monica Morell  | 12 | 9'0 2004  |
|            | Meghan Acierto | 11 | 9'0 2012  |
|            | Camela Rivera  | 10 | 9'0 2023  |
|            | Elise Jennings | 11 | 9'0 2015  |

| 100 Meter Hurdles (30 Inch) |                |    |           |
|-----------------------------|----------------|----|-----------|
| 1.                          | Kim Sadowski   | 11 | 15.5 1981 |
| 2.                          | Paula Wetzel   | 10 | 15.7 1980 |
| 3.                          | Missy Welte    | 10 | 15.7 1986 |
| 4.                          | Janet Erdy     | 10 | 16.1 1978 |
| 5.                          | Janet Erdy     | 10 | 16.1 1978 |
| 6.                          | Shery Van Niel | 12 | 16.1 1981 |
| 7.                          | Liz Bonner     | 11 | 16.2 1982 |
| 8.                          | Kim Thorley    | 12 | 16.7 1985 |
| 9.                          | Bridgett Fiala | 11 | 16.9 1984 |
| 10.                         | Brenda Mathes  | 10 | 17.2 1979 |
| 11.                         | Laurie Sholtz  | 10 | 17.2 1979 |
|                             | Paula Wetzel   | 10 | 17.2 1981 |
|                             | Kim Sadowski   | 10 | 17.2 1980 |

| High Jump |                   |    |          |
|-----------|-------------------|----|----------|
| 1.        | Erin Kasper       | 12 | 5'6 2013 |
| 2.        | Chaley Younkin    | 12 | 5'6 2021 |
| 3.        | Madison Reynolds  | 12 | 5'4 2016 |
| 4.        | Kim Thorley       | 12 | 5'3 1985 |
| 5.        | Jeni Marr         | 11 | 5'3 1988 |
| 6.        | Jodi Wilson       | 12 | 5'3 2002 |
| 7.        | Kelly Muzquiz     | 12 | 5'2 1981 |
| 8.        | Jordan Templeton  | 9  | 5'2 2003 |
| 9.        | Natalie Pleban    | 12 | 5'2 2024 |
| 10.       | Faith Rico        | 11 | 5'0 2017 |
|           | Samantha Shagovac | 9  | 5'0 1999 |
|           | Jessica Diaz      | 10 | 5'0 2002 |
|           | Amber Slavik      | 12 | 5'0 2013 |

## All - Time Best Relays

| 4 X 100 METER RELAY                         |                |                      |             | 4 X 400 METER RELAY                            |           |                 |      |
|---|----------------|----------------------|-------------|--|-----------|-----------------|------|
| Hooks, Fayer, Armbruster, Reynolds          | 48.95          | Regional Meet        | 2016        | Sands, Szivan, Shagovac, Champe                | 3:52.94   | State Meet      | 2013 |
| Kubasak, Fayer, Armbruster, Siegenthaler    | 49.24          | Regional Meet        | 2017        | Siegenthaler, Kubasak, Fayer, Alston           | 3:53.78   | State Meet      | 2018 |
| T. Hooks, S. Hooks, Olney, Dudziak          | 49.28          | Regional Meet        | 2019        | Ballard, O'Connor, Champe, Szivan              | 3:54.72   | Regional Meet   | 2014 |
| Champe, Hill, Keene, Given                  | 49.50          | District Meet        | 2012        | Ballard, Gillam, Szivan, Siegenthaler          | 3:56.67   | Regional Meet   | 2015 |
| Olney, Fayer, Armbruster, Kubasak           | 49.59          | Regional Meet        | 2018        | Wilson, Stewart, Turner, Baker                 | 3:58.13   | State Meet      | 2022 |
| Hill, Sands, Stuckart, Shagovac             | 49.70          | District Meet        | 2013        | Cruz, Turner, Wilson, Baker                    | 3:59.69   | Regional Meet   | 2023 |
| Justice, Fayer, Armbruster, Northrim        | 50.08          | District Meet        | 2015        | Hoagland, Feldkamp, Shagovac, Feldkamp         | 3:59.72   | Regional Meet   | 2001 |
| Myosky, Odafe, Sofia, Dziak                 | 50.30          | District Meet        | 2007        | Siegenthaler, Kubasak, Fayer, Alston           | 4:01.36   | Regional Meet   | 2017 |
| <b>Anderson, Pleban, Rivera, Cruz</b>       | <b>50.30</b>   | <b>District Meet</b> | <b>2024</b> | Hoagland, Britt, T. Shagovac, T. Feldkamp      | 4:02.15   | Regional Meet   | 2000 |
| Dziak, Meyers, Kinzel, Templeton            | 50.40          | Regional Prelims     | 2004        | Ballard, Clark, Fayer, Siegenthaler            | 4:02.43   | Regional Meet   | 2016 |
| 4 X 200 METER RELAY                         |                |                      |             | 4 X 800 METER RELAY                            |           |                 |      |
| Shagovac, Sands, Stuckart, Champe           | 1:41.40        | State Meet           | 2013        | Szivan, Parker, Giannuzzi, Champe              | 9:24.65   | Regional Meet   | 2014 |
| Siegenthaler, Fayer, Alston, Hooks          | 1:42.25        | Regional Meet        | 2017        | C. Young, Dziama, Horey, McKinley              | 9:26.07   | State Meet      | 1992 |
| Siegenthaler, Armbruster, Alston, Kubasak   | 1:43.10        | Regional Meet        | 2018        | Szivan, Gillam, Sekerak, Giannuzzi             | 9:30.84   | Regional Meet   | 2015 |
| Armbruster, Siegenthaler, Ballard, Hooks    | 1:43.30        | SWC Meet             | 2016        | H. Skeeles, K. Nye, Luca, C. Thompson          | 9:31.65   | State Meet      | 1997 |
| Champe, Given, Stuckart, Sands              | 1:43.75        | Regional Meet        | 2012        | Brinkley, Barris, Hipp, T. Feldkamp            | 9:34.65   | Regional Meet   | 2001 |
| Ciura, Woodworth, Stewart, Baker            | 1:44.12        | Regional Meet        | 2022        | H. Skeeles, K. Nye, Luca, C. Thompson          | 9:36.01   | State Meet      | 1996 |
| Younkin, A. Woodworth, Stewart, Baker       | 1:45.21        | District Meet        | 2021        | Wilson, Alfien, Pecora, Miller                 | 9:37.15   | District Meet   | 2023 |
| <b>Grapes, Vargo, Rivera, Cruz</b>          | <b>1:46.17</b> | <b>District Meet</b> | <b>2024</b> | Marshall, Sirb, Huffman, Zilch                 | 9:37.3    | Regional Meet   | 1982 |
| Keplinger, Higgins, Bauer, Trinski          | 1:46.1         | Regional Meet        | 1985        | Brinkley, Britt, Barris, T. Feldkamp           | 9:40.29   | District Meet   | 2000 |
| T. Hooks, S. Hooks, Olney, Kubasak          | 1:46.81        | SWC Meet             | 2019        | Schenk, Bucci, Johnson, Szivan                 | 9:41.48   | SWC Meet        | 2012 |
| 4 X 1600 METER RELAY                        |                |                      |             | DISTANCE MEDLEY RELAY                          |           |                 |      |
| H. Skeeles, K. Nye, Luca, C. Thompson       | 22:06.6        | Westlake Relays      | 1997        | Sh. Champe, Ballard, Szivan, Parker            | 12:30.97  | Berea Relays    | 2014 |
| A. Thompson, Young, Dziama, McKinley        | 22:12.9        | Berea Relays         | 1992        | Schenk, Champe, Szivan, Vince                  | 12:32.94  | Berea Relays    | 2013 |
| Hanna, Ross, Spellman, McKinley             | 22:13.3        | Westlake Relays      | 1993        | H. Skeeles, L. Britt, K. Nye, C. Thompson      | 12:38.6   | Berea Relays    | 1997 |
| Stavole, Dorsch, Dziama, C. Young           | 22:17.0        | Comet Relays         | 1991        | Hanna, Watson, Dziama, McKinley                | 12:44.6   | Berea Relays    | 1993 |
| Paine, Ross, K. Nye, C. Thompson            | 22:18.2        | Westlake Relays      | 1995        | K. Nye, Frabotta, Ross, C. Thompson            | 12:45.5   | Berea Relays    | 1995 |
| Leonard, Haff, Potyrala, DeValle            | 22:24.3        | Berea Relays         | 2018        | Szivan, U. Ballard, Siegenthaler, C. Giannuzzi | 12:48.08  | Berea Relays    | 2015 |
| Penton, Townner, Wagner, Huffman            | 22:27.2        | Bay Relays           | 1981        | H. Skeeles, K. Nye, Luca, C. Thompson          | 12:56.8   | Berea Relays    | 1996 |
| Brinkley, Hipp, Rhoades, Barris             | 22:28.0        | Westlake Relays      | 2001        | Horey, Ramey, McKinley, C. Young               | 13:00.3   | Berea Relays    | 1990 |
| Giannuzzi, L. Johnson, A. Hill, K. Potyrala | 22:29.32       | Comet Relays         | 2016        | Haff, Bailey, Potyrala, DeValle                | 13:01.48  | Comet Relays    | 2018 |
| Bartholomew, B. Melick, Gosses, Scrofino    | 22:35.70       | Lakewood Relays      | 2006        | Barris, Houglan, Britt, T. Feldkamp            | 13:03.05  | Comet Relays    | 2000 |
| SPRINT MEDLEY RELAY                         |                |                      |             | LONG JUMP RELAY                                |           |                 |      |
| Stuckart, B. Hill, B. Shagovac, Sands       | 1:49.63        | Berea Relays         | 2013        | Reynolds, Siegenthaler, Fayer                  | 49 1/4    | Comet Relays    | 2016 |
| Tear, Smith, Hoagland, T. Feldkamp          | 1:49.97        | Berea Relays         | 2001        | Kasper, Dziak, B. Arthur-Mensah                | 48 7/2    | Comet Relays    | 2008 |
| Olney, S. Hooks, T. Hooks, Kubasak          | 1:50.31        | Berea Relays         | 2019        | Reynolds, Siegenthaler, Fayer                  | 47 4      | Comet Relays    | 2015 |
| Rivera, Hicks, Cruz, Baker                  | 1:50.38        | Comet Relays         | 2023        | Kocak, Erdy, Firago                            | 46 11 3/4 |                 | 1978 |
| Tear, Smith, Hoagland, T. Feldkamp          | 1:50.5         | Berea Relays         | 2000        | E. Kasper, Moore, Reynolds                     | 46' 11    | Comet Relays    | 2013 |
| B. Hill, Given, Champe, Sands               | 1:51.28        | Comet Relays         | 2012        | Sofia, Marty, Kasper                           | 45 8      | Lakewood Relays | 2005 |
| Ciura, Woodworth, Stewart, Baker            | 1:51.56        | Comet Relays         | 2022        | Sirb, Wetzel,                                  | 45 7 3/4  |                 | 1981 |
| Armbruster, Fayer, Kubasak, Siegenthaler    | 1:51.78        | Berea Relays         | 2018        | Bauer, Engle, Piseгна                          | 45 3 3/4  |                 | 1988 |
| Armbruster, Fayer, Hooks, U. Ballard        | 1:51.95        | Comet Relays         | 2016        | Kocak,   | 45 2 1/2  |                 | 1979 |
| Hagerman, Smith, Hoagland, T. Feldkamp      | 1:52.2         | Berea Relays         | 1999        | Kocak, Wetzel, Sirb                            | 45 1 1/2  | Comet Relays    | 1980 |
| SHUTTLE HURDLE RELAY (33 IN)                |                |                      |             | SHUTTLE HURDLE RELAY (30 IN)                   |           |                 |      |
| <b>Vargo, Grapes, Peacock, Pleban</b>       | <b>1:08.48</b> | <b>Comet Relays</b>  | <b>2024</b> | E. Kasper, Slavik, G. Northeim, Moore          | 1:06.56   | Berea Relays    | 2013 |
| E. Kasper, Slavik, G. Northeim, Moore       | 1:09.10        | Comet Relays         | 2013        | Van Niel, Sadowski, Shotz, Wetzel              | 1:07.3    | Comet Relays    | 1980 |
| Welte, Ramos Richi, Keplinger               | 1:09.6         | Comet Relays         | 1987        | J. Feldkamp, Moore, T. Smith, Shagovac         | 1:10.0    | Berea Relays    | 2001 |
| Keplinger, Richi, Ramos, Welte              | 1:10.1         | Comet Relays         | 1986        | Ruth, Mazur, Mackert, Dziubek                  | 1:11.2    | Berea Relays    | 1993 |
| Moore, E. Kasper, Slavik, Fisher            | 1:10.61        | Comet Relays         | 2012        | Sadowski, Shotz, Wetzel, Mathes                | 1:12.8    | Comet Relays    | 1979 |
| Deshuk, Shorts, Hardwick, Reynolds          | 1:10.95        | Comet Relays         | 2016        | Aschenmeier, Twining, Hazelgrove, Dimacchia    | 1:13.13   | Berea Relays    | 2018 |
| Vargo, Grapes, Kimmich, Pleban              | 1:11.65        | Comet Relays         | 2023        | Shagovac, Moore, Smith, Feldkamp               | 1:13.3    | Westlake Relays | 2000 |
| Ruth, Mazur, Mackert, Dziubek               | 1:11.8         | Comet Relays         | 1993        | Betchker, Sas, Stitak, Shagovac                | 1:14.0    | Westlake Relays | 1998 |
| Moore, E. Kasper, Slavik, Fisher            | 1:11.99        | Comet Relays         | 2011        | Dziubek, Mazur, Drage, Ruth                    | 1:15.2    | Berea Relays    | 1994 |
| Marty, Sosso, Myosky, Kasper                | 1:12.80        | Lakewood Relays      | 2005        | Deshuk, Monschein, Sliman, E. Hicks            | 1:15.90   | Berea Relays    | 2014 |
| DISCUS RELAY                                |                |                      |             | SHOT PUT RELAY                                 |           |                 |      |
| Betchker, Mixon, Richardson                 | 309'5          | Berea Relays         | 1999        | Eastaugh, Van Curan, Stark                     | 96' 1/2   | Westlake Relays | 2003 |
| Richardson, Makay, Betchker                 | 295'8          | Comet Relays         | 1999        | Burgdorf, Schuster, S. Theobald                | 95'8 3/4  | Comet Relays    | 2009 |
| Richardson, Makay, Betchker                 | 294'10         | Comet Relays         | 1998        | Betchker, Makay, Boroff                        | 94'6 1/2  | Westlake Relays | 1999 |
| Burgdorf, Schuster, Loushin                 | 283'6          | Comet Relays         | 2009        | Zehel, Eastaugh, Higgins                       | 93'10 1/2 | Comet Relays    | 2001 |
| Richardson, Mixon, Betchker                 | 276'3          | Comet Relays         | 1997        | Roberts, Betchker, Salvo                       | 93'3 1/2  | Comet Relays    | 1998 |
| Burgdorf, Loushin, Theobald                 | 271'4          | Comet Relays         | 2010        | Overman, Burgdorf, Schuster                    | 93'1      | Comet Relays    | 2008 |
| N. Sprenger, Mathewson, Betchker            | 268'2          | Westlake Relays      | 1996        | Eastaugh, Higgins, Van Curan                   | 91'5      | Comet Relays    | 2002 |
| Stark, Stark, Dick                          | 265'9          | Berea Relays         | 2005        | Roberts, Betchker, Salvo                       | 90'4      | Comet Relays    | 1997 |
| Eastaugh, Simon, Stark                      | 265'1          | Berea Relays         | 2003        | Overman, K. Stark, J. Stark                    | 90'0 1/2  | Comet Relays    | 2007 |
| Lackner, Ticich, Henry                      | 264'5          |                      | 1987        | Roberts, Molnar, Salvo                         | 88'7      | Berea Relays    | 1996 |
| HIGH JUMP RELAY                             |                |                      |             | POLE VAULT RELAY                               |           |                 |      |
| E. Kasper, Slavik, Reynolds                 | 15'4           | Comet Relays         | 2013        | Walker, Takacs                                 | 20'6      | Comet Relays    | 2018 |
| Marr, Engle, Richi                          | 14'6           |                      | 1988        | Nunez, Formeris                                | 17'6      | Berea Relays    | 2013 |
| S. Shagovac, Wilson, Crowther               | 14'6           | Westlake Relays      | 2000        | Fada, Walker                                   | 17'6      | Comet Relays    | 2016 |
| E. Kasper, Slavik, Acierio                  | 14'6           | Comet Relays         | 2012        | Walker, Prete                                  | 17'6      | Comet Relays    | 2019 |
| Marr, Engle, Richi                          | 14'3           |                      | 1987        | Formeris, Jennings                             | 15'0      | Berea Relays    | 2014 |
| Muzquiz, Irwin, Firago                      | 14'2           | Comet Relays         | 1978        |  |           |                 |      |
| Wilson, Diaz, Strohacker                    | 14'2           | Comet Relays         | 2002        |  |           |                 |      |
| Templeton, Srokowski, Sofia                 | 14'2           | Lakewood Relays      | 2005        |  |           |                 |      |
| Pleban, Van Neil, Ciura                     | 14'2           | Comet Relays         | 2022        |  |           |                 |      |
|   |                |                      |             | <b>3 Person:</b>                               |           |                 |      |
|   |                |                      |             | Camp, Formeris, Nunez                          | 240       | Comet Relays    | 2011 |
|   |                |                      |             | R. Templeton, Morell, K. Feldkamp              | 220       | Comet Relays    | 2003 |

## Girls Top 10 Indoor Performances

| 60 METER DASH               |           |             | 60 METER HURDLES |                       |           | 4 x 200 METER RELAY |             |   |                |             |
|-----------------------------|-----------|-------------|------------------|-----------------------|-----------|---------------------|-------------|---|----------------|-------------|
| 1. Taylor Hooks             | 12        | 7.60        | 2019             | 1. Sara Moore         | 12        | 9.25                | 2013        | 1. Hooks, Kubasak, Drost, Siegenthaler        | 1:45.95        | 2018        |
| 2. Ella Baker               | 12        | 7.83        | 2023             | 2. Michal McFall      | 12        | 9.25                | 2020        | 2. Stuckart, Hill, Champe, Sands              | 1:47.41        | 2013        |
| 3. Alexis Alston            | 10        | 8.07        | 2018             | 3. Chaley Younkin     | 12        | 9.44                | 2021        | 3. Phillips, Ciura, Woodworth, Baker          | 1:49.99        | 2022        |
| 4. Gracen Siegenthaler      | 12        | 8.23        | 2018             | 4. Madison Reynolds   | 12        | 9.58                | 2016        | 4. <b>Sixbey, Kukucka, Vargo, Cruz</b>        | <b>1:50.14</b> | <b>2024</b> |
| 5. Lindsay Sands            | 10        | 8.24        | 2013             | 5. <b>Alex Vargo</b>  | <b>12</b> | <b>9.68</b>         | <b>2024</b> | 5. Hooks, Siegenthaler, Fayer, Ambruster      | 1:50.33        | 2017        |
| 6. Sher Champe              | 10        | 8.32        | 2012             | 6. Erin Kasper        | 12        | 9.84                | 2013        | 6. Champe, Fisher, Moore, Stuckart            | 1:50.44        | 2012        |
| 7. Audrey Fayer             | 11        | 8.32        | 2017             | 7. Tia Deshuk         | 12        | 10.23               | 2016        | 7. Hooks, Drost, Dudziak, Kubasak             | 1:51.94        | 2019        |
| 8. <b>Jayla Cruz</b>        | <b>10</b> | <b>8.33</b> | <b>2024</b>      | 8. Mariah Shorts      | 10        | 10.50               | 2016        | 8. Siegenthaler, Ballard, Ambruster, Reynolds | 1:52.07        | 2016        |
| 9. Anna Dudziak             | 11        | 8.40        | 2019             | 9. Sarah Fisher       | 12        | 10.60               | 2012        | 9. Woodworth, Ciura, Younkin, Baker           | 1:53.10        | 2021        |
| 10. <b>Jocelyn Anderson</b> | <b>11</b> | <b>8.46</b> | <b>2024</b>      | 10. Courtney Hardwick | 10        | 10.60               | 2016        | 10. Younkin, Baker, McFall, Stotts            | 1:54.25        | 2020        |

| 200 METER DASH         |    |       | 400 METER DASH |                        |           | 4 x 400 METER RELAY |             |  |                |             |
|------------------------|----|-------|----------------|------------------------|-----------|---------------------|-------------|--|----------------|-------------|
| 1. Taylor Hooks        | 12 | 25.24 | 2018           | 1. Ella Baker          | 12        | 56.86               | 2023        | 1. Ballard, Sturgeon, Szivan, Siegenthaler | 4:09.15        | 2015        |
| 2. Ella Baker          | 12 | 25.40 | 2023           | 2. Undrea Ballard      | 12        | 58.73               | 2016        | 2. Sands, Stuckart, Szivan, Schenk         | 4:10.64        | 2013        |
| 3. Undrea Ballard      | 12 | 26.69 | 2016           | 3. Lindsay Sands       | 10        | 59.53               | 2013        | 3. <b>Vargo, Alfien, Grapes, Cruz</b>      | <b>4:12.04</b> | <b>2024</b> |
| 4. Lindsay Sands       | 10 | 27.24 | 2013           | 4. Gracen Siegenthaler | 12        | 59.71               | 2018        | 4. Kubasak, Snowden, Bailey, Hooks         | 4:12.94        | 2019        |
| 5. Gracen Siegenthaler | 12 | 27.31 | 2018           | 5. Alexis Alston       | 10        | 1:00.19             | 2018        | 5. Wilson, Kukucka, Baker, Anderson        | 4:18.92        | 2023        |
| 6. Haley Dziak         | 9  | 27.86 | 2008           | 6. Victoria Kubasak    | 11        | 1:01.25             | 2019        | 6. Baker, Haff, Wilson, Tumer              | 4:20.13        | 2020        |
| 7. Audrey Fayer        | 11 | 28.09 | 2017           | 7. <b>Jayla Cruz</b>   | <b>10</b> | <b>1:02.59</b>      | <b>2024</b> | 7. Ciura, Tumer, Woodworth, Baker          | 4:20.31        | 2022        |
| 8. Leah Drost          | 10 | 28.15 | 2019           | 8. Christine Thompson  | 10        | 1:02.8              | 1995        | 8. Alston, Drost, Fayer, Bailey            | 4:23.31        | 2018        |
| 9. Brooke Ambruster    | 11 | 28.25 | 2017           | 9. Kayla Snowden       | 12        | 1:04.3              | 2019        | 9. C. Young, K. Young, Raesler, Richi      | 4:24.5         | 1989        |
| 10. Alanna Woodworth   | 11 | 28.27 | 2021           | 10. Kaitlyn Given      | 10        | 1:04.36             | 2011        | 10. Ciura, Gerke, Haff, Baker              | 4:24.98        | 2021        |

| 800 METER RUN         |    |         | 1600 METER RUN |                         |           | 4 x 800 METER RELAY |             |   |                 |             |
|-----------------------|----|---------|----------------|-------------------------|-----------|---------------------|-------------|---|-----------------|-------------|
| 1. Theresa Feldkamp   | 11 | 2:14.70 | 2000           | 1. Christine Thompson   | 12        | 5:14.9              | 1997        | 1. Vince, Schenk, Sturgeon, Szivan              | 9:54.54         | 2013        |
| 2. Alexis Szivan      | 12 | 2:18.13 | 2015           | 2. Aurora Wilson        | 12        | 5:20.06             | 2023        | 2. Potyrala, Snowden, A. Del Valle, Bailey      | 9:57.07         | 2019        |
| 3. Christine Thompson | 12 | 2:19.8  | 1997           | 3. Alexis Szivan        | 11        | 5:22.91             | 2014        | 3. Wilson, M. Del Valle, Gerke, Tumer           | 9:58.97         | 2020        |
| 4. Aurora Wilson      | 12 | 2:22.36 | 2023           | 4. Cassie Vince         | 12        | 5:22.94             | 2013        | 4. Ka. Schuler, Kelly, Kurish, Lehman           | 10:04.48        | 2009        |
| 5. Kalyn Potyrala     | 12 | 2:25.4  | 2019           | 5. Jessica Bartholomew  | 9         | 5:27.92             | 2006        | 5. Wilson, M. Del Valle, Gerke, Tumer           | 10:06.40        | 2021        |
| 6. Kasey Schuler      | 12 | 2:25.61 | 2011           | 6. Emily Johnson        | 10        | 5:28.55             | 2011        | 6. <b>Alfien, Kapalin, L. Del Valle, Darkow</b> | <b>10:08.01</b> | <b>2024</b> |
| 7. Heather Skeeles    | 12 | 2:26.2  | 1997           | 7. Brittnee Baris       | 10        | 5:29.8              | 2001        | 7. H. Skeeles, K. Nye, Luca, C. Thompson        | 10:08.67        | 1997        |
| 8. Kayla Snowden      | 12 | 2:28.08 | 2019           | 8. <b>Alaina Alfien</b> | <b>10</b> | <b>5:29.41</b>      | <b>2023</b> | 8. Wilson, M. Del Valle, Gerke, Tumer           | 10:10.31        | 2022        |
| 9. Alaina Alfien      | 9  | 2:28.14 | 2023           | 9. Marisa Del Valle     | 11        | 5:31.55             | 2021        | 9. Bucci, Szivan, Beal, Johnson                 | 10:12.92        | 2012        |
| 10. Catherine Tumer   | 10 | 2:28.18 | 2021           | 10. Kasey Schuler       | 12        | 5:31.99             | 2011        | 10. Johnson, Bucci, Sooy-Schultz, Schuler       | 10:15.30        | 2011        |

| 3200 METER RUN      |    |          | LONG JUMP |                       |    | WEIGHT THROW |      |                       |           |             |             |
|---------------------|----|----------|-----------|-----------------------|----|--------------|------|-----------------------|-----------|-------------|-------------|
| 1. Cassie Vince     | 12 | 11:25.11 | 2013      | 1. Madison Reynolds   | 12 | 17'2         | 2016 | 1. Emily King         | 12        | 44'0 1/4    | 2018        |
| 2. Jane Lehman      | 12 | 11:45.41 | 2009      | 2. Erin Kasper        | 12 | 16'4 1/2     | 2013 | 2. <b>Claire Bedo</b> | <b>12</b> | <b>37'2</b> | <b>2024</b> |
| 3. Emily Johnson    | 10 | 11:49.38 | 2011      | 3. Heather Engle      | 12 | 16'3         | 1990 | 3. Abby Burgdorf      | 12        | 35'0        | 2010        |
| 4. Brittnee Baris   | 10 | 11:52.58 | 2001      | 4. Sara Moore         | 12 | 16'0 1/2     | 2012 | 4. Katie Schuster     | 12        | 34'10       | 2009        |
| 5. Marisa Del Valle | 12 | 11:57.45 | 2022      | 5. Stephanie Tear     | 12 | 16'0         | 2001 | 5. Jessica Hamrick    | 12        | 33'6        | 2020        |
| 6. Katherine Low    | 10 | 11:58.65 | 2023      | 6. Audrey Fayer       | 12 | 15'9 1/2     | 2018 | 6. Destiny Champe     | 12        | 30'6        | 2017        |
| 7. Shannon McDonald | 12 | 11:58.79 | 2006      | 7. Maddie Sofia       | 10 | 15'9         | 2005 | 7. Autumn Hunter      | 12        | 27'3        | 2022        |
| 8. Leah Gerke       | 11 | 12:10.87 | 2021      | 8. Taylor Hooks       | 11 | 15'5 3/4     | 2018 | 8. Meghan Glahn       | 12        | 27'3        | 2023        |
| 9. Cassidy Hill     | 12 | 12:11.42 | 2019      | 9. Gabreila Giannuzzi | 12 | 14'8         | 2018 | 9. Capri Poulton      | 9         | 21'9        | 2023        |
| 10. Lindsey Hipp    | 11 | 12:12.5  | 2001      | 10. Jeannine Feldkamp | 9  | 14'5 1/2     | 1998 | 10. Jessica Fernandez | 10        | 15'3        | 2017        |

| HIGH JUMP           |    |      | SHOT PUT |                     |    | POLE VAULT |      |                       |          |             |             |
|---------------------|----|------|----------|---------------------|----|------------|------|-----------------------|----------|-------------|-------------|
| 1. Erin Kasper      | 12 | 5'6  | 2013     | 1. Emily King       | 12 | 36'10 1/2  | 2018 | 1. Sydnie Walker      | 11       | 11'0        | 2018        |
| 2. Chaley Younkin   | 12 | 5'2  | 2021     | 2. Abby Burgdorf    | 11 | 36'9 1/2   | 2009 | 2. <b>Alex Sixbey</b> | <b>9</b> | <b>11'0</b> | <b>2024</b> |
| 3. Faith Rico       | 11 | 5'1  | 2017     | 3. Maureen Eastaugh | 11 | 36'7       | 2003 | 3. Kayla Nunez        | 12       | 9'2 1/2     | 2013        |
| 4. Jodi Wilson      | 11 | 5'0  | 2001     | 4. Shannon Roberts  | 11 | 35'3 1/2   | 1997 | 4. Alyssa Beach       | 11       | 9'0         | 2010        |
| 5. Jordan Templeton | 12 | 5'0  | 2006     | 5. Katie Schuster   | 12 | 34'10      | 2009 | 5. Allison Takacs     | 11       | 9'0         | 2018        |
| 6. Jeni Marr        | 11 | 4'10 | 1988     | 6. Michele Stark    | 12 | 34'9       | 2005 | 6. Maggie Fada        | 12       | 8'6         | 2016        |
| 7. Angie Skeeles    | 10 | 4'10 | 1996     | 7. Lori Betchker    | 11 | 32'5       | 1998 | 7. Justine Prete      | 10       | 8'6         | 2020        |
| 8. Amber Slavik     | 12 | 4'10 | 2013     | 8. Melissa Overman  | 11 | 32'4       | 2007 | 8. Caitlin Camp       | 11       | 8'0         | 2010        |
| 9. Madison Reynolds | 9  | 4'10 | 2013     | 9. Linze Zehel      | 12 | 31'10      | 2001 | 9. Camen Rivera       | 10       | 8'0         | 2023        |
| 10. Tealla Scrofano | 9  | 4'6  | 2005     | 10. Rachel Salvo    | 11 | 29'9 1/4   | 1997 | 10. Kaye Feldkamp     | 10       | 7'6         | 2004        |
| Alana Carion        | 11 | 4'6  | 2017     |                     |    |            |      | Marin Teller          | 10       | 7'6         | 2023        |

| TRIPLE JUMP            |    |          |      |
|------------------------|----|----------|------|
| 1. Gabriella Giannuzzi | 12 | 33'1     | 2018 |
| 2. Erin Kasper         | 12 | 32'2 1/2 | 2013 |
| 3.                     |    |          |      |
| 4.                     |    |          |      |
| 5.                     |    |          |      |
| 6.                     |    |          |      |
| 7.                     |    |          |      |
| 8.                     |    |          |      |
| 9.                     |    |          |      |
| 10.                    |    |          |      |

## Girls Class Records

\*Hand times are .24 slower than FAT times

### 100 METER DASH

(\*c" = converted from 100 yards)

| Seniors             |       |      | Juniors                 |              |             | Sophomores          |              |             | Freshmen            |              |             |
|---------------------|-------|------|-------------------------|--------------|-------------|---------------------|--------------|-------------|---------------------|--------------|-------------|
| Ella Baker          | 11.98 | 2023 | Taylor Hooks            | 12.23        | 2018        | Taylor Hooks        | 12.44        | 2017        | Taylor Hooks        | 12.30        | 2016        |
| Sher Champe         | 12.29 | 2014 | Sher Champe             | 12.24        | 2013        | Sher Champe         | 12.5         | 2012        | Mary Odafe          | 12.69        | 2007        |
| Taylor Hooks        | 12.20 | 2019 | Audrey Fayer            | 12.79        | 2017        | Brooke Ambruster    | 12.68        | 2016        | Audrey Fayer        | 12.76        | 2015        |
| Kristi Keplinger    | 12.4  | 1987 | Roxann Smith            | 12.89        | 2000        | Lindsay Sands       | 12.93        | 2013        | Sher Champe         | 12.79        | 2011        |
| Briana Shagovac     | 12.72 | 2013 | Tiffany Dziak           | 12.7         | 2006        | Audrey Fayer        | 12.7         | 2016        | Hailey Dziak        | 12.7         | 2008        |
| Gracen Siegenthaler | 12.87 | 2018 | Brooke Arthur-Mensaf    | 12.7         | 2008        | Janine Trinski      | 12.8         | 1984        | Roxann Smith        | 12.7         | 1998        |
| Roxann Smith        | 12.7  | 2001 | Janine Trinski          | 12.8         | 1985        | Kaitlyn Given       | 12.8         | 2011        | Alexis Alston       | 12.7         | 2017        |
| Audrey Fayer        | 12.7  | 2018 | Heidi Angelkorte        | 12.9         | 1982        | Jayla Cruz          | 12.8         | 2023        | Janine Trinski      | 13.0         | 1983        |
| Brooke Ambruster    | 12.8  | 2018 | Bakita Hill             | 13.22        | 2012        | Tiffany Dziak       | 13.11        | 2005        | Sydney Clark        | 13.0         | 2016        |
| Chaley Younkin      | 13.06 | 2021 | Carolyn Odelli          | 13.1         | 1983        | Ella Baker          | 13.13        | 2021        | Anna Dudziak        | 13.27        | 2017        |
| Tiffany Dziak       | 12.9  | 2007 | Kristi Keplinger        | 13.1         | 1986        | Heidi Angelkorte    | 12.9         | 1981        | Jordan Templeton    | 13.1         | 2003        |
| Undrea Ballard      | 12.9  | 2016 | Carrie Kinzel           | 13.1         | 2003        | Carrie Kinzel       | 13.0         | 2002        | Hannah Aschenmeier  | 13.1         | 2018        |
| Charmane Ferguson   | 13.22 | 2002 | Hailey Dziak            | 13.1         | 2010        | Gracen Siegenthaler | 13.0         | 2016        | Jayla Cruz          | 13.1         | 2022        |
| Hailey Dziak        | 13.0  | 2011 | Brooke Ambruster        | 13.1         | 2017        | Victoria Kubasak    | 13.0         | 2018        | Kaitlyn Given       | 13.2         | 2010        |
| Erin Justice        | 13.0  | 2015 | Anna Dudziak            | 13.1         | 2019        | Roxann Smith        | 13.1         | 1999        | Lindsay Sands       | 13.2         | 2012        |
| Denise Higgins      | 13.25 | 1985 | Kylie Olney             | 13.1         | 2019        | Camela Rivera       | 13.1         | 2023        | Dominique Ballard   | 13.2         | 2015        |
| Peyton Hicks        | 13.30 | 2014 | <b>Jocelyn Anderson</b> | <b>13.38</b> | <b>2024</b> | Elizabeth Northeim  | 13.40        | 2014        | Sydney Hooks        | 13.2         | 2019        |
| Jane Kocak          | 13.1  | 1980 | Elizabeth Northeim      | 13.2         | 2015        | Paula Horten        | 13.2         | 1991        | Charly Hicks        | 13.2         | 2021        |
| Carli DeCarlo       | 13.1  | 2000 | Undrea Ballard          | 13.2         | 2015        | Monika Sommers      | 13.2         | 1991        | <b>Anya Peacock</b> | <b>13.44</b> | <b>2024</b> |
| Lauren Keene        | 13.1  | 2012 | Dominique Ballard       | 13.2         | 2017        | Carly DeCarlo       | 13.2         | 1998        | Sydney Shaeffer     | 13.3         | 2018        |
| Carolyn Odelli      | 13.2  | 1984 | Jade Garcia             | 13.47        | 2021        | Kylie Olney         | 13.2         | 2018        | Tiffany Dziak       | 13.4         | 2004        |
| Paula Horten        | 13.2  | 1993 | Becki Stuckart          | 13.49        | 2012        | <b>Giada Cioffi</b> | <b>13.52</b> | <b>2024</b> | Brooke Ambruster    | 13.4         | 2015        |
| Stephanie Tear      | 13.2  | 2001 | Debbie Pulgine          | 13.3         | 1981        | Kathy Aros          | 13.3         | 1991        | Amanda Milks        | 13.68        | 2004        |
| Gabriela Giannuzzi  | 13.2  | 2018 | Kaitlyn Given           | 13.3         | 2012        | Allison Glovac      | 13.3         | 2002        | Shelly Sweatt       | 13.5         | 1983        |
|                     |       |      | Alana Woodworth         | 13.61        | 2021        | Hailey Dziak        | 13.3         | 2009        | Beth Januzzi        | 13.5         | 1984        |
|                     |       |      |                         |              |             |                     |              |             | Leah Drost          | 13.5         | 2018        |

\*Hand times are .24 slower than FAT times

### 200 METER DASH

(\*c" = converted from 220 yards)

| Seniors               |              |             | Juniors             |              |             | Sophomores          |        |      | Freshmen            |       |      |
|-----------------------|--------------|-------------|---------------------|--------------|-------------|---------------------|--------|------|---------------------|-------|------|
| Taylor Hooks          | 24.93        | 2019        | Taylor Hooks        | 25.20        | 2018        | Taylor Hooks        | 25.13  | 2017 | Taylor Hooks        | 24.92 | 2016 |
| Ella Baker            | 25.10        | 2022        | Ella Baker          | 25.32        | 2022        | Alexis Alston       | 25.36  | 2018 | Alexis Alston       | 25.77 | 2017 |
| Sher Champe           | 25.53        | 2014        | Sher Champe         | 25.58        | 2013        | Sher Champe         | 25.4   | 2012 | Sher Champe         | 26.08 | 2011 |
| Erin Justice          | 26.01        | 2015        | Tiffany Dziak       | 26.17        | 2006        | Brooke Ambruster    | 26.39  | 2016 | Mary Odafe          | 26.15 | 2007 |
| Undrea Ballard        | 26.22        | 2016        | <b>Jayla Cruz</b>   | <b>26.37</b> | <b>2024</b> | Whitney Hoagland    | 26.57  | 2000 | Lindsay Sands       | 26.44 | 2012 |
| Briana Shagovac       | 26.47        | 2013        | Stephanie Tear      | 26.86        | 2000        | Allison Glovac      | 26.85  | 2002 | Janice Evanish      | 26.2c | 1975 |
| Gracen Siegenthaler   | 26.58        | 2018        | Undrea Ballard      | 26.7         | 2015        | Erin Justice        | 27.00  | 2013 | Hailey Dziak        | 26.6  | 2008 |
| Tiffany Dziak         | 26.70        | 2007        | Erin Justice        | 27.10        | 2014        | Jayla Cruz          | 27.06  | 2023 | Ella Baker          | 27.00 | 2020 |
| Jane Kocak            | 26.5         | 1980        | Audrey Fayer        | 26.9         | 2017        | Audrey Fayer        | 27.22  | 2016 | Sydney Hooks        | 26.8  | 2019 |
| Denise Higgins        | 26.5         | 1985        | Whitney Hoagland    | 27.24        | 2001        | Lindsay Sands       | 27.24  | 2013 | Roxann Smith        | 27.0  | 1998 |
| Chaley Younkin        | 26.6         | 2021        | Hailey Dziak        | 27.33        | 2010        | Hailey Dziak        | 27.0   | 2009 | Lexi O'Connor       | 27.2  | 2011 |
| Tessa Shagovac        | 26.85        | 2001        | Gracen Siegenthaler | 27.44        | 2017        | Gracen Siegenthaler | 27.1   | 2016 | Annabelle Stewart   | 27.2  | 2021 |
| Tammy Marshall        | 26.8         | 1982        | Lindsay Sands       | 27.54        | 2014        | Janine Trinski      | 27.2   | 1984 | Becki Stuckart      | 27.54 | 2010 |
| Kristi Keplinger      | 26.8         | 1987        | Carolyn Odelli      | 27.3         | 1983        | Victoria Kubasak    | 27.2   | 2018 | Audrey Fayer        | 27.3  | 2015 |
| Kristy Bauer          | 27.1         | 1988        | Brooke Ambruster    | 27.3         | 2017        | Alexandrea Vargo    | 27.2   | 2022 | Gracen Siegenthaler | 27.4  | 2015 |
| Brooke Ambruster      | 27.36        | 2018        | Kylie Olney         | 27.3         | 2019        | Janice Evanish      | 27.2c  | 1976 | Patti Sirb          | 27.6  | 1980 |
| Hailey Dziak          | 27.2         | 2011        | Faith Rico          | 27.4         | 2017        | Carrie Kinzel       | 27.50  | 2002 | Theresa Feldkamp    | 27.6  | 1998 |
| Becki Stuckart        | 27.2         | 2013        | Becki Stuckart      | 27.4         | 2012        | Kathy Aros          | 27.3   | 1991 | Victoria Kubasak    | 27.6  | 2017 |
| Whitney Hougland      | 27.2         | 2002        | Victoria Kubasak    | 27.5         | 2019        | Kristy Bauer        | 27.4   | 1986 | Dominique Ballard   | 27.91 | 2015 |
| Carolyn Odelli        | 27.5         | 1984        | Carolina Sponga     | 27.5         | 2023        | Annabelle Stewart   | 27.5   | 2022 | Kathy Aros          | 27.8  | 1990 |
| Stephanie Tear        | 27.6         | 2001        | Missy Welte         | 27.6         | 1987        | Jane Kocak          | 27.5 c | 1978 | Whitney Hoagland    | 27.8  | 1999 |
| Roxann Smith          | 27.6         | 2001        | Heidi Angelkorte    | 27.7         | 1982        | Tiffany Dziak       | 27.78  | 2005 | Anyja Peacock       | 28.08 | 2024 |
| Shelly Sweatt         | 27.7         | 1986        | Kristi Keplinger    | 27.8         | 1986        | Becki Stuckart      | 27.6   | 2011 | Janine Trinski      | 27.9  | 1983 |
| Paula Horten          | 27.7         | 1993        | Kristy Bauer        | 27.8         | 1987        | Jocelyn Anderson    | 27.6   | 2023 | Jayla Hall          | 28.0  | 2014 |
| <b>Lauren Kukucka</b> | <b>28.01</b> | <b>2024</b> | Alana Woodworth     | 28.09        | 2021        | Ella Baker          | 27.7   | 2021 | Leah Drost          | 28.0  | 2018 |
| Sarah Fisher          | 27.8         | 2012        | Chris Piseгна       | 27.9         | 1987        | Kylie Olney         | 28.01  | 2018 |                     |       |      |
|                       |              |             | Carrie Kinzel       | 27.9         | 2002        |                     |        |      |                     |       |      |

\*Hand times are .24 slower than FAT times

**400 METER DASH**

(\*c" = converted from 440 yards)

| Seniors               |                |             | Juniors               |                |             | Sophomores          |          |      | Freshmen            |          |      |
|-----------------------|----------------|-------------|-----------------------|----------------|-------------|---------------------|----------|------|---------------------|----------|------|
| Ella Baker            | 55.21          | 2023        | Sher Champe           | 55.75          | 2013        | Alexis Alston       | 56.12    | 2018 | Alexis Alston       | 56.92    | 2017 |
| Sher Champe           | 57.75          | 2014        | Ella Baker            | 56.36          | 2022        | Theresa Feldkamp    | 58.0     | 1999 | Lindsay Sands       | 57.61    | 2012 |
| Gracen Siegenthaler   | 58.57          | 2018        | Undrea Ballard        | 59.04          | 2015        | Lindsay Sands       | 59.53    | 2013 | Theresa Feldkamp    | 58.8     | 1998 |
| Undrea Ballard        | 58.73          | 2016        | <b>Jayla Cruz</b>     | <b>59.34</b>   | <b>2024</b> | Ella Baker          | 1:00.14  | 2021 | Annabelle Stewart   | 59.51    | 2021 |
| Theresa Feldkamp      | 58.8           | 2001        | Theresa Feldkamp      | 59.3           | 2000        | Alexis Szivan       | 1:00.2   | 2013 | Gracen Siegenthaler | 1:00.29  | 2015 |
| Jane Kocak            | 59.9           | 1980        | Alexis Szivan         | 59.7           | 2014        | Christine Thompson  | 1:00.4   | 1995 | Whitney Hoagland    | 1:01.7   | 1999 |
| Tammy Marshall        | 1:00.1         | 1982        | Gracen Siegenthaler   | 59.83          | 2017        | Whitney Hoagland    | 1:00.60  | 2000 | Alexis Szivan       | 1:02.2   | 2012 |
| Kristi Keplinger      | 1:00.5         | 1987        | Victoria Kubasak      | 1:00.56        | 2019        | Annabelle Stewart   | 1:01.01  | 2022 | Ella Baker          | 1:02.50  | 2020 |
| Christine Thompson    | 1:00.6         | 1997        | Carolyn Odelli        | 1:00.6         | 1983        | Undrea Ballard      | 1:01.03  | 2014 | Sydney Clark        | 1:02.60  | 2016 |
| Carolyn Odelli        | 1:00.8         | 1984        | Whitney Hoagland      | 1:01.15        | 2001        | Paula Wetzel        | 1:01.1   | 1980 | Hailey Dziak        | 1:02.7   | 2008 |
| Tessa Shagovac        | 1:01.6         | 2001        | Missy Welte           | 1:01.6         | 1987        | Kathy Aros          | 1:01.3   | 1991 | Victoria Kubasak    | 1:02.8   | 2017 |
| Kayla Snowden         | 1:01.6         | 2019        | Lindsay Sands         | 1:02.14        | 2014        | Gracen Siegenthaler | 1:01.75  | 2016 | Angie Frabotta      | 1:03.0   | 1995 |
| Lindsey Britt         | 1:01.94        | 2000        | Heather Richi         | 1:02.1         | 1988        | Patti Sirb          | 1:01.8   | 1981 | Janine Trinski      | 1:03.1   | 1983 |
| Kathy Aros            | 1:02.1         | 1992        | Jane Kocak            | 1:02.2 c       | 1979        | Kim Sadowski        | 1:02.0   | 1980 | Lauren Percival     | 1:03.47  | 2006 |
| Whitney Hoagland      | 1:02.1         | 2002        | Carol Zilch           | 1:02.9         | 1982        | Colleen Young       | 1:02.5   | 1990 | Lexi O'Connor       | 1:03.59  | 2011 |
| <b>Lauren Kukucka</b> | <b>1:02.68</b> | <b>2024</b> | Kasey Schuler         | 1:03.2         | 2010        | Sarah Fisher        | 1:02.5   | 2010 | Lindsey Britt       | 1:03.6   | 1997 |
| Kim Welte             | 1:02.5 c       | 1980        | Chris Piseгна         | 1:03.3         | 1987        | Carolyn Odelli      | 1:02.6   | 1982 | Heather Engle       | 1:03.8   | 1987 |
| Patti Sirb            | 1:02.8         | 1983        | Marisa Gillam         | 1:03.4         | 2017        | Lexi O'Connor       | 1:02.6   | 2012 | Beth Sadowski       | 1:04.0   | 1981 |
| Amanda Taylor         | 1:02.96        | 2010        | Lindsey Britt         | 1:03.5         | 1999        | Heather Richi       | 1:02.8   | 1987 | Christine Thompson  | 1:04.0   | 1994 |
| Colleen Young         | 1:03.3         | 1991        | Meredith Ramey        | 1:03.8         | 1990        | Riley Schenk        | 1:03.1   | 2012 | Kim Sadowski        | 1:02.9 c | 1979 |
| Heidi Angelkorte      | 1:04.1         | 1983        | Kristi Keplinger      | 1:03.9         | 1986        | Hailey Dziak        | 1:03.30  | 2009 | Carolyn Odelli      | 1:04.5   | 1981 |
| Aurora Wilson         | 1:04.1         | 2023        | <b>Lauren Kukucka</b> | <b>1:04.34</b> | <b>2023</b> | Kim Sadowski        | 1:03.2 c | 1980 | Kaitlin Given       | 1:04.5   | 2010 |
| Jordan Templeton      | 1:04.12        | 2006        | Denise Higgins        | 1:04.2         | 1984        | Victoria Kubasak    | 1:03.54  | 2018 | Allison Glover      | 1:04.85  | 2001 |
| Jeannine Feldkamp     | 1:04.78        | 2001        | Sharon Livingston     | 1:04.2 c       | 1978        | Halie Vilagi        | 1:03.62  | 2011 | Marisa Gillam       | 1:04.6   | 2015 |
| Denise Higgins        | 1:04.8         | 1985        | Heather Skeeles       | 1:04.5         | 1996        | Lauren Percival     | 1:03.71  | 2007 | Audrey Fayer        | 1:04.6   | 2015 |
| Catherine Tumer       | 1:04.8         | 2023        | Allison Glover        | 1:05.1         | 2003        | Lauren Sturgeon     | 1:03.84  | 2013 | Angelica Meggitt    | 1:05.2   | 2006 |

\*Hand times are .24 slower than FAT times

**800 METER RUN**

(\*c" = converted from 880 yards)

| Seniors            |          |      | Juniors            |          |      | Sophomores           |                |             | Freshmen               |                |             |
|--------------------|----------|------|--------------------|----------|------|----------------------|----------------|-------------|------------------------|----------------|-------------|
| Theresa Feldkamp   | 2:10.05  | 2001 | Theresa Feldkamp   | 2:11.31  | 2000 | Theresa Feldkamp     | 2:12.20        | 1999        | Theresa Feldkamp       | 2:12.64        | 1998        |
| Alexis Szivan      | 2:10.32  | 2015 | Alexis Szivan      | 2:12.48  | 2014 | Christine Thompson   | 2:13.53        | 1995        | Alexis Szivan          | 2:16.70        | 2012        |
| Sher Champe        | 2:14.03  | 2014 | Christine Thompson | 2:18.16  | 1996 | Alexis Szivan        | 2:15.58        | 2013        | Kasey Schuler          | 2:22.02        | 2008        |
| Christine Thompson | 2:16.80  | 1997 | Kasey Schuler      | 2:18.8   | 2010 | Kasey Schuler        | 2:19.52        | 2009        | Kalyn Potyrala         | 2:23.69        | 2016        |
| Colleen Young      | 2:17.5   | 1992 | Aurora Wilson      | 2:19.31  | 2022 | Aurora Wilson        | 2:21.43        | 2021        | Colleen Young          | 2:24.9         | 1989        |
| Aurora Wilson      | 2:18.19  | 2023 | Amy McKinley       | 2:21.6   | 1992 | Kim Welte            | 2:22.2 c       | 1977        | Paige Miller           | 2:25.00        | 2023        |
| Kalyn Potyrala     | 2:19.07  | 2019 | Kalyn Potyrala     | 2:21.86  | 2018 | <b>Paige Miller</b>  | <b>2:23.15</b> | <b>2024</b> | Marisa Gillam          | 2:25.67        | 2015        |
| Amy McKinley       | 2:19.7   | 1993 | Laura Brinkley     | 2:23.45  | 2000 | <b>Alaina Alfien</b> | <b>2:23.4</b>  | <b>2024</b> | <b>Rosalie Kapalin</b> | <b>2:26.71</b> | <b>2024</b> |
| Heather Skeeles    | 2:19.79  | 1997 | Colleen Young      | 2:23.5   | 1991 | Riley Schenk         | 2:23.85        | 2012        | Aurora Wilson          | 2:27.3         | 2020        |
| Tealla Scrofano    | 2:20.84  | 2007 | Emily Johnson      | 2:24.3   | 2012 | Kalyn Potyrala       | 2:24.4         | 2017        | Erica Kelly            | 2:27.65        | 2007        |
| Patti Sirb         | 2:20.9   | 1983 | Heather Skeeles    | 2:24.5   | 1996 | Brianna Sekerak      | 2:25.04        | 2015        | Alaina Alfien          | 2:28.14        | 2023        |
| Alicia DelValle    | 2:22.1   | 2018 | Carol Zilch        | 2:25.4   | 1982 | Colleen Young        | 2:25.4         | 1990        | Joyce Towner           | 2:28.2         | 1982        |
| Ally Potyrala      | 2:22.83  | 1982 | Tealla Scrofano    | 2:25.7   | 2006 | Emily Johnson        | 2:25.8         | 2011        | Brittnee Barris        | 2:28.5         | 2000        |
| Tammy Marshall     | 2:22.9   | 2019 | Kim Welte          | 2:24.6 c | 1978 | Patti Sirb           | 2:26.0         | 1981        | Gracen Siegenthaler    | 2:28.8         | 2015        |
| Kayla Snowden      | 2:23.15  | 2013 | Krystina Bove      | 2:27.12  | 2004 | Tealla Scrofano      | 2:26.60        | 2005        | Jessica Bartholomew    | 2:28.9         | 2006        |
| Cassie Vince       | 2:24.60  | 1994 | Patti Sirb         | 2:27.2   | 1982 | Krystina Bove        | 2:26.70        | 2003        | Kaylee Haff            | 2:29.1         | 2018        |
| Kristen Mackert    | 2:24.8   | 2011 | Cara Giannuzzi     | 2:27.3   | 2016 | Catherine Tumer      | 2:27.64        | 2021        | Brianna Sekerak        | 2:29.39        | 2014        |
| Kasey Schuler      | 2:25.61  | 2012 | Beth Huffman       | 2:27.5   | 1981 | Erica Kelly          | 2:27.90        | 2008        | Leah Johnson           | 2:29.57        | 2016        |
| Angelica Bucci     | 2:26.38  | 1992 | Angelica Bucci     | 2:28.54  | 2011 | Sue Dziama           | 2:29.2         | 1992        | Catherine Tumer        | 2:29.60        | 2020        |
| Jean Horey         | 2:26.4   | 2009 | Marisa Gillam      | 2:26.73  | 2017 | Cara Giannuzzi       | 2:29.34        | 2015        | Emily Johnson          | 2:29.7         | 2010        |
| Jane Lehman        | 2:26.9   | 2010 | Kaye Feldkamp      | 2:28.89  | 2005 | Connie Wagner        | 2:29.6         | 1981        | Angelica Bucci         | 2:30.45        | 2009        |
| Erica Kelly        | 2:27.58  | 2001 | Kayla Snowden      | 2:29.02  | 2018 | Jean Horey           | 2:29.6         | 1990        | Tealla Scrofano        | 2:30.54        | 2004        |
| Laura Brinkley     | 2:27.89  | 1980 | Kyle Dandrea       | 2:29.4   | 2003 | Betsy Melick         | 2:29.6         | 2005        | Victoria Bailey        | 2:31.1         | 2017        |
| Kim Welte          | 2:27.6 c | 1977 | Riley Schenk       | 2:29.30  | 2013 | Victoria Bailey      | 2:30.1         | 2018        | Melanie Watling        | 2:31.4         | 1987        |
| Lori Smith         | 2:28.0 c | 2002 | Alicia DelValle    | 2:29.5   | 2017 |                      |                |             | Krystina Bove          | 2:31.65        | 2002        |

\*Hand times are .24 slower than FAT times

**1600 METER RUN**

(\*c" = converted from 1 Mile)

| Seniors            |          |      | Juniors              |                |             | Sophomores           |                |             | Freshmen               |                |             |
|--------------------|----------|------|----------------------|----------------|-------------|----------------------|----------------|-------------|------------------------|----------------|-------------|
| Amy McKinley       | 4:54.23  | 1993 | Alexis Szivan        | 5:08.86        | 2014        | Christine Thompson   | 5:08.1         | 1995        | Kaylee Haff            | 5:21.49        | 2018        |
| Christine Thompson | 5:00.6   | 1997 | Amy McKinley         | 5:08.9         | 1992        | Sue Dziama           | 5:12.4         | 1992        | Brittnee Barris        | 5:24.8         | 2000        |
| Theresa Feldkamp   | 5:03.0   | 2001 | Beth Huffman         | 5:09.4         | 1981        | Betsy Melick         | 5:14.35        | 2005        | Alexis Szivan          | 5:24.9         | 2012        |
| Kyle Dandrea       | 5:05.23  | 2004 | Christine Thompson   | 5:09.6         | 1996        | Kim Welte            | 5:15.3 c       | 1977        | Christine Thompson     | 5:26.8         | 1994        |
| Alexis Szivan      | 5:11.8   | 2015 | Theresa Feldkamp     | 5:15.2         | 2000        | Alexis Szivan        | 5:17.1         | 2013        | Leah Johnson           | 5:26.87        | 2016        |
| Sue Dziama         | 5:12.6   | 1994 | Kyle Dandrea         | 5:17.23        | 2003        | Amy McKinley         | 5:17.9         | 1991        | Joyce Towner           | 5:27.0         | 1981        |
| Cassie Vince       | 5:14.82  | 2013 | Cara Giannuzzi       | 5:23.29        | 2016        | Brittnee Barris      | 5:18.16        | 2001        | Jessica Bartholomew    | 5:27.2         | 2006        |
| Aurora Wilson      | 5:15.56  | 2023 | Emily Johnson        | 5:25.02        | 2012        | Beth Huffman         | 5:20.6 c       | 1980        | Alaina Alfien          | 5:28.02        | 2023        |
| Alicia Del Valle   | 5:18.70  | 2018 | Erica Kelly          | 5:25.45        | 2009        | Theresa Feldkamp     | 5:21.00        | 1999        | Amy McKinley           | 5:28.4         | 1990        |
| Kim Welte          | 5:23.9 c | 1979 | Colleen Young        | 5:28.0         | 1991        | <b>Alaina Alfien</b> | <b>5:23.69</b> | <b>2024</b> | Emily Johnson          | 5:30.01        | 2010        |
| Shannon McDonald   | 5:24.80  | 2006 | Catherine Turner     | 5:28.19        | 2022        | Colleen Young        | 5:23.8         | 1990        | <b>Rosalie Kapalin</b> | <b>5:32.55</b> | <b>2024</b> |
| Heather Skeeles    | 5:25.8   | 1997 | Alicia Del Valle     | 5:28.41        | 2017        | Erica Kelly          | 5:26.3         | 2008        | Cara Giannuzzi         | 5:32.65        | 2014        |
| Beth Huffman       | 5:27.1   | 1982 | Kasey Schuler        | 5:29.1         | 2010        | Megan Parker         | 5:27.3         | 2014        | Krystina Bove          | 5:32.8         | 2002        |
| Patti Sirb         | 5:27.9   | 1983 | <b>Sophia Pecora</b> | <b>5:29.75</b> | <b>2024</b> | Catherine Turner     | 5:27.47        | 2021        | Kelly Nye              | 5:35.5         | 1994        |
| Jane Lehman        | 5:29.22  | 2009 | Marisa Del Valle     | 5:31.55        | 2021        | Kasey Schuler        | 5:28.3         | 2009        | Kalyn Potyrala         | 5:36.0         | 2016        |
| Kalyn Potyrala     | 5:29.3   | 2019 | Leah Gerke           | 5:31.93        | 2021        | Emily Johnson        | 5:28.55        | 2011        | Sue Dziama             | 5:38.8         | 1991        |
| Lori Smith         | 5:29.5c  | 1977 | Kalyn Potyrala       | 5:32.6         | 2017        | Sophia Pecora        | 5:28.76        | 2023        | Erica Kelly            | 5:38.88        | 2007        |
| Michelle Greussner | 5:29.5c  | 1979 | Karla Spontik        | 5:32.71        | 1999        | Karla Spontik        | 5:29.4         | 1998        | Sophia Pecora          | 5:38.91        | 2022        |
| Kelly Nye          | 5:29.6   | 1997 | Megan Byrne          | 5:32.95        | 2007        | Cara Giannuzzi       | 5:30.72        | 2015        | Leslie Paine           | 5:39.9         | 1994        |
| Cara Giannuzzi     | 5:31.51  | 2017 | Rachel Dorsch        | 5:33.0         | 1991        | Kalyn Potyrala       | 5:32.51        | 2017        | Catherine Turner       | 5:40.35        | 2020        |
| Colleen Young      | 5:31.8   | 1992 | Sue Dziama           | 5:33.5         | 1993        | Leah Johnson         | 5:33.43        | 2017        | Shannon McDonald       | 5:40.4         | 2003        |
| Kasey Schuler      | 5:31.99  | 2011 | Jess. Bartholomew    | 5:33.5         | 2008        | Joyce Towner         | 5:33.5         | 1982        | Marisa Del Valle       | 5:40.72        | 2019        |
| Sara Gosses        | 5:32.60  | 2006 | Kelly Nye            | 5:33.8         | 1996        | Jill Stavole         | 5:34.5         | 1989        | Sara Gosses            | 5:40.82        | 2003        |
| Tealla Scrofano    | 5:32.7   | 2007 | Lindsey Hipp         | 5:33.8         | 2001        | Ria Ross             | 5:34.9         | 1993        | Britt Ericson          | 5:40.8         | 1996        |
| Megan Byrne        | 5:33.69  | 2008 | Ashley Hill          | 5:34.5         | 2016        | Kyle Dandrea         | 5:35.22        | 2002        | Kim Welte              | 5:41.5c        | 1976        |

\*Hand times are .24 slower than FAT times

**3200 METER RUN**

(\*c" = converted from 2 Miles)

| Seniors            |          |      | Juniors             |                 |             | Sophomores           |                 |             | Freshmen            |           |      |
|--------------------|----------|------|---------------------|-----------------|-------------|----------------------|-----------------|-------------|---------------------|-----------|------|
| Amy McKinley       | 10:42.5  | 1993 | Amy McKinley        | 10:54.67        | 1992        | Amy McKinley         | 11:09.82        | 1991        | Brittnee Barris     | 11:18.94  | 2000 |
| Cassie Vince       | 10:56.45 | 2013 | Emily Johnson       | 11:26.89        | 2012        | Christine Thompson   | 11:20.5         | 1995        | Jessica Bartholomew | 11:27.39  | 2006 |
| Sue Dziama         | 11:06.09 | 1994 | Alicia Del Valle    | 11:43.01        | 2017        | Brittnee Barris      | 11:22.61        | 2001        | Amy McKinley        | 11:34.38  | 1990 |
| Christine Thompson | 11:19.6  | 1997 | Lindsey Hipp        | 11:44.34        | 2001        | Megan Parker         | 11:43.00        | 2014        | Shannon McDonald    | 11:47.87  | 2003 |
| Kyle Dandrea       | 11:30.60 | 2004 | Jane Lehman         | 11:45.22        | 2008        | Emily Johnson        | 11:49.38        | 2011        | Emily Johnson       | 11:56.80  | 2010 |
| Shannon McDonald   | 11:30.86 | 2006 | Jessica Bartholomew | 11:45.59        | 2008        | Betsy Melick         | 11:52.9         | 2005        | Christine Shumyla   | 11:58.06  | 1999 |
| Jane Lehman        | 11:40.14 | 2009 | Marisa Del Valle    | 11:45.76        | 2021        | Katherine Low        | 11:58.65        | 2023        | Leah Gerke          | 11:59.92  | 2019 |
| Alicia Del Valle   | 11:43.20 | 2018 | Antonia Monteleone  | 11:54.81        | 2018        | Leah Johnson         | 12:07.47        | 2017        | Sue Dziama          | 12:11.3   | 1991 |
| Jenny Luca         | 11:45.6  | 1997 | Kyle Dandrea        | 11:54.85        | 2003        | Jane Lehman          | 12:09.85        | 2007        | Leah Johnson        | 12:18.08  | 2016 |
| Marisa Del Valle   | 11:57.45 | 2022 | <b>Nora Darkow</b>  | <b>11:58.01</b> | <b>2024</b> | Erica Kelly          | 12:10.60        | 2008        | Megan Parker        | 12:20.14  | 2013 |
| Ria Ross           | 11:57.5  | 1995 | Kelli Meyers        | 12:02.7         | 1997        | Rachel Dorsch        | 12:10.9         | 1990        | Connie Wagner       | 12:21.4   | 1980 |
| Rachel Dorsch      | 11:58.1  | 1992 | Beth Huffman        | 12:03.3         | 1981        | Sue Dziama           | 12:11.7         | 1992        | Amy Thompson        | 12:21.9   | 1990 |
| Cassidy Hill       | 12:02.12 | 2019 | Leah Gerke          | 12:05.95        | 2021        | Jessica Bartholomew  | 12:13.60        | 2007        | Katherine Low       | 12:28.83  | 2022 |
| Kelly Nye          | 12:06.0  | 1997 | Ria Ross            | 12:06.5         | 1994        | Colleen Young        | 12:14.2         | 1990        | Kaylee Haff         | 12:31.7   | 1996 |
| Lindsey Hipp       | 12:08.25 | 2002 | Cassidy Hill        | 12:06.95        | 2018        | <b>Alaina Alfien</b> | <b>12:14.74</b> | <b>2024</b> | Britt Ericson       | 12:31.9   | 2014 |
| Erin Daniels       | 12:08.29 | 1999 | Kim Rhoades         | 12:07.91        | 2000        | Nora Darkow          | 12:17.33        | 2023        | Rachel Szczodrowski | 12:32.04  | 2009 |
| Heather Skeeles    | 12:08.3  | 1997 | Christy Melick      | 12:08.85        | 2003        | Sarah Walters        | 12:18.76        | 2010        | Alison Gillam       | 12:35.37  | 1999 |
| Katie Hanna        | 12:12.0  | 1993 | Shannon McDonald    | 12:09.9         | 2005        | Winter Carell        | 12:20.12        | 2023        | Kelli Spontik       | 12:37.9   | 2001 |
| Sarah Walters      | 12:12.64 | 2012 | Brittnee Barris     | 12:10.5         | 2002        | Kelly Nye            | 12:21.3         | 1995        | Christina Kallas    | 12:39.4   | 2006 |
| Leslie Paine       | 12:14.4  | 1997 | Sue Dziama          | 12:10.7         | 1993        | Antonia Monteleone   | 12:21.3         | 2017        | Jane Lehman         | 12:41.00  | 2001 |
| Alexis Szivan      | 12:15.2  | 2015 | Cara Giannuzzi      | 12:13.7         | 2016        | Ria Ross             | 12:22.5         | 1993        | Christy Melick      | 12:41.5   | 2016 |
| Ashley Hill        | 12:16.5  | 2017 | Ashley Hill         | 12:14.60        | 2016        | Leah Gerke           | 12:22.96        | 2020        | Antonia Monteleone  | 12:42.5   | 1979 |
| Nina Hill          | 12:17.20 | 2012 | Megan Beal          | 12:15.50        | 2012        | Christine Shumyla    | 12:25.2         | 2000        | Kirsten Penton      | 12:44.2 c | 2009 |
| Christine Shumyla  | 12:19.87 | 2012 | Sarah Walters       | 12:17.10        | 2011        | Karla Spontik        | 12:26.2         | 1998        | Sarah Walters       | 12:47.87  | 1999 |
| Kim Rhoades        | 12:21.65 | 2002 | Rachel Dorsch       | 12:19.9         | 1992        | Amy Thompson         | 12:28.2         | 1991        | Heather Stay        | 12:48.0   | 1994 |

\*Hand times are .24 slower than FAT times

**100 METER HURDLES**

| <b>Seniors</b>          |              |             | <b>Juniors</b>    |       |      | <b>Sophomores</b> |       |      | <b>Freshmen</b>     |              |             |
|-------------------------|--------------|-------------|-------------------|-------|------|-------------------|-------|------|---------------------|--------------|-------------|
| Kristi Keplinger        | 14.2         | 1987        | Natalie Pleban    | 15.04 | 2023 | Natalie Pleban    | 15.91 | 2022 | Kara Kasper         | 16.11        | 2005        |
| Madison Reynolds        | 14.90        | 2016        | Sarah Moore       | 15.75 | 2012 | Chaley Younkin    | 16.27 | 2019 | Macy Dimacchia      | 16.66        | 2017        |
| Kara Kasper             | 15.07        | 2008        | Kara Kasper       | 16.06 | 2007 | Macy Dimacchia    | 16.49 | 2018 | Hannah Aschemeier   | 16.92        | 2018        |
| Sarah Moore             | 15.09        | 2013        | Mariah Shorts     | 15.9  | 2017 | Mariah Shorts     | 16.6  | 2016 | Tessa Shagovac      | 16.7         | 1998        |
| <b>Natalie Pleban</b>   | <b>15.09</b> | <b>2024</b> | Erin Kasper       | 16.26 | 2012 | Allison Marty     | 16.98 | 2004 | Natalie Pleban      | 16.9         | 2021        |
| Chaley Younkin          | 15.12        | 2021        | Macy Dimacchia    | 16.59 | 2018 | Erin Kasper       | 17.12 | 2011 | Mariah Shorts       | 17.2         | 2015        |
| Tessa Shagovac          | 15.31        | 2001        | Erin Myosky       | 16.61 | 2006 | Sarah Moore       | 17.19 | 2011 | Sarah Moore         | 17.74        | 2010        |
| <b>Alexandrea Vargo</b> | <b>15.77</b> | <b>2024</b> | Alexandrea Vargo  | 16.80 | 2023 | Christie Dziubek  | 17.2  | 1992 | Christie Dziubek    | 17.5         | 1991        |
| Erin Kasper             | 16.20        | 2013        | Tia Deshuk        | 16.82 | 2015 | Jeannine Feldkamp | 17.2  | 1999 | Sarah Fisher        | 17.99        | 2009        |
| Gretchen Ruth           | 16.1         | 1994        | Tessa Shagovac    | 16.89 | 2000 | Tia Deshuk        | 17.44 | 2014 | <b>Anya Peacock</b> | <b>18.19</b> | <b>2024</b> |
| Diane Gramer            | 16.2         | 1990        | Missy Welte       | 16.8  | 1987 | Alexandrea Vargo  | 17.66 | 2022 | Katelyn Hazelgrove  | 18.1         | 2018        |
| Tia Deshuk              | 16.59        | 2016        | Diane Gramer      | 16.8  | 1989 | Heather Richi     | 17.4  | 1987 | Allison Marty       | 18.50        | 2003        |
| Missy Welte             | 16.5         | 1988        | Allison Marty     | 17.10 | 2005 | Sarah Fisher      | 17.5  | 2010 | Erin Kasper         | 18.4         | 2010        |
| Erin Myosky             | 16.83        | 2007        | Jeannine Feldkamp | 17.14 | 2000 |                   |       |      | Gaby Northeim       | 18.4         | 2011        |
| Michelle Przytulski     | 16.7         | 1990        | Heather Richi     | 17.0  | 1988 |                   |       |      | Katie Sasso         | 18.5         | 2005        |
| Amber Slavik            | 17.32        | 2013        | Gretchen Ruth     | 17.2  | 1993 |                   |       |      | Kendall Twining     | 18.5         | 2018        |
| Jeannine Feldkamp       | 17.2         | 2001        |                   |       |      |                   |       |      | Courtney Hardwick   | 18.76        | 2015        |
| Melissa Mazur           | 17.3         | 1992        |                   |       |      |                   |       |      | Katie Moore         | 18.80        | 2000        |
| Gaby Northeim           | 17.57        | 2014        |                   |       |      |                   |       |      | Amber Slavik        | 18.6         | 2010        |
| Christie Dziubek        | 17.4         | 1994        |                   |       |      |                   |       |      | Sakiya Robbins      | 18.83        | 2019        |
| Heather Richi           | 17.7         | 1989        |                   |       |      |                   |       |      | Shannon Mazur       | 18.7         | 1993        |
| Mariah Shorts           | 17.66        | 2018        |                   |       |      |                   |       |      | Meggie DeFilippo    | 18.7         | 1999        |
| Meggie DeFilippo        | 18.02        | 2002        |                   |       |      |                   |       |      | Erin Myosky         | 18.96        | 2004        |
| Kerey Babinsky          | 18.0         | 2017        |                   |       |      |                   |       |      | Emily Monschein     | 18.9         | 2014        |
|                         |              |             |                   |       |      |                   |       |      | Alyseea Gillespie   | 19.0         | 2009        |
|                         |              |             |                   |       |      |                   |       |      | Emery Hicks         | 19.0         | 2014        |
|                         |              |             |                   |       |      |                   |       |      | Payton Jackson      | 19.0         | 2015        |
|                         |              |             |                   |       |      |                   |       |      | Allison Takacs      | 19.0         | 2015        |
|                         |              |             |                   |       |      |                   |       |      | Charly Hicks        | 19.0         | 2021        |

\*Hand times are .24 slower than FAT times

**300 METER HURDLES**

| <b>Seniors</b>          |              |             | <b>Juniors</b>    |       |      | <b>Sophomores</b> |       |      | <b>Freshmen</b>   |       |      |
|-------------------------|--------------|-------------|-------------------|-------|------|-------------------|-------|------|-------------------|-------|------|
| Sara Moore              | 43.73        | 2013        | Sara Moore        | 45.39 | 2012 | Jordan Templeton  | 46.04 | 2004 | Jordan Templeton  | 47.74 | 2003 |
| Kristi Keplinger        | 44.3         | 1987        | Jordan Templeton  | 46.72 | 2005 | Sarah Fisher      | 47.28 | 2010 | Missy Welte       | 48.2  | 1985 |
| Tessa Shagovac          | 45.09        | 2001        | Alexandrea Vargo  | 47.12 | 2023 | Jeannine Feldkamp | 48.54 | 1999 | Macy Dimacchia    | 48.97 | 2017 |
| <b>Alexandrea Vargo</b> | <b>45.12</b> | <b>2024</b> | Gabi Northeim     | 47.31 | 2013 | Heather Richi     | 49.3  | 1987 | Christie Dziubek  | 50.1  | 1991 |
| Michelle Przytulski     | 46.19        | 1990        | Tessa Shagovac    | 47.65 | 2000 | Sara Moore        | 49.8  | 2011 | Tessa Shagovac    | 50.5  | 1998 |
| <b>Ashley Grapes</b>    | <b>47.10</b> | <b>2024</b> | Sarah Fisher      | 47.70 | 2011 | Macy Dimacchia    | 50.28 | 2018 | Sarah Fisher      | 50.76 | 2009 |
| Jordan Templeton        | 47.20        | 2006        | Heather Richi     | 47.8  | 1988 | Mariah Shorts     | 50.56 | 2016 | Chaley Younkin    | 51.09 | 2018 |
| Kara Kasper             | 47.34        | 2008        | Cameron Dumais    | 48.11 | 2019 | Missy Welte       | 50.8  | 1986 | Mariah Shorts     | 51.29 | 2015 |
| Gretchen Ruth           | 47.60        | 1994        | Kristi Keplinger  | 48.2  | 1986 | Gabi Northeim     | 51.0  | 2012 | Heather Richi     | 51.4  | 1986 |
| Erin Myosky             | 47.69        | 2007        | Jeannine Feldkamp | 48.96 | 2000 | Gretchen Ruth     | 51.1  | 1992 | Stephanie Tear    | 52.2  | 1998 |
| Missy Welte             | 47.6         | 1988        | Missy Welte       | 49.3  | 1987 | Christie Dziubek  | 51.4  | 1992 | Amber Slavik      | 52.2  | 2010 |
| Sarah Fisher            | 47.93        | 2012        | Gretchen Ruth     | 49.3  | 1993 | Ashley Grapes     | 51.84 | 2022 | Sakiya Robbins    | 52.2  | 2018 |
| Madison Reynolds        | 48.04        | 2016        | Ashley Grapes     | 49.77 | 2023 | Kristi Keplinger  | 51.7  | 1985 | Emma McGuire      | 52.5  | 2009 |
| Heather Richi           | 48.5         | 1989        | Allison Marty     | 50.35 | 2005 | Allison Marty     | 52.62 | 2004 | Sara Moore        | 52.6  | 2010 |
| Gaby Northeim           | 48.80        | 2014        | Madison Reynolds  | 50.44 | 2015 | Chaley Younkin    | 52.4  | 2018 | Kristi Keplinger  | 53.0  | 1984 |
| Jeannine Feldkamp       | 49.12        | 2001        | Erin Myosky       | 50.74 | 2006 | Amber Slavik      | 52.8  | 2011 | Kara Kasper       | 53.49 | 2005 |
| Kim Thorley             | 49.1         | 1985        | Macy Dimacchia    | 50.93 | 2018 | Bridgett Fialla   | 52.9  | 1984 | Ashley Grapes     | 53.77 | 2021 |
| Kerey Babinsky          | 50.82        | 2017        | Jaidyn McKee      | 51.40 | 2021 | Kristen Mackert   | 53.1  | 1992 | Tia Deshuk        | 54.0  | 2013 |
| Diane Gramer            | 51.1         | 1990        | Sakiya Smith      | 52.35 | 2021 | Emma McGuire      | 53.1  | 2010 | Sam. Shagovac     | 54.1  | 1999 |
| Melissa Mazur           | 51.2         | 1992        | Christie Dziubek  | 52.2  | 1993 | Alexandrea Vargo  | 53.6  | 2022 | Alexandrea Vargo  | 54.5  | 2021 |
| Mallory Sliman          | 51.47        | 2014        | Mallory Sliman    | 52.52 | 2013 | Jessica Diaz      | 54.9  | 2002 | Allison Takacs    | 54.6  | 2015 |
| Jaidyn McKee            | 51.60        | 2022        | Teela Smith       | 52.53 | 2001 | Erin Myosky       | 54.9  | 2005 | Gabi Northeim     | 54.7  | 2011 |
| Christie Dziubek        | 51.9         | 1983        | Diane Gramer      | 53.5  | 1989 | Tia Deshuk        | 55.1  | 2014 | Emery Hicks       | 55.3  | 2014 |
| Patti Sirb              | 52.8         | 1997        | Amber Slavik      | 53.7  | 2012 | Anna Dudziak      | 55.5  | 2018 | Allison Marty     | 55.5  | 2003 |
| Jenny Gans              | 52.9         | 2016        | Tia Deshuk        | 53.9  | 2015 | Teela Smith       | 55.59 | 2000 | Alyseea Gillespie | 56.3  | 2009 |

### HIGH JUMP

| Seniors               |            |             | Juniors          |      |      | Sophomores        |      |      | Freshmen          |      |      |
|-----------------------|------------|-------------|------------------|------|------|-------------------|------|------|-------------------|------|------|
| Erin Kasper           | 5'6        | 2013        | Erin Kasper      | 5'5  | 2012 | Kim Thorley       | 5'2  | 1983 | Jordan Templeton  | 5'2  | 2003 |
| Madison Reynolds      | 5'4        | 2016        | Jeni Marr        | 5'3  | 1988 | Jordan Templeton  | 5'2  | 2004 | Kelly Muzquiz     | 5'0  | 1978 |
| Chaley Younkin        | 5'4        | 2021        | Kim Thorley      | 5'2  | 1984 | Natalie Pleban    | 5'1  | 2022 | Kim Thorley       | 5'0  | 1982 |
| Kim Thorley           | 5'3        | 1985        | Kelly Muzquiz    | 5'2  | 1980 | Kelly Muzquiz     | 5'0  | 1979 | Samantha Shagovac | 5'0  | 1999 |
| Jodi Wilson           | 5'3        | 2002        | Chaley Younkin   | 5'2  | 2020 | Samantha Shagovac | 5'0  | 2000 | Madison Reynolds  | 5'0  | 2013 |
| Kelly Muzquiz         | 5'2        | 1981        | Faith Rico       | 5'1  | 2017 | Jodi Wilson       | 5'0  | 2000 | Jeni Marr         | 4'11 | 1986 |
| <b>Natalie Pleban</b> | <b>5'2</b> | <b>2024</b> | Jodi Wilson      | 5'0  | 2001 | Jessica Diaz      | 5'0  | 2002 | Jodi Wilson       | 4'11 | 1999 |
| Jeni Marr             | 5'0        | 1989        | Madison Reynolds | 5'0  | 2015 | Erin Kasper       | 5'0  | 2011 | Kelly Irwin       | 4'10 | 1977 |
| Jordan Templeton      | 5'0        | 2006        | Natalie Pleban   | 5'0  | 2023 | Kelly Irwin       | 4'10 | 1978 | Angie Skeeles     | 4'10 | 1996 |
| Amber Slavik          | 5'0        | 2013        | Jordan Templeton | 4'10 | 2012 | Jeni Marr         | 4'10 | 1987 | Casey Crowther    | 4'10 | 2000 |
| Laurie Schotz         | 4'10       | 1980        | Amber Slavik     | 4'10 | 2015 | Angie Skeeles     | 4'10 | 1997 | Elise Jennings    | 4'10 | 2013 |
| Nancy Marr            | 4'10       | 1976        | Elise Jennings   | 4'10 | 1991 | Madison Reynolds  | 4'10 | 2014 | Natalie Pleban    | 4'10 | 2021 |
| Kristi Keplinger      | 4'10       | 1987        | Wendie Sprenger  | 4'9  | 1987 | Chaley Younkin    | 4'10 | 2019 | Sarah Wiegand     | 4'9  | 2015 |
| Ashley Srokowski      | 4'10       | 2005        | Missy Welte      | 4'9  | 1998 | Casey Crowther    | 4'9  | 2001 | Peggy Firago      | 4'8  | 1976 |
| Callie Brutcher       | 4'10       | 2007        | Angie Skeeles    | 4'9  | 1988 | Demi Morales      | 4'9  | 2009 | Wendy Sprenger    | 4'8  | 1989 |
| Grace Van Niel        | 4'10       | 2022        | Amy Lackner      | 4'8  | 1998 | Elise Jennings    | 4'9  | 2014 | Kathy Aros        | 4'8  | 1990 |
| Amanda Taylor         | 4'9        | 2010        | Lindsey Hageman  | 4'8  | 2012 | Denise Clotz      | 4'8  | 1982 | Jessica Diaz      | 4'8  | 2001 |
| Missy Welte           | 4'8        | 1988        | Meghan Acieto    | 4'8  | 1987 | Wendie Sprenger   | 4'8  | 1990 | Erin Kasper       | 4'8  | 2010 |
| Mary Bonner           | 4'8        | 1975        | Chris Pisegna    | 4'6  | 1978 | Michelle Sas      | 4'8  | 1998 | Kayla Nunez       | 4'8  | 2010 |
| Heather Engle         | 4'8        | 1990        | Peggy Firago     | 4'6  | 1991 | Maddie Sofia      | 4'8  | 2005 | Chris Pisegna     | 4'7  | 1985 |
| Lindsey Hageman       | 4'8        | 1999        | Melissa Mazur    | 4'6  | 1995 | Sarah Wiegand     | 4'8  | 2015 | Dawn Kriesel      | 4'6  | 1983 |
| Kylie Kimmich         | 4'6        | 2023        | Kelly Bauer      | 4'6  | 1996 | Maria Rivera      | 4'6  | 1976 | Brenda Matthes    | 4'6  | 1978 |
| Kelly Bauer           | 4'6        | 1996        | Erin Deegan      | 4'6  | 2001 | Heather Richi     | 4'6  | 1987 | Heather Engle     | 4'6  | 1987 |
| Peggy Firago          | 4'6        | 1979        | Teela Smith      | 4'6  | 2004 | Kristen Lahetta   | 4'6  | 2000 | Missy Welte       | 4'6  | 1985 |
| Sue Garra             | 4'6        | 1981        | Ashley Srokowski | 4'6  | 2005 | Ashley Wallace    | 4'6  | 2002 | Amy Lugar         | 4'6  | 1995 |
| Angie Skeeles         | 4'6        | 1999        | Kaye Feldkamp    | 4'6  | 2016 | Carrie Kinzel     | 4'6  | 2002 | Michelle Sas      | 4'6  | 1997 |
| Carli DeCarlo         | 4'6        | 2000        | Kerey Babinsky   | 4'6  | 2016 | Meghan Acieto     | 4'6  | 2011 | Theresa Feldkamp  | 4'6  | 1998 |
| Lauren Strohacker     | 4'6        | 2002        | Alana Carrion    | 4'6  | 2017 | Kayla Nunez       | 4'6  | 2011 | Carrie Kinzel     | 4'6  | 2001 |
| Alana Carrion         | 4'6        | 2017        | Sarah Farley     | 4'6  | 2017 | Christy Cecil     | 4'6  | 2017 | Kaye Feldkamp     | 4'6  | 2003 |
|                       |            |             | Sarah Wiegand    | 4'6  | 2021 |                   |      |      | Tealla Scrofano   | 4'6  | 2004 |
|                       |            |             | Grace Van Niel   | 4'6  |      |                   |      |      | Hannah Aschemeier | 4'6  | 2018 |

### LONG JUMP

| Seniors               |                 |             | Juniors              |          |      | Sophomores           |           |      | Freshmen            |           |      |
|-----------------------|-----------------|-------------|----------------------|----------|------|----------------------|-----------|------|---------------------|-----------|------|
| <b>Natalie Pleban</b> | <b>18'0 1/2</b> | <b>2024</b> | Madison Reynolds     | 17'6 1/4 | 2015 | Brooke Arthur-Mensal | 16'11 3/4 | 2007 | Hailey Dziak        | 16'9      | 2008 |
| Madison Reynolds      | 17'11           | 2016        | Brooke Arthur-Mensal | 17'5     | 2008 | Taylor Hooks         | 16'8 3/4  | 2017 | Heather Engle       | 16'8 3/4  | 1987 |
| Stephanie Tear        | 16'11           | 2001        | Heather Engle        | 17'0     | 1989 | Stephanie Tear       | 16'8      | 1999 | Stephanie Tear      | 16'7 1/4  | 1998 |
| Heather Engle         | 16'10 1/4       | 1990        | Stephanie Tear       | 16'9 1/4 | 2000 | Heather Engle        | 16'4 3/4  | 1988 | Gracen Siegenthaler | 16'5 1/2  | 2015 |
| Hailey Dziak          | 16'5            | 2011        | Jade Garcia          | 16'8 1/4 | 2021 | Maddie Sofia         | 16'3      | 2005 | Patti Sirb          | 16'2      | 1980 |
| Erin Kasper           | 16'5            | 2013        | Cameron Dumais       | 16'7 1/2 | 2019 | Kristy Bauer         | 16'2      | 1986 | Missy Welte         | 15'11     | 1985 |
| Jane Kocak            | 16'4 3/4        | 1980        | Merideth Sherman     | 16'4 3/4 | 1984 | Patti Sirb           | 15'11 3/4 | 1981 | Taylor Hooks        | 15'8 1/2  | 2016 |
| Kara Kasper           | 16'4 3/4        | 2008        | Patti Sirb           | 16'3     | 1982 | Jane Kocak           | 15'11     | 1978 | Paula Wetzel        | 15'9 3/4  | 1979 |
| Merideth Sherman      | 16'3 3/4        | 1985        | Allison Marty        | 16'1 1/2 | 2005 | Audrey Fayer         | 15'10 1/2 | 2016 | Audrey Fayer        | 15'8      | 2015 |
| Sara Moore            | 16'1 3/4        | 2013        | Paula Wetzel         | 16'1     | 1981 | Kaitlyn Given        | 15'10     | 2011 | Jane Kocak          | 15'7      | 1977 |
| Allison Marty         | 16'1 1/2        | 2006        | Peggy Firago         | 16'1     | 1978 | Madison Reynolds     | 15'9 1/2  | 2014 | Melissa Mazur       | 15'7      | 1989 |
| Patti Sirb            | 15'11           | 1983        | Hailey Dziak         | 16'0     | 2010 | Chris Pisegna        | 15'9      | 1986 | Kristy Bauer        | 15'6      | 1985 |
| Brooke Arthur-Mensal  | 15'10 3/4       | 2009        | Sara Moore           | 15'11    | 2012 | Lauren Keene         | 15'8      | 2010 | Wendy Snizek        | 15'5      | 1987 |
| Michelle Przytulski   | 15'9 3/4        | 1990        | Missy Welte          | 15'9 3/4 | 1987 | Gracen Siegenthaler  | 15'7 1/2  | 2016 | Sakiya Robbins      | 15'4      | 2019 |
| Audrey Fayer          | 15'9            | 2018        | Kara Kasper          | 15'9 1/2 | 2007 | Merideth Sherman     | 15'6 3/4  | 1983 | Jayla Cruz          | 15'2 1/2  | 2022 |
| Gabriela Giannuzzi    | 15'8 1/2        | 2018        | Erin Kasper          | 15'9     | 2012 | Paula Wetzel         | 15'6 1/2  | 1980 | Gabriela Giannuzzi  | 15'1      | 2015 |
| Alana Carrion         | 15'8 1/4        | 2017        | Analecia Whitt       | 15'7 1/2 | 2003 | Jeannine Feldkamp    | 15'5 1/2  | 1999 | Chaley Younkin      | 15'1      | 2018 |
| Lauren Keene          | 15'8            | 2012        | Jeanny Bums          | 15'6 3/4 | 1976 | Wendy Snizek         | 15'5      | 1987 | Kelsey Traut        | 15'1/4    | 2017 |
| Melissa Mazur         | 15'4 1/2        | 1992        | Melissa Mazur        | 15'6 3/4 | 1991 | Jordan Templeton     | 15'5      | 2004 | Erin Justice        | 14'11     | 2012 |
| Kristy Bauer          | 15'3            | 1988        | Taylor Hooks         | 15'5 3/4 | 2018 | Allison Marty        | 15'4      | 2004 | Chris Pisegna       | 14'10 1/2 | 1985 |
| Erin Traut            | 15'2 3/4        | 2017        | Angela Jolly         | 15'4 3/4 | 1993 | Jenny Bonner         | 15'3 1/4  | 1975 | Mandy Shinsky       | 14'10 1/2 | 1980 |
| Angela Jolly          | 15'1 3/4        | 1994        | Teela Smith          | 15'4 1/4 | 2001 | Erin Kasper          | 15'3      | 2011 | Madison Reynolds    | 14'10 1/2 | 2013 |
| Peggy Firago          | 15'0 3/4        | 1979        | Gabriela Giannuzzi   | 15'4     | 2017 | Mandy Shinsky        | 15'2 1/2  | 1981 | Katelyn Hazelgrove  | 14'9      | 2018 |
| Maddie Sofia          | 15'0 1/2        | 2007        | Sarah Wiegand        | 15'3     | 2017 | Elizabeth Norheim    | 15'2 1/2  | 2014 | Kara Kasper         | 14'8      | 2005 |
| Paula Wetzel          | 14'10           | 1982        | Alex Boyles          | 15'2 3/4 | 2019 | Analecia Whitt       | 15'1 1/4  | 2002 | Natalie Pleban      | 14'7 1/2  | 2021 |



**SHOT PUT**

| <b>Seniors</b>   |           |      | <b>Juniors</b>   |           |      | <b>Sophomores</b> |           |      | <b>Freshmen</b>     |                  |             |
|------------------|-----------|------|------------------|-----------|------|-------------------|-----------|------|---------------------|------------------|-------------|
| Emily King       | 40'10 1/2 | 2018 | Abby Burgdorf    | 39'8      | 2009 | Maureen Eastaugh  | 35'11 1/2 | 2001 | Isabella Bames      | 33'1 1/2         | 2015        |
| Maureen Eastaugh | 40'10     | 2003 | Michelle Stark   | 37'7 1/2  | 2004 | Abby Burgdorf     | 35'9 1/2  | 2008 | Maureen Eastaugh    | 32'4             | 2000        |
| Katie Schuster   | 38'10     | 2009 | Emily King       | 36'2      | 2017 | Shannon Roberts   | 33'1      | 1996 | Patti Logar         | 32'0 3/4         | 1992        |
| Michelle Stark   | 37'10 1/2 | 2005 | Maureen Eastaugh | 35'11     | 2002 | Amy Lackner       | 32'4 1/2  | 1987 | Diane Bailor        | 30'11 1/4        | 1985        |
| Lori Betchker    | 37'9 1/4  | 1999 | Shannon Roberts  | 35'3 1/2  | 1997 | Lori Betchker     | 32'2 1/2  | 1997 | Rachel Salvo        | 30'9             | 1996        |
| Abby Burgdorf    | 37'2 3/4  | 2010 | Katie Schuster   | 34'10     | 2008 | Melissa Overman   | 32'1 1/2  | 2006 | Shannon Roberts     | 30'2             | 1995        |
| Shannon Roberts  | 36'7      | 1998 | Melissa Overman  | 34'3      | 2007 | Anna Cairns       | 32'0      | 2018 | Melissa Overman     | 28'7 1/2         | 2005        |
| Melissa Overman  | 35'4 1/2  | 2008 | Lori Betchker    | 33'11     | 1998 | Patti Logar       | 31'11     | 1993 | Janet Erdy          | 28'5 1/2         | 1976        |
| Linze Zehel      | 34'11 1/2 | 2001 | Amy Lackner      | 33'7      | 1988 | Michelle Stark    | 31'1 1/2  | 2003 | Emily Van Curan     | 28'4             | 2002        |
| Amy Lackner      | 34'0      | 1989 | Linze Zehel      | 32'7 1/4  | 2000 | Diane Bailor      | 31'1      | 1986 | Autumn Hunter       | 28'1             | 2019        |
| Olivia Rault     | 31'1      | 1991 | Samantha Torres  | 32'5      | 2021 | Sydney Young      | 30'9 1/4  | 2012 | Nancy Del Grosso    | 28'0             | 1978        |
| Becky Makay      | 30'7      | 1999 | Renee George     | 31'8      | 1985 | Marsha Von Kaenal | 30'6 1/2  | 1976 | Nicole Sprenger     | 27'2 1/2         | 1993        |
| Destiny Champe   | 30'7      | 2017 | Becky Makay      | 29'9 1/2  | 1998 | Rachel Salvo      | 30'4      | 1997 | Marcia Von Kaenal   | 27'2             | 1975        |
| Lisa Elgar       | 30'5 1/2  | 1992 | Lauren Molnar    | 29'7      | 1996 | Kristy Hackett    | 29'8 1/4  | 1995 | Taylor Wargo        | 26'11 1/2        | 2007        |
| Dawn Glavan      | 29'8      | 1986 | Sydney Young     | 29'5      | 2013 | Lauren Molnar     | 29'6      | 1995 | <b>Ashlyn Barry</b> | <b>26'11 1/2</b> | <b>2024</b> |
| Nancy Del Grosso | 29'4      | 1981 | Beth Mathewson   | 29'4 3/4  | 1995 | Shannon Theobald  | 29'3      | 2009 | Kelly Weinbrandt    | 26'11            | 1995        |
| Beth Henry       | 29'0 1/2  | 1987 | Rachel Salvo     | 29'3      | 1998 | Emily Van Curan   | 29'1 1/2  | 2003 | Brenda Balut        | 26'9             | 2006        |
| Jessica Hamrick  | 29'0 1/4  | 2020 | Nancy Del Grosso | 29'2 1/2  | 1980 | Janet Erdy        | 28'5 1/2  | 1977 | Sharon Rutkowski    | 26'7             | 1978        |
| Azzariah Brooks  | 28'11 1/2 | 2013 | Cori Boroff      | 28'11 1/2 | 1999 | Julie Stark       | 28'4 1/2  | 2007 | Leslie Klingemeier  | 26'6             | 1982        |
| Hannah Higgins   | 28'10 1/2 | 2002 | Kristen Stark    | 28'11     | 2006 | Shelly Trentadue  | 28'2      | 1984 | Lori Betchker       | 26'6             | 1996        |
| Kristen Stark    | 28'9 1/2  | 2007 | Diane Page       | 28'9 1/2  | 1984 | Beth Mathewson    | 28'1      | 1994 | Hannah Higgins      | 26'4 1/2         | 1999        |
| Beth Mathewson   | 28'7      | 1996 | Amy Norheim      | 28'6 1/4  | 1985 | Becky Makay       | 27'11 3/4 | 1997 | Anna Cairns         | 25'11 1/2        | 2017        |
| Kim Speer        | 28'6 1/2  | 1987 | Adelle Sirow     | 28'4 1/2  | 1985 | Dawn Wargo        | 27'11     | 1990 | Becky Makay         | 25'10            | 1996        |
| Taylor Gibson    | 28'3      | 2013 | Missy Welte      | 28'4      | 1987 | Stacy Loushin     | 27'9 1/2  | 2009 | Julie Stark         | 25'10            | 2006        |
| Adrian Sirow     | 28'       | 1986 | Mariah Quinn     | 28'1 3/4  | 2016 | Nancy Del Grosso  | 27'8 1/2  | 1979 | Shannon Theobald    | 25'10            | 2008        |

**DISCUS**

| <b>Seniors</b>     |             |             | <b>Juniors</b>    |        |      | <b>Sophomores</b>  |           |      | <b>Freshmen</b>    |           |      |
|--------------------|-------------|-------------|-------------------|--------|------|--------------------|-----------|------|--------------------|-----------|------|
| Amy Lackner        | 127'9       | 1989        | Abby Burgdorf     | 120'9  | 2009 | Amy Lackner        | 113'8     | 1987 | Autumn Hunter      | 95'2 1/2  | 2019 |
| Michelle Stark     | 121'6       | 2005        | Emily King        | 113'11 | 2017 | Abby Burgdorf      | 111'3 1/2 | 2008 | Isabella Bames     | 94'9      | 2015 |
| Emily King         | 120'5       | 2018        | Michelle Stark    | 113'2  | 2004 | Nicole Richardson  | 101'10    | 1998 | Anna Cairns        | 92'8      | 2017 |
| Lori Betchker      | 119'8       | 1999        | Amy Lackner       | 113'1  | 1987 | Gena Mason         | 99'9      | 1983 | Nicole Richardson  | 92'8      | 1997 |
| Abby Burgdorf      | 118'6       | 2010        | Lori Betchker     | 108'9  | 1998 | Dawn Wargo         | 99'4      | 1990 | Nicole Sprenger    | 92'0      | 1993 |
| Nicole Sprenger    | 105'5       | 1996        | Autumn Hunter     | 102'5  | 2021 | Lori Betchker      | 98'11     | 1997 | Karen Ticich       | 82'5      | 1984 |
| Shannon Mixon      | 104'8       | 1999        | Becky Makay       | 100'9  | 1998 | Anna Cairns        | 95'6      | 2018 | Patti Logar        | 82'3 1/2  | 1992 |
| Katie Schuster     | 102'10 1/2  | 2009        | Dawn Wargo        | 99'10  | 1991 | Beth Mathewson     | 94'5      | 1994 | Hannah Kordoleski  | 81'10     | 2010 |
| Destiny Champe     | 101'4       | 2017        | Nicole Richardson | 98'5   | 1999 | Michelle Stark     | 93'7      | 2003 | Jenny Arp          | 81'8      | 1988 |
| Nicole Richardson  | 100'0       | 2000        | Destiny Champe    | 98'3   | 2016 | Stacy Loushin      | 93'3      | 2009 | Gena Mason         | 81'0      | 1982 |
| Dawn Wargo         | 98'0        | 1992        | Stacy Loushin     | 97'1   | 2010 | Shannon Mixon      | 93'2      | 1997 | Lori Betchker      | 80'2      | 1996 |
| Karen Ticich       | 97'1        | 1987        | Beth Mathewson    | 96'10  | 1995 | Mandy Shinsky      | 90'4      | 1981 | Leslie Klingemeier | 80'0      | 1982 |
| Kristen Stark      | 95'4        | 2007        | Adelle Sirow      | 95'3   | 1985 | Trisha Simon       | 86'10     | 2001 | Madeline Jeffries  | 79'9      | 2022 |
| Becky Makay        | 94'8 1/2    | 1999        | Kristen Stark     | 94'1   | 2006 | Missy Arendash     | 86'5      | 2006 | Mandy Shinsky      | 79'5 1/4  | 1980 |
| Maureen Eastaugh   | 93'10       | 2003        | Wendie Sprenger   | 93'5   | 1991 | Leslie Klingemeier | 86'1      | 1983 | Alexis Dick        | 79'5      | 2003 |
| Trisha Simon       | 93'9        | 2003        | Trisha Simon      | 93'1   | 2002 | Wendie Sprenger    | 85'5      | 1990 | Juliana Butchko    | 79'1      | 2014 |
| Beth Mathewson     | 93'0 1/2    | 1996        | E. Brumenschenkel | 92'4   | 2006 | Karen Ticich       | 85'4      | 1985 | Dawn Wargo         | 79'0      | 1989 |
| Missy Arendash     | 92'0        | 2006        | Jaidyn McKee      | 88'5   | 2021 | Ashley Andrews     | 85'4      | 2000 | Michelle Stark     | 79'0      | 2002 |
| <b>Claire Bedo</b> | <b>90'9</b> | <b>2024</b> | Karen Ticich      | 88'1   | 1986 | Juliet Rivera      | 84'5      | 1991 | Hillary Bates      | 77'8      | 1995 |
| Dawn Haering       | 89'0 1/2    | 1979        | Shannon Mixon     | 87'5   | 1998 | Jocelyn George     | 83'7 1/2  | 2021 | Jessica Pope       | 77'7      | 1990 |
| Alexis Dick        | 89'0        | 2006        | Missy Arendash    | 87'2   | 2007 | Julie Stark        | 83'6      | 2007 | Ann-Marie Campbell | 77'3      | 2008 |
| Nancy Delgrosso    | 88'8        | 1981        | Claire Bedo       | 87'0   | 2023 | Sydney Young       | 83'1      | 2012 | Shannon Mixon      | 76'11 1/2 | 1996 |
| Adelle Sirow       | 87'4        | 1986        | Jessica Hamrick   | 86'10  | 2019 | Patti Logar        | 82'3 1/2  | 1993 | Rachel Salvo       | 76'9 1/2  | 1996 |
| E. Brumenschenkel  | 86'3        | 2007        | Gena Mason        | 86'9   | 1984 | Marsha Von Kaenal  | 82'10     | 1986 | Shannon Roberts    | 76'5      | 1995 |
| Taylor Gibson      | 86'0        | 2013        | Ashley Andrews    | 86'0   | 2001 | Becky Makay        | 81'0      | 1997 | Sarah Joyce        | 76'2      | 2000 |

|            |
|------------|
| POLE VAULT |
|------------|

| <b>Seniors</b>    |       |      | <b>Juniors</b>        |             |             | <b>Sophomores</b> |       |      | <b>Freshmen</b>      |              |             |
|-------------------|-------|------|-----------------------|-------------|-------------|-------------------|-------|------|----------------------|--------------|-------------|
| Sydney Walker     | 11'6" | 2019 | Sydney Walker         | 11'0"       | 2018        | Sydney Walker     | 10'6" | 2017 | <b>Alex Sixbey</b>   | <b>12'1"</b> | <b>2024</b> |
| Kayla Nunez       | 10'0" | 2013 | Maggie Fada           | 9'6"        | 2015        | Alyssa Beach      | 10'0" | 2009 | Sydney Walker        | 10'0"        | 2016        |
| Maggie Fada       | 10'0" | 2016 | Justine Prete         | 9'6"        | 2021        | Camela Rivera     | 9'0"  | 2023 | Alyssa Beach         | 8'6"         | 2008        |
| Allison Takacs    | 10'0" | 2018 | Alyssa Beach          | 9'0"        | 2010        | Caitlin Camp      | 8'6"  | 2009 | Alex Fomeris         | 8'6"         | 2011        |
| Caitlin Camp      | 9'6"  | 2011 | Caitlin Camp          | 9'0"        | 2010        | Justine Prete     | 8'6"  | 2020 | Violet Ambroz        | 8'6"         | 2023        |
| Alex Fomeris      | 9'6"  | 2014 | Kayla Nunez           | 9'0"        | 2012        | Kaye Feldkamp     | 8'0"  | 2004 | Kaye Feldkamp        | 8'0"         | 2003        |
| Justine Prete     | 9'6"  | 2022 | Meghan Acierto        | 9'0"        | 2012        | Kayla Nunez       | 8'0"  | 2011 | Justine Prete        | 8'0"         | 2019        |
| Monica Morell     | 9'0"  | 2004 | Alex Fomeris          | 9'0"        | 2013        | Elise Jennings    | 8'0"  | 2014 | Brooke Arthur-Mensah | 7'6"         | 2006        |
| Alyssa Beach      | 9'0"  | 2011 | Elise Jennings        | 9'0"        | 2015        | Marin Tellier     | 8'0"  | 2022 | Caitlin Camp         | 7'6"         | 2008        |
| Elise Jennings    | 8'0"  | 2016 | Allison Takacs        | 9'0"        | 2017        | Allison Glovac    | 7'6"  | 2002 | Eve Andrijowych      | 7'6"         | 2019        |
| Erin Prudoff      | 6'0"  | 1994 | <b>Carmela Rivera</b> | <b>8'0"</b> | <b>2024</b> | Monica Morell     | 7'0"  | 2002 | Paige Miller         | 7'6"         | 2023        |
| Ashley Hamrick    | 6'0"  | 2016 | Ryan Templeton        | 7'6"        | 2003        | Katie Skinner     | 6'6"  | 2011 | Kara Bisczykowski    | 7'0"         | 2005        |
| Selena Leyva      | 6'0"  | 2017 | Monica Morell         | 7'6"        | 2003        | Maggie Fada       | 6'6"  | 2014 | Elise Jennings       | 7'0"         | 2013        |
| Samantha Kachure  | 6'0"  | 2018 | Kaye Feldkamp         | 7'0"        | 2005        | Tiffany Engstrom  | 6'0"  | 2001 | Alayna Johnston      | 7'0"         | 2015        |
| Melissa Lapponi   | 5'6"  | 2002 | <b>Marin Tellier</b>  | <b>7'0"</b> | <b>2024</b> | Cassidy Hill      | 6'0"  | 2017 | Zoey Roy             | 6'0"         | 2021        |
| Sarah Hertrick    | 5'0"  | 2003 | Gabriela Giannuzzi    | 6'6"        | 2017        | Katy Corbin       | 5'0"  | 2002 |                      |              |             |
| Savannah Williams | 5'0"  | 2018 | Ashley Hamrick        | 6'0"        | 2015        | Ashley Hamrick    | 5'0"  | 2014 |                      |              |             |
| Lindsey Stumpp    | 5'0"  | 2018 | Sarah Hertrick        | 5'6"        | 2002        |                   |       |      |                      |              |             |

Friday, Jan. 5th, 2024

# SPIRE Blue Division Indoor #1

At SPIRE Fieldhouse, Geneva

| TEAM SCORES      |      | 60 METER DASH |              | 4 X 800 RELAY |      |        |        | 4 X 200 RELAY   |            |                |
|------------------|------|---------------|--------------|---------------|------|--------|--------|-----------------|------------|----------------|
| Austintown-Fitch | 90.5 |               | <i>Final</i> | Low           | 34.0 | 1:12.9 | 1:55.5 | <b>2:36.5</b>   | Vargo      | 27.2           |
| Avon Lake        | 72   | Cruz          | <b>8.33</b>  |               |      | 38.9   | 42.6   | 41.0            | Anderson   | 29.2           |
| Stow             | 66   | <b>6th</b>    |              | Kapalin       | 34.8 | 1:11.6 | 1:52.1 | <b>2:34.8</b>   | Kukucka    | 29.0           |
| Magnificat       | 64   | Anderson      | <b>8.51</b>  |               |      | 36.8   | 40.5   | 42.7            | Cruz       | 26.2           |
| Avon             | 63   |               |              | Darkow        | 34.2 | 1:15.2 | 1:56.1 | <b>2:35.8</b>   | <b>1st</b> | <b>1:51.86</b> |
| Strongsville     | 61.5 | Rivera        | <b>8.93</b>  |               |      | 41.0   | 40.9   | 39.7            | Tellier    | 31.0           |
| Amherst Steele   | 50   |               |              | Alflen        | 35.4 | 1:13.3 | 1:53.5 | <b>2:34.9</b>   | Rivera     | 29.3           |
| Medina           | 43   | Tellier       | <b>9.35</b>  |               |      | 37.9   | 40.2   | 41.4            | Cioffi     | 32.8           |
| Berea-Midpark    | 39   |               |              |               |      |        |        |                 | Sixbey     | 27.6           |
| Lutheran West    | 19   |               |              | <b>3rd</b>    |      |        |        | <b>10:22.27</b> |            |                |
| Walsh Jesuit     | 13   |               |              |               |      |        |        |                 |            |                |
|                  |      |               |              |               |      |        |        |                 |            | <b>2:01.16</b> |

| WEIGHT THROW |       | 60 METER HURDLES |              | 1600 METER RUN |        |        |        | 4 X 400 RELAY  |            |                |
|--------------|-------|------------------|--------------|----------------|--------|--------|--------|----------------|------------|----------------|
| Bedo         | 32'10 |                  | <i>Final</i> | Meyer          | 1:28.7 | 3:11.5 | 4:59.3 | <b>6:39.04</b> | Vargo      | 1:03.3         |
| <b>7th</b>   |       | Vargo            | <b>9.77</b>  |                |        | 1:42.8 | 1:47.8 | 1:39.7         | Grapes     | 1:05.6         |
|              |       | <b>3rd</b>       |              |                |        |        |        |                | Kukucka    | 1:06.4         |
|              |       | Grapes           | <b>10.79</b> | Huston         | 1:34.9 | 3:17.9 | 5:04.3 | <b>6:42.80</b> | Cruz       | 1:00.9         |
|              |       | <b>8th</b>       |              |                |        | 1:43.0 | 1:46.4 | 1:38.5         |            |                |
|              |       |                  |              |                |        |        |        |                | <b>1st</b> | <b>4:17.56</b> |
|              |       |                  |              | Ilcisko        | 1:30.3 | 3:16.6 | 5:10.9 | <b>6:52.82</b> |            |                |
|              |       |                  |              |                |        | 1:46.3 | 1:54.3 | 1:41.9         |            |                |
|              |       |                  |              | Barry          | 1:38.4 | 3:21.3 | 5:10.8 | <b>6:55.40</b> |            |                |
|              |       |                  |              |                |        | 1:42.9 | 1:49.5 | 1:44.6         |            |                |

| SHOT PUT |           |
|----------|-----------|
| Bedo     | 25'11 1/2 |

| LONG JUMP |     | 200 METER DASH |              | 800 METER RUN |      |        |        |                |
|-----------|-----|----------------|--------------|---------------|------|--------|--------|----------------|
| Hunker    | Scr | Rivera         | <b>29.60</b> | Del Valle     | 36.6 | 1:15.6 | 1:57.8 | <b>2:40.22</b> |
|           |     |                |              |               |      | 39.0   | 42.2   | 42.4           |
| Cioffi    | Scr | Anderson       | <b>29.71</b> | Nicoletti     | 39.1 | 1:19.4 | 2:07.7 | <b>2:57.03</b> |
|           |     | Cioffi         | <b>32.18</b> |               |      | 40.3   | 48.3   | 49.3           |
|           |     |                |              | Eastin        | 38.6 | 1:19.9 | 2:10.9 | <b>3:01.08</b> |
|           |     |                |              |               |      | 41.3   | 51.0   | 50.2           |

| POLE VAULT |    | 400 METER DASH |                | 3200 METER RUN |        |        |        |        |        |         |         |                 |
|------------|----|----------------|----------------|----------------|--------|--------|--------|--------|--------|---------|---------|-----------------|
| Sixbey     | NH | Alflen         | <b>1:06.23</b> | Low            | 1:23.0 | 2:57.4 | 4:30.5 | 6:05.5 | 7:41.0 | 9:15.3  | 10:48.7 | <b>12:16.41</b> |
|            |    | <b>6th</b>     |                |                |        | 1:34.4 | 1:33.1 | 1:35.0 | 1:35.5 | 1:34.3  | 1:33.4  | 1:27.7          |
| Tellier    | NH | Ruiz           | <b>1:16.47</b> | G. DelMonico   | 1:30.4 | 3:10.5 | 4:54.6 | 6:40.3 | 8:28.2 | 10:16.6 | 12:05.8 | <b>13:48.30</b> |
|            |    | Magers         | <b>1:22.57</b> |                |        | 1:40.1 | 1:44.1 | 1:45.7 | 1:47.9 | 1:48.4  | 1:49.2  | 1:42.5          |
|            |    | Faccioni       | <b>1:36.32</b> | M. DelMonico   | 1:32.5 | 3:24.4 | 5:21.6 | 7:21.8 | 9:23.7 | 11:28.0 | 13:34.1 | <b>15:28.23</b> |
|            |    |                |                |                |        | 1:51.9 | 1:57.2 | 2:00.2 | 2:01.9 | 2:04.3  | 2:06.1  | 1:54.1          |

Friday, Feb. 2, 2024

# SPIRE Blue Division Indoor #3

At SPIRE Fieldhouse, Geneva

| TEAM SCORES             |             | 60 METER DASH |              | 4 X 800 RELAY |  |  |  | 4 X 200 RELAY |                |
|-------------------------|-------------|---------------|--------------|---------------|--|--|--|---------------|----------------|
| <b>Austintown-Fitch</b> | <b>92.5</b> |               | <i>Final</i> |               |  |  |  | Sixbey        | 27.5           |
| <b>Strongsville</b>     | <b>76</b>   | Anderson      | <b>8.46</b>  |               |  |  |  | Kukucka       | 29.3           |
| <b>Magnificat</b>       | <b>67</b>   |               |              |               |  |  |  | Vargo         | 26.2           |
| <b>Avon</b>             | <b>64</b>   | Peacock       | <b>8.72</b>  |               |  |  |  | Cruz          | 26.6           |
| <b>Avon Lake</b>        | <b>60</b>   |               |              |               |  |  |  | <b>2nd</b>    | <b>1:50.14</b> |
| <b>Amherst Steele</b>   | <b>52</b>   | Rivera        | <b>8.73</b>  |               |  |  |  | Cioffi        | 29.8           |
| <b>Medina</b>           | <b>51</b>   |               |              |               |  |  |  | Peacock       | 28.6           |
| <b>Stow</b>             | <b>50</b>   | Tellier       | <b>9.22</b>  |               |  |  |  | Rivera        | 28.9           |
| <b>Berea-Midpark</b>    | <b>31.5</b> |               |              |               |  |  |  | Anderson      | 26.9           |
| <b>Beaumont</b>         | <b>26</b>   |               |              |               |  |  |  |               |                |
| <b>Walsh Jesuit</b>     | <b>14</b>   |               |              |               |  |  |  |               |                |
| <b>Lutheran West</b>    | <b>0</b>    |               |              |               |  |  |  |               | <b>1:54.33</b> |

| WEIGHT THROW |             | 60 METER HURDLES |              | 1600 METER RUN |        |        |        | 4 X 400 RELAY  |            |                |
|--------------|-------------|------------------|--------------|----------------|--------|--------|--------|----------------|------------|----------------|
| Bedo         | <b>37'2</b> | Vargo            | <i>Final</i> | Alflen         | 1:16.5 | 2:39.5 | 4:04.0 | <b>5:29.41</b> | Vargo      | 1:04.0         |
| <b>6th</b>   |             | <b>2nd</b>       | <b>9.68</b>  | <b>4th</b>     |        | 1:23.0 | 1:24.5 | 1:25.4         | Kukucka    | 1:06.6         |
|              |             | Grapes           | <b>10.77</b> | Darkow         | 1:16.7 | 2:40.5 | 4:09.1 | <b>5:36.12</b> | Grapes     | 1:05.8         |
|              |             |                  |              | <b>5th</b>     |        | 1:23.8 | 1:28.6 | 1:27.0         | Cruz       | 1:02.0         |
|              |             |                  |              | Kapalin        | 1:17.0 | 2:40.5 | 4:12.6 | <b>5:43.73</b> | <b>2nd</b> | <b>4:19.03</b> |
|              |             |                  |              |                |        | 1:23.5 | 1:32.1 | 1:31.1         | Alflen     | 1:04.6         |
|              |             |                  |              | Ilcisko        | 1:29.4 | 3:10.2 | 4:57.3 | <b>6:42.80</b> | Kapalin    | 1:08.5         |
|              |             |                  |              |                |        | 1:40.8 | 1:47.1 | 1:45.5         | DelValle   | 1:09.8         |
|              |             |                  |              | Huston         | 1:34.3 | 3:30.0 | 5:29.2 | <b>7:22.80</b> | Darkow     | 1:08.6         |
|              |             |                  |              |                |        | 1:55.7 | 1:59.2 | 1:53.6         | <b>6th</b> | <b>4:31.81</b> |

| LONG JUMP |                 | 200 METER DASH |              | 800 METER RUN |      |        |        |                |
|-----------|-----------------|----------------|--------------|---------------|------|--------|--------|----------------|
| Hunker    | <b>12'9 1/2</b> | Rivera         | <b>28.57</b> | Del Valle     | 36.3 | 1:14.0 | 1:55.8 | <b>2:37.65</b> |
|           |                 |                |              |               |      | 37.7   | 41.8   | 41.8           |
| Cioffi    | <b>10'6</b>     | Anderson       | <b>29.33</b> | Eastin        | 40.7 | 1:25.3 | 2:13.4 | <b>2:55.36</b> |
|           |                 | Cioffi         | <b>31.11</b> |               |      | 44.6   | 48.1   | 42.0           |
|           |                 | Hunker         | <b>32.22</b> | Nicoletti     | 39.2 | 1:21.5 | 2:07.4 | <b>2:56.76</b> |
|           |                 |                |              |               |      | 42.3   | 45.9   | 49.4           |

| POLE VAULT |             | 400 METER DASH |                | 3200 METER RUN |        |        |        |        |        |         |         |                 |
|------------|-------------|----------------|----------------|----------------|--------|--------|--------|--------|--------|---------|---------|-----------------|
| Sixbey     | <b>10'6</b> | Cruz           | <b>1:02.59</b> | Low            | 1:38.5 | 3:23.7 | 5:08.1 | 6:55.3 | 8:43.7 | 10:33.9 | 12:21.4 | <b>14:04.05</b> |
|            |             | <b>1st</b>     |                |                |        | 1:45.2 | 1:44.4 | 1:47.2 | 1:48.4 | 1:50.2  | 1:47.5  | 1:42.6          |
|            |             | Ruiz           | <b>1:13.40</b> | G. DelMonico   | 1:38.5 | 3:23.7 | 5:08.1 | 6:55.3 | 8:43.7 | 10:33.9 | 12:21.4 | <b>14:04.06</b> |
|            |             | Magers         | <b>1:17.20</b> |                |        | 1:45.2 | 1:44.4 | 1:47.2 | 1:48.4 | 1:50.2  | 1:47.5  | 1:42.7          |
|            |             |                |                | M. DelMonico   | 1:49.7 | 3:51.3 | 5:50.9 | 7:53.9 | 9:55.9 | 12:02.8 | 14:04.2 | <b>15:55.63</b> |
|            |             |                |                |                |        | 2:01.6 | 1:59.6 | 2:03.0 | 2:02.0 | 2:06.9  | 2:01.4  | 1:51.4          |
|            |             |                |                | Barry          | 1:49.7 | 3:51.3 | 5:50.9 | 7:53.9 | 9:54.9 | 12:00.6 | 14:04.4 | <b>15:57.54</b> |
|            |             |                |                |                |        | 2:01.6 | 1:59.6 | 2:03.0 | 2:01.0 | 2:05.7  | 2:03.8  | 1:53.1          |

Friday, Feb. 16, 2024

# NEOITC All-Star Meet

At SPIRE Fieldhouse, Geneva

| TEAM SCORES | 60 METER DASH |              | 4 X 800 RELAY |      |        |        | 4 X 200 RELAY   |            |                |
|-------------|---------------|--------------|---------------|------|--------|--------|-----------------|------------|----------------|
|             | <i>Prelim</i> | <i>Final</i> | Alflen        | 33.8 | 1:10.3 | 1:48.6 | <b>2:24.8</b>   | Vargo      | 26.6           |
|             |               |              |               |      | 36.5   | 38.3   | 36.2            | Rivera     | 28.9           |
|             |               |              | Kapalin       | 33.7 | 1:10.8 | 1:51.5 | <b>2:32.8</b>   | Anderson   | 28.4           |
|             |               |              |               |      | 37.1   | 40.7   | 41.3            | Cruz       | 26.5           |
|             |               |              | Del Valle     | 36.3 | 1:15.1 | 1:55.5 | <b>2:38.5</b>   |            |                |
|             |               |              |               |      | 38.8   | 40.4   | 43.0            | <b>8th</b> | <b>1:50.62</b> |
|             |               |              | Darkow        | 33.6 | 1:11.7 | 1:52.0 | <b>2:31.5</b>   |            |                |
|             |               |              |               |      | 38.1   | 40.3   | 39.5            |            |                |
|             |               |              | <b>5th</b>    |      |        |        | <b>10:08.01</b> |            |                |

| SHOT PUT | 60 METER HURDLES |              | 1600 METER RUN |  |
|----------|------------------|--------------|----------------|--|
|          | <i>Prelim</i>    | <i>Final</i> |                |  |
| Vargo    | 11.05            |              |                |  |

| WEIGHT THROW | 4 X 400 RELAY |                |
|--------------|---------------|----------------|
| Bedo         | 30'4          |                |
|              | Vargo         | 1:03.8         |
|              | Alflen        | 1:03.3         |
|              | Grapes        | 1:04.0         |
|              | Cruz          | 1:00.3         |
|              | <b>8th</b>    | <b>4:12.04</b> |

| HIGH JUMP | 200 METER DASH | 800 METER RUN |
|-----------|----------------|---------------|
|-----------|----------------|---------------|

## LONG JUMP

| POLE VAULT | 400 METER DASH | 3200 METER RUN |
|------------|----------------|----------------|
| Sixbey     | 10'6           | Low            |
| <b>5th</b> |                | 1:23.8         |
|            |                | 2:53.7         |
|            |                | 4:25.0         |
|            |                | 1:29.9         |
|            |                | 1:31.3         |

Friday, March 1, 2024

# Ohio State Indoor Championships

At SPIRE Institute, Geneva

## FINAL TEAM SCORES

### 60 METER DASH

*Prelim Final*

|        |      |        |        |               |
|--------|------|--------|--------|---------------|
| Alflen | 34.3 | 1:10.4 | 1:48.9 | <b>2:25.8</b> |
|        |      | 36.1   | 38.5   | 36.9          |

|         |      |        |        |               |
|---------|------|--------|--------|---------------|
| Kapalin | 35.2 | 1:12.0 | 1:52.5 | <b>2:31.9</b> |
|         |      | 36.8   | 40.5   | 39.4          |

### 60 METER HURDLES

*Prelim Final*

|           |      |        |        |               |
|-----------|------|--------|--------|---------------|
| Del Valle | 37.4 | 1:18.0 | 2:00.3 | <b>2:40.7</b> |
|           |      | 40.6   | 42.3   | 40.4          |

|        |      |        |        |               |
|--------|------|--------|--------|---------------|
| Darkow | 36.6 | 1:17.6 | 1:56.8 | <b>2:34.4</b> |
|        |      | 41.0   | 39.2   | 37.6          |

**10:13.51**

## SHOT PUT

## WEIGHT THROW

### 200 METER DASH

### 1600 METER RUN

### 4 X 200 RELAY

### 400 METER DASH

### HIGH JUMP

### 800 METER RUN

### 4 X 400 RELAY

|        |        |
|--------|--------|
| Vargo  | 1:06.1 |
| Alflen | 1:01.8 |
| Grapes | 1:05.0 |
| Cruz   | 1:01.6 |

**4:14.93**

### LONG JUMP

### POLE VAULT

### 3200 METER RUN

Sixbey **11'0**  
**Ties School Indoor Record**

### TRIPLE JUMP



Wed., April 3, 2024

# Avon

At Steele High School

| FINAL TEAM SCORE |    |
|------------------|----|
| Amherst Steele   | 80 |
| Avon             | 53 |

| 100 METER DASH |     |       |
|----------------|-----|-------|
| Anderson       | 3rd | 13.77 |
| Cioffi         |     | 14.27 |
| Jamigan        |     | 14.99 |
| Vitelli        |     | 15.03 |
| Berdiel        |     | 16.07 |
| Wash           |     | 16.80 |

| 4 X 800 RELAY |      |        |        |                 |
|---------------|------|--------|--------|-----------------|
| Jesko         | 37.5 | 1:18.6 | 2:03.4 | <u>2:44.5</u>   |
|               |      | 41.1   | 44.8   | 41.1            |
| Johnson       | 40.7 | 1:24.4 | 2:10.7 | <u>2:54.5</u>   |
|               |      | 43.7   | 46.3   | 43.8            |
| Magers        | 39.9 | 1:21.9 | 2:10.4 | <u>2:58.6</u>   |
|               |      | 42.0   | 48.5   | 48.2            |
| Meyer         | 41.8 | 1:27.1 | 2:15.2 | <u>3:00.4</u>   |
|               |      | 45.3   | 48.1   | 45.2            |
| <b>1st</b>    |      |        |        | <b>11:38.66</b> |

| 4 X 100 RELAY |              |
|---------------|--------------|
| Peacock       |              |
| Pleban        |              |
| Rivera        |              |
| Anderson      |              |
| <b>1st</b>    | <b>52.40</b> |

| SHOT PUT  |     |          |
|-----------|-----|----------|
| Bedo      | 3rd | 25'11    |
| Zakrajsek |     | 22'7     |
| Perry     |     | 22'2 1/2 |
| Ortiz     |     | 12'3     |

| 4 X 200 RELAY |                |
|---------------|----------------|
| Vargo         | 26.9           |
| Kukucka       | 27.0           |
| Rivera        | 28.4           |
| Cruz          | 26.3           |
| <b>1st</b>    | <b>1:48.65</b> |

| DISCUS    |     |       |
|-----------|-----|-------|
| Bedo      | 2nd | 90'9  |
| Zakrajsek |     | 72'10 |
| Schubert  |     | 69'4  |
| Perry     |     | 59'11 |
| Ortiz     |     | 34'7  |

| 200 METER DASH |     |       |
|----------------|-----|-------|
| Cruz           | 1st | 26.86 |
| Anderson       |     | 28.89 |
| Peacock        |     | 29.10 |
| Vitelli        |     | 30.24 |
| Wash           |     | 34.66 |
| Berdiel        |     | 35.20 |
| Jamigan        |     |       |

| 1600 METER RUN |        |        |        |                |
|----------------|--------|--------|--------|----------------|
| Pecora         | 1:18.9 | 2:46.1 | 4:17.6 | <u>5:47.93</u> |
| <b>1st</b>     |        | 1:27.2 | 1:31.5 | 1:30.3         |
| Del Valle      | 1:26.5 | 3:00.3 | 4:34.7 | <u>6:05.87</u> |
| <b>2nd</b>     |        | 1:33.8 | 1:34.4 | 1:31.2         |
| Kerecz         | 1:33.6 | 3:20.4 | 5:09.5 | <u>6:53.23</u> |
| <b>3rd</b>     |        | 1:46.8 | 1:49.1 | 1:43.7         |
| M. DelMonico   | 1:40.5 | 3:32.2 | 5:25.9 | <u>7:15.28</u> |
|                |        | 1:51.7 | 1:53.7 | 1:49.4         |

| 4 X 400 RELAY |                |
|---------------|----------------|
| Rivera        | 1:07.0         |
| Grapes        | 1:06.4         |
| Kukucka       | 1:05.5         |
| Cruz          | 1:02.8         |
| <b>1st</b>    | <b>4:22.14</b> |

| POLE VAULT |      |
|------------|------|
| Sixbey     | 10'6 |
| <b>2nd</b> |      |

| 400 METER DASH |     |                |
|----------------|-----|----------------|
| Ruiz           | 3rd | <u>1:13.46</u> |

| 800 METER RUN |      |        |        |                |
|---------------|------|--------|--------|----------------|
| Kapalin       | 33.6 | 1:08.0 | 1:49.6 | <u>2:32.66</u> |
| <b>1st</b>    |      | 34.4   | 41.6   | 43.1           |
| Carrell       | 36.7 | 1:17.5 | 2:03.7 | <u>2:48.18</u> |
| <b>2nd</b>    |      | 40.8   | 46.2   | 44.5           |
| Schubert      | 41.9 | 1:28.6 | 2:28.1 | <u>3:21.23</u> |
|               |      | 46.7   | 59.5   | 53.1           |
| Faccioni      | 42.8 | 1:37.7 | 2:42.3 | <u>3:37.88</u> |
|               |      | 54.9   | 1:04.6 | 55.6           |

| LONG JUMP  |          |  |
|------------|----------|--|
| Cioffi     | 14'0 3/4 |  |
| <b>2nd</b> |          |  |

| 100 M HURDLES |     |       |
|---------------|-----|-------|
| Pleban        | 1st | 15.64 |
| Vargo         | 2nd | 16.08 |
| Peacock       |     | 18.19 |
| Grapes        |     | 18.64 |

| HIGH JUMP  |     |
|------------|-----|
| Pleban     | 5'0 |
| <b>1st</b> |     |

| 300 M HURDLES |     |       |
|---------------|-----|-------|
| Vargo         | 2nd | 50.23 |
| Grapes        | 3rd | 51.74 |

| 3200 METER RUN |        |        |        |        |        |         |         |                 |  |  |
|----------------|--------|--------|--------|--------|--------|---------|---------|-----------------|--|--|
| Alflen         | 1:25.3 | 2:59.4 | 4:30.8 | 6:05.4 | 7:40.7 | 9:17.3  | 10:52.8 | <u>12:14.74</u> |  |  |
| <b>1st</b>     |        | 1:34.1 | 1:31.4 | 1:34.6 | 1:35.3 | 1:36.6  | 1:35.5  | 1:21.9          |  |  |
| Brenot         | 1:26.4 | 3:02.2 | 4:42.8 | 6:23.2 | 8:05.3 | 9:46.2  | 11:27.5 | <u>12:55.95</u> |  |  |
| <b>2nd</b>     |        | 1:35.8 | 1:40.6 | 1:40.4 | 1:42.1 | 1:40.9  | 1:41.3  | 1:28.4          |  |  |
| G. DelMonico   | 1:33.6 | 3:16.6 | 5:04.0 | 6:51.7 | 8:40.7 | 10:29.4 | 12:15.8 | <u>13:54.77</u> |  |  |
| <b>3rd</b>     |        | 1:43.0 | 1:47.4 | 1:47.7 | 1:49.0 | 1:48.7  | 1:46.4  | 1:39.0          |  |  |
| Ilcisko        | 1:35.6 | 3:23.1 | 5:16.2 | 7:10.9 | 9:09.4 | 11:07.9 | 13:04.9 | <u>14:56.36</u> |  |  |
|                |        | 1:47.5 | 1:53.1 | 1:54.7 | 1:58.5 | 1:58.5  | 1:57.0  | 1:51.5          |  |  |



| FINAL TEAM SCORE |     |
|------------------|-----|
| Amherst Steele   | 116 |
| Midview          | 21  |

  

| SHOT PUT  |          |
|-----------|----------|
| As. Berry | 26'6 3/4 |
| Bedo      | 26'4     |
| Zakrajsek | 24'7     |
| Perry     | 22'7     |
| Harris    | 19'0 1/2 |
| E. Barry  | 18'9     |
| Ortiz     | 13'5 1/2 |

| 100 METER DASH |     |      |  |
|----------------|-----|------|--|
| Anderson       | 1st | 13.0 |  |
| Kukucka        | 2nd | NT   |  |
| Cioffi         | 3rd | NT   |  |
| Jamigan        |     | NT   |  |
| Vitelli        |     | NT   |  |
| Berdiel        |     | NT   |  |
| Wash           |     | NT   |  |

| 4 X 800 RELAY |      |        |        |                 |
|---------------|------|--------|--------|-----------------|
| Miller        | 32.7 | 1:12.0 | 1:52.8 | <u>2:33.4</u>   |
|               |      | 39.3   | 40.8   | 40.6            |
| Schubert      | 42.9 | 1:31.0 | 2:22.9 | <u>3:11.4</u>   |
|               |      | 48.1   | 51.9   | 48.5            |
| Kerecz        | 43.9 | 1:29.8 | 2:15.9 | <u>3:03.0</u>   |
|               |      | 45.9   | 46.1   | 47.1            |
| Ruiz          | 41.4 | 1:25.5 | 2:12.1 | <u>2:59.5</u>   |
|               |      | 44.1   | 46.6   | 47.4            |
| <b>1st</b>    |      |        |        | <b>11:47.30</b> |

| 4 X 100 RELAY |              |
|---------------|--------------|
| Sixbey        |              |
| Pleban        |              |
| Rivera        |              |
| Anderson      |              |
| <b>1st</b>    | <b>53.35</b> |

| 4 X 200 RELAY |                |
|---------------|----------------|
| Cioffi        | 28.9           |
| Vitelli       | 32.0           |
| Jamigan       | 30.7           |
| Squires       | 30.0           |
| <b>1st</b>    | <b>2:01.57</b> |

| DISCUS     |          |
|------------|----------|
| Bedo       | 1st 92'7 |
| Zakrajsek  | 3rd 77'8 |
| Perry      | 70'4     |
| As. Berry  | 65'10    |
| Harris     | 59'4     |
| Schubert   | 52'2     |
| E. Barry   | 44'2     |
| Ortiz      | 38'8     |
| Piepenbrok | 33'5     |

| 200 METER DASH |     |       |  |
|----------------|-----|-------|--|
| Rivera         | 1st | 28.09 |  |
| Kukucka        | 2nd | 28.09 |  |
| Peacock        | 3rd | 28.90 |  |
| Vitelli        |     | 30.42 |  |
| Wash           |     | 34.64 |  |
| Berdiel        |     | 35.39 |  |

| 1600 METER RUN |        |        |        |                |
|----------------|--------|--------|--------|----------------|
| Ilcisko        | 1:23.7 | 2:56.5 | 4:38.6 | <u>6:21.01</u> |
|                |        | 1:32.8 | 1:42.1 | 1:42.4         |
| G. DelMonico   | 1:28.4 | 3:05.6 | 4:47.9 | <u>6:23.32</u> |
|                |        | 1:37.2 | 1:42.3 | 1:35.4         |
| Nicoletti      | 1:28.9 | 3:06.2 | 4:48.5 | <u>6:24.96</u> |
|                |        | 1:37.3 | 1:42.3 | 1:36.5         |
| Meyer          | 1:30.5 | 3:11.1 | 4:54.5 | <u>6:29.14</u> |
|                |        | 1:40.6 | 1:43.4 | 1:34.6         |
| Magers         | 1:30.8 | 3:11.5 | 4:58.1 | <u>6:41.29</u> |
|                |        | 1:40.7 | 1:46.6 | 1:43.2         |
| Kessler        | 1:31.9 | 3:15.7 | 5:03.6 | <u>6:50.63</u> |
|                |        | 1:43.8 | 1:47.9 | 1:47.0         |

| 4 X 400 RELAY |                |
|---------------|----------------|
| Ruiz          | 1:13.8         |
| Dokovski      | 1:21.1         |
| Cvetkovic     | 1:31.1         |
| Magers        | 1:19.5         |
| <b>1st</b>    | <b>5:26.29</b> |

| POLE VAULT |          |
|------------|----------|
| Sixbey     | 1st 10'6 |

| 400 METER DASH |     |         |  |
|----------------|-----|---------|--|
| Cruz           | 1st | 59.34   |  |
| Squires        | 2nd | 1:15.14 |  |
| Millard        | 3rd | 1:20.29 |  |
| Faccioni       |     | 1:33.49 |  |

| 800 METER RUN |      |        |        |                |
|---------------|------|--------|--------|----------------|
| Timko         | 43.9 | 1:30.7 | 2:21.7 | <u>3:10.44</u> |
|               |      | 46.8   | 51.0   | 48.7           |
| Abraham       | 48.0 | 1:39.2 | 2:31.1 | <u>3:19.11</u> |
|               |      | 51.2   | 51.9   | 48.0           |
| Roy           | 45.4 | 1:37.6 | 2:33.8 | <u>3:27.85</u> |
|               |      | 52.2   | 56.2   | 54.1           |

| LONG JUMP |          |
|-----------|----------|
| Jamigan   | 1st 13'7 |
| Cioffi    | 2nd 13'6 |
| Tellier   | 3rd 13'5 |
| Hunker    | 12'0     |

| 100 M HURDLES |     |    |  |
|---------------|-----|----|--|
| Pleban        | 1st | NT |  |
| Vargo         | 2nd | NT |  |
| Grapes        | 3rd | NT |  |
| Peacock       |     | NT |  |

| HIGH JUMP |         |
|-----------|---------|
| Pleban    | 1st 4'8 |
| Hunker    | 4'2     |
| Tellier   | 4'0     |

| 300 M HURDLES |     |       |  |
|---------------|-----|-------|--|
| Vargo         | 1st | 49.56 |  |
| Grapes        | 2nd | 50.44 |  |

| 3200 METER RUN |        |        |        |        |         |         |         |                 |  |  |
|----------------|--------|--------|--------|--------|---------|---------|---------|-----------------|--|--|
| M. DelMonico   | 1:47.8 | 3:45.3 | 5:44.7 | 7:46.3 | 9:48.5  | 11:48.7 | 13:48.8 | <u>15:35.61</u> |  |  |
|                |        | 1:57.5 | 1:59.4 | 2:01.6 | 2:02.2  | 2:00.2  | 2:00.1  | 1:46.8          |  |  |
| Kinser         | 1:56.5 | 3:53.9 | 5:58.8 | 8:04.4 | 10:12.1 | 12:19.9 | 14:28.3 | <u>16:29.16</u> |  |  |
|                |        | 1:57.4 | 2:04.9 | 2:05.6 | 2:07.7  | 2:07.8  | 2:08.4  | 2:00.9          |  |  |
| Ab. Barry      | 1:56.5 | 3:53.9 | 5:58.8 | 8:09.1 | 10:19.6 | 12:34.2 | 14:47.7 | <u>16:58.10</u> |  |  |
|                |        | 1:57.4 | 2:04.9 | 2:10.3 | 2:10.5  | 2:14.6  | 2:13.5  | 2:10.4          |  |  |

| <b>FINAL TEAM SCORE</b> |      | <b>100 METER DASH</b> |              | <b>4 X 800 RELAY</b> |      |        |        | <b>4 X 100 RELAY</b> |          |
|-------------------------|------|-----------------------|--------------|----------------------|------|--------|--------|----------------------|----------|
|                         |      | <i>Prelim</i>         | <i>Final</i> |                      |      |        |        |                      |          |
| Avon                    | 123  | Anderson              | 13.38        | Del Valle            | 36.7 | 1:14.8 | 1:55.2 | 2:33.8               | Sixbey   |
| Avon Lake               | 80   | 8th                   |              |                      |      | 38.1   | 40.4   | 38.6                 | Hunker   |
| Amherst Steele          | 73.5 |                       |              | Brenot               | 36.7 | 1:17.6 | 1:59.9 | 2:41.5               | Rivera   |
| Firelands               | 62   | Cioffi                | 13.80        |                      |      | 40.9   | 42.3   | 41.6                 | Anderson |
| Lorain                  | 49   |                       |              | Johnson              | 40.3 | 1:20.4 | 2:03.3 | 2:45.5               |          |
| Oberlin                 | 49   |                       |              |                      |      | 40.1   | 42.9   | 42.2                 | 54.22    |
| Midview                 | 45.5 |                       |              | Jesko                | 39.2 | 1:20.9 | 2:07.6 | 2:47.8               |          |
| Brookside               | 39   |                       |              |                      |      | 41.7   | 46.7   | 40.2                 |          |
| North Ridgeville        | 39   |                       |              |                      |      |        |        |                      |          |
| Elyria Catholic         | 21   |                       |              | 4th                  |      |        |        | 10:50.69             |          |
| Wellington              | 19   |                       |              |                      |      |        |        |                      |          |
| Black River             | 18   |                       |              |                      |      |        |        |                      |          |
| Elyria                  | 16   |                       |              |                      |      |        |        |                      |          |
| Keystone                | 12   |                       |              |                      |      |        |        |                      |          |
| Open Door               | 12   |                       |              |                      |      |        |        |                      |          |
| Columbia                | 5    |                       |              |                      |      |        |        |                      |          |
| Lake Ridge              | 0    |                       |              |                      |      |        |        |                      |          |
| Clearview               | 0    |                       |              |                      |      |        |        |                      |          |

| <b>SHOT PUT</b> | <b>200 METER DASH</b> |              | <b>1600 METER RUN</b> |         |        |        | <b>4 X 200 RELAY</b> |         |         |         |
|-----------------|-----------------------|--------------|-----------------------|---------|--------|--------|----------------------|---------|---------|---------|
|                 | <i>Prelim</i>         | <i>Final</i> |                       |         |        |        |                      |         |         |         |
| As. Barry       | 25'9                  | Kukucka      | 28.01                 | Alflen  | 1:15.6 | 2:42.7 | 4:10.5               | 5:32.67 | Grapes  | 27.8    |
|                 |                       |              |                       | 3rd     |        | 1:27.1 | 1:27.8               | 1:22.2  | Kukucka | 27.2    |
| Bedo            | 24'4 1/2              |              |                       | Kapalin | 1:16.4 | 2:43.3 | 4:10.5               | 5:35.69 | Rivera  | 28.2    |
|                 |                       |              |                       | 5th     |        | 1:26.9 | 1:27.2               | 1:25.2  | Cruz    | 25.9    |
|                 |                       |              |                       |         |        |        |                      |         | 5th     | 1:49.62 |

| <b>DISCUS</b> | <b>400 METER DASH</b> |              | <b>800 METER RUN</b> |        |      |        | <b>4 X 400 RELAY</b> |         |        |         |
|---------------|-----------------------|--------------|----------------------|--------|------|--------|----------------------|---------|--------|---------|
|               |                       | <i>Final</i> |                      |        |      |        |                      |         |        |         |
| Zakrajsek     | 78'10                 | Cruz         | 59.59                | Miller | 36.2 | 1:13.3 | 1:53.1               | 2:31.67 | Vargo  | 1:06.6  |
|               |                       | 3rd          |                      | 5th    |      | 37.1   | 39.8                 | 38.6    | Grapes | 1:05.0  |
| Bedo          | 78'5                  |              |                      | Pecora | 35.9 | 1:13.1 | 1:53.1               | 2:33.88 | Alflen | 1:03.8  |
|               |                       |              |                      | 7th    |      | 37.2   | 40.0                 | 40.8    | Cruz   | 1:02.6  |
|               |                       |              |                      |        |      |        |                      |         | 4th    | 4:18.22 |

| <b>LONG JUMP</b> | <b>100 METER HURDLES</b> |              | <b>3200 METER RUN</b> |         |        |        |        |        |        |        |         |          |
|------------------|--------------------------|--------------|-----------------------|---------|--------|--------|--------|--------|--------|--------|---------|----------|
|                  | <i>Prelim</i>            | <i>Final</i> |                       |         |        |        |        |        |        |        |         |          |
| Cioffi           | 13'5                     | Vargo        | 15.80                 | Darkow  | 1:25.2 | 2:53.7 | 4:24.8 | 5:54.4 | 7:23.6 | 8:57.7 | 10:33.9 | 12:01.86 |
|                  |                          | 3rd          |                       | 3rd     |        | 1:28.5 | 1:31.1 | 1:29.6 | 1:29.2 | 1:34.1 | 1:36.2  | 1:28.0   |
|                  |                          | Pleban       | 23.86                 | Carrell | 1:28.2 | 3:05.7 | 4:43.4 | 6:23.4 | 8:04.1 | 9:47.9 | 11:30.8 | 12:58.15 |
|                  |                          |              |                       | 4th     |        | 1:37.5 | 1:37.7 | 1:40.0 | 1:40.7 | 1:43.8 | 1:42.9  | 1:27.4   |

| <b>HIGH JUMP</b> | <b>POLE VAULT</b> |         | <b>300 METER HURDLES</b> |        |       |
|------------------|-------------------|---------|--------------------------|--------|-------|
|                  |                   |         | <i>Final</i>             |        |       |
| Pleban           | 4'10              | Sixbey  | 10'0                     | Vargo  | 48.59 |
| Tie 4th          |                   | Tie 2nd |                          | 3rd    |       |
| Hunker           | 4'0               | Tellier | 6'0                      | Grapes | 51.12 |
|                  |                   |         |                          | 8th    |       |



| FINAL TEAM SCORE |    |
|------------------|----|
| Amherst Steele   | 77 |
| Elyria           | 41 |

  

| SHOT PUT   |           |
|------------|-----------|
| As. Bary   | 26'11 1/2 |
| Bedo       | 26'4 1/2  |
| E. Bary    | 21'4      |
| Perly      | 20'10     |
| Harris     | 18'10     |
| Ortiz      | 14'0      |
| Piepenbrok | 12'8      |

| 100 METER DASH |     |       |
|----------------|-----|-------|
| Cruz           | 1st | 13.61 |
| Cioffi         |     | 14.81 |
| Vitelli        |     | 15.01 |
| Berdiel        |     | 16.13 |
| Squires        |     | 16.93 |
| Wash           |     | 16.95 |
| Imran          |     | 17.90 |

| 4 X 800 RELAY |      |        |        |                 |
|---------------|------|--------|--------|-----------------|
| Miller        | 35.0 | 1:12.7 | 1:54.6 | <b>2:36.4</b>   |
|               |      | 37.7   | 41.9   | 41.8            |
| Cvetkovic     | 52.3 | 1:49.1 | 2:48.6 | <b>3:39.7</b>   |
|               |      | 56.8   | 59.5   | 51.1            |
| Roy           | 52.1 | 1:50.1 | 2:43.6 | <b>3:29.7</b>   |
|               |      | 58.0   | 53.5   | 46.1            |
| Eastin        | 42.1 | 1:24.8 | 2:16.1 | <b>3:08.6</b>   |
|               |      | 42.7   | 51.3   | 52.5            |
| <b>1st</b>    |      |        |        | <b>12:51.51</b> |

| 4 X 100 RELAY |              |
|---------------|--------------|
| Kukucka       |              |
| Pleban        |              |
| Rivera        |              |
| Anderson      |              |
| <b>1st</b>    | <b>53.09</b> |

**4 X 200 RELAY**

| DISCUS     |     |       |
|------------|-----|-------|
| Bedo       | 2nd | 80'2  |
| Perly      | 3rd | 71'5  |
| Schubert   |     | 66'9  |
| As. Bary   |     | 61'6  |
| Harris     |     | 57'10 |
| E. Bary    |     | 43'2  |
| Ortiz      |     | 36'7  |
| Piepenbrok |     | 35'2  |

| 200 METER DASH |     |       |
|----------------|-----|-------|
| Kukucka        | 1st | 29.11 |
| Peacock        | 3rd | 29.81 |
| Vitelli        |     | 31.51 |
| Squires        |     | 33.69 |
| Berdiel        |     | 34.46 |
| Wash           |     | 35.73 |
| Imran          |     | 37.65 |

| 1600 METER RUN |        |        |        |                |
|----------------|--------|--------|--------|----------------|
| Kessler        | 1:36.2 | 3:18.4 | 5:02.5 | <b>6:40.11</b> |
|                |        | 1:42.2 | 1:44.1 | 1:37.6         |
| <b>3rd</b>     |        |        |        |                |
| Kerecz         | 1:41.6 | 3:29.7 | 5:13.5 | <b>6:51.01</b> |
|                |        | 1:48.1 | 1:43.8 | 1:37.5         |
| Abraham        | 1:44.7 | 3:34.1 | 5:25.2 | <b>7:06.65</b> |
|                |        | 1:49.4 | 1:51.1 | 1:41.5         |
| Ab. Bary       | 1:39.1 | 3:30.3 | 5:25.2 | <b>7:27.38</b> |
|                |        | 1:51.2 | 1:54.9 | 2:02.2         |

**4 X 400 RELAY**

| POLE VAULT |  |  |
|------------|--|--|
|            |  |  |
|            |  |  |
|            |  |  |
|            |  |  |
|            |  |  |
|            |  |  |
|            |  |  |
|            |  |  |
|            |  |  |

  

| LONG JUMP |     |       |
|-----------|-----|-------|
| Pleban    | 1st | 15'9  |
| Cioffi    | 3rd | 13'7  |
| Tellier   |     | 12'11 |
| Hunker    |     | 11'10 |

| 400 METER DASH |     |         |
|----------------|-----|---------|
| Ruiz           | 2nd | 1:13.71 |
| Schubert       | 3rd | 1:20.02 |
| Harrison       |     | 1:20.41 |

| 800 METER RUN |      |        |        |                |
|---------------|------|--------|--------|----------------|
| Nicoletti     | 39.5 | 1:23.0 | 2:10.9 | <b>2:53.20</b> |
|               |      | 43.5   | 47.9   | 42.3           |
| <b>1st</b>    |      |        |        |                |
| Magers        | 39.9 | 1:23.9 | 2:11.4 | <b>2:54.70</b> |
|               |      | 44.0   | 47.5   | 43.3           |
| <b>2nd</b>    |      |        |        |                |
| Faccioni      | 42.4 | 1:36.7 | 2:39.3 | <b>3:34.70</b> |
|               |      | 54.3   | 1:02.6 | 55.4           |

| 100 M HURDLES |     |       |
|---------------|-----|-------|
| Vargo         | 1st | 16.91 |
| Grapes        | 2nd | 17.82 |
| Peacock       | 3rd | 18.25 |

| HIGH JUMP |     |     |
|-----------|-----|-----|
| Pleban    | 1st | 4'8 |
| Hunker    | 2nd | 4'0 |

**300 M HURDLES**

| 3200 METER RUN |        |        |        |        |        |         |         |                 |  |
|----------------|--------|--------|--------|--------|--------|---------|---------|-----------------|--|
| Ilcisko        | 1:37.1 | 3:20.0 | 5:07.3 | 6:55.9 | 8:47.1 | 10:42.3 | 12:35.2 | <b>14:20.11</b> |  |
| <b>1st</b>     |        | 1:42.9 | 1:47.3 | 1:48.6 | 1:51.2 | 1:55.2  | 1:52.9  | 1:44.9          |  |
| Timko          | 1:51.8 | 3:47.6 | 5:44.5 | 7:43.6 | 9:44.1 | 11:45.2 | 13:42.0 | <b>15:30.50</b> |  |
| <b>2nd</b>     |        | 1:55.8 | 1:56.9 | 1:59.1 | 2:00.5 | 2:01.1  | 1:56.8  | 1:48.5          |  |
| Kinser         | 1:53.0 | 3:50.5 | 5:52.3 | 7:53.1 | 9:56.8 | 12:00.5 | 14:04.0 | <b>16:01.80</b> |  |
| <b>3rd</b>     |        | 1:57.5 | 2:01.8 | 2:00.8 | 2:03.7 | 2:03.7  | 2:03.5  | 1:57.8          |  |

| <b>FINAL TEAM SCORE</b> |             | <b>100 METER DASH</b> |              | <b>4 X 800 RELAY</b> |      |        |        | <b>4 X 100 RELAY</b> |                 |
|-------------------------|-------------|-----------------------|--------------|----------------------|------|--------|--------|----------------------|-----------------|
|                         |             |                       | <i>Final</i> |                      |      |        |        |                      |                 |
| <b>Avon</b>             | <b>121</b>  | Peacock               | <b>13.44</b> | Miller               | 35.3 | 1:11.3 | 1:50.4 | <b>2:29.5</b>        | Anderson        |
| <b>Twinsburg</b>        | <b>94</b>   |                       |              |                      |      | 36.0   | 39.1   | 39.1                 | Pleban          |
| <b>Rocky River</b>      | <b>83.5</b> |                       |              | Jesko                | 37.2 | 1:19.1 | 2:01.2 | <b>2:42.8</b>        | Rivera          |
| <b>Amherst Steele</b>   | <b>70</b>   | Anderson              | <b>13.55</b> |                      |      | 41.9   | 42.1   | 41.6                 | Cruz            |
| <b>Austin Fitch</b>     | <b>49</b>   |                       |              | Johnson              | 37.4 | 1:19.1 | 2:01.2 | <b>2:45.6</b>        |                 |
| <b>Magnificat</b>       | <b>42</b>   |                       |              |                      |      | 41.7   | 42.1   | 44.4                 | <b>3rd</b>      |
| <b>Westlake</b>         | <b>40</b>   |                       |              | Nicoletti            | 38.5 | 1:22.0 | 2:06.7 | <b>2:54.4</b>        | <b>50.96</b>    |
| <b>Euclid</b>           | <b>34</b>   |                       |              |                      |      | 43.5   | 44.7   | 47.7                 |                 |
| <b>Bay</b>              | <b>31</b>   |                       |              |                      |      |        |        |                      |                 |
| <b>Olmsted Falls</b>    | <b>28</b>   |                       |              | <b>8th</b>           |      |        |        |                      | <b>10:53.19</b> |
| <b>Lorain</b>           | <b>25</b>   |                       |              |                      |      |        |        |                      |                 |
| <b>North Ridgeville</b> | <b>16.5</b> |                       |              |                      |      |        |        |                      |                 |
| <b>Avon "B"</b>         | <b>16</b>   |                       |              |                      |      |        |        |                      |                 |
| <b>Warrensville Hgt</b> | <b>13</b>   |                       |              |                      |      |        |        |                      |                 |
| <b>Max Hayes</b>        | <b>0</b>    |                       |              |                      |      |        |        |                      |                 |
| <b>North Olmsted</b>    | <b>0</b>    |                       |              |                      |      |        |        |                      |                 |

| <b>SHOT PUT</b> |                  | <b>200 METER DASH</b> |               | <b>1600 METER RUN</b> |            |        |        | <b>4 X 200 RELAY</b> |                |            |                |
|-----------------|------------------|-----------------------|---------------|-----------------------|------------|--------|--------|----------------------|----------------|------------|----------------|
|                 |                  |                       | <i>Prelim</i> | <i>Final</i>          |            |        |        |                      |                |            |                |
| Bedo            | <b>24'8 1/4</b>  | Cruz                  |               | <b>26.37</b>          | Alflen     | 1:14.6 | 2:37.8 | 4:03.1               | <b>5:23.69</b> | Grapes     | 27.4           |
|                 |                  | <b>6th</b>            |               |                       | <b>2nd</b> |        | 1:23.2 | 1:25.3               | 1:20.6         | Kukucka    | 27.2           |
| As. Barry       | <b>23'10 1/4</b> | Peacock               |               | <b>28.08</b>          | Kapalin    | 1:15.5 | 2:41.1 | 4:09.5               | <b>5:32.55</b> | Rivera     | 27.7           |
|                 |                  |                       |               |                       | <b>5th</b> |        | 1:25.6 | 1:28.4               | 1:23.1         | Cruz       | 26.3           |
|                 |                  |                       |               |                       |            |        |        |                      |                | <b>3rd</b> | <b>1:49.23</b> |

| <b>DISCUS</b> |             | <b>400 METER DASH</b> |                | <b>800 METER RUN</b> |      |        |        | <b>4 X 400 RELAY</b> |            |                |
|---------------|-------------|-----------------------|----------------|----------------------|------|--------|--------|----------------------|------------|----------------|
|               |             |                       | <i>Final</i>   |                      |      |        |        |                      |            |                |
| Bedo          | <b>88'9</b> | Kukucka               | <b>1:04.45</b> | Pecora               | 35.6 | 1:12.6 | 1:51.2 | <b>2:31.01</b>       | Kukucka    | 1:04.8         |
|               |             |                       |                |                      |      | 37.0   | 38.6   | 39.8                 | Alflen     | 1:03.9         |
| Perry         | <b>64'2</b> | Vitelli               | <b>1:11.98</b> | Del Valle            | 36.8 | 1:15.6 | 1:52.2 | <b>2:32.24</b>       | Vargo      | 1:06.4         |
|               |             |                       |                |                      |      | 38.8   | 36.6   | 40.0                 | Grapes     | 1:04.7         |
|               |             |                       |                |                      |      |        |        |                      | <b>7th</b> | <b>4:20.22</b> |

| <b>LONG JUMP</b> |                  | <b>100 METER HURDLES</b> |               | <b>3200 METER RUN</b> |            |        |        |        |        |        |        |         |                 |
|------------------|------------------|--------------------------|---------------|-----------------------|------------|--------|--------|--------|--------|--------|--------|---------|-----------------|
|                  |                  |                          | <i>Prelim</i> | <i>Final</i>          |            |        |        |        |        |        |        |         |                 |
| Pleban           | <b>16'10 3/4</b> | Vargo                    |               | <b>15.97</b>          | Darkow     | 1:23.3 | 2:50.6 | 4:18.1 | 5:46.8 | 7:20.3 | 8:57.7 | 10:34.5 | <b>12:00.67</b> |
| <b>1st</b>       |                  | <b>5th</b>               |               |                       | <b>7th</b> |        | 1:27.3 | 1:27.5 | 1:28.7 | 1:33.5 | 1:37.4 | 1:36.8  | 1:26.2          |
| Jarnigan         | <b>12'8</b>      | Pleban                   |               | <b>17.70</b>          | Carrell    | 1:26.0 | 2:59.7 | 4:36.8 | 6:16.2 | 7:56.8 | 9:37.6 | 11:18.4 | <b>12:46.84</b> |
|                  |                  |                          |               |                       |            |        | 1:33.7 | 1:37.1 | 1:39.4 | 1:40.6 | 1:40.8 | 1:40.8  | 1:28.4          |

| <b>HIGH JUMP</b> |            | <b>POLE VAULT</b> |              | <b>300 METER HURDLES</b> |              |
|------------------|------------|-------------------|--------------|--------------------------|--------------|
|                  |            |                   | <i>Final</i> |                          |              |
| Pleban           | <b>5'0</b> | Sixbey            | <b>10'6</b>  | Vargo                    | <b>48.07</b> |
| <b>3rd</b>       |            | <b>2nd</b>        |              | <b>3rd</b>               |              |
| Hunker           | <b>4'3</b> | Tellier           | <b>NH</b>    | Grapes                   | <b>48.95</b> |
|                  |            |                   |              | <b>4th</b>               |              |

Wed., May 1, 2024

# SWC JV Meet

At Marion L. Steele High School

| FINAL TEAM SCORE |      | 100 METER DASH |     |       | 4 X 800 RELAY |      |        |        | 4 X 100 RELAY |          |       |
|------------------|------|----------------|-----|-------|---------------|------|--------|--------|---------------|----------|-------|
| Avon             | 191  | Cioffi         | 2nd | 13.52 | Kerecz        | 39.8 | 1:21.9 | 2:06.2 | 2:51.4        | Jarnigan |       |
| Berea-Midpark    | 100  | Berdiel        |     | 15.06 |               |      | 42.1   | 44.3   | 45.2          | Cioffi   |       |
| Elyria           | 69   | Imran          |     | 16.47 | Timko         | 40.4 | 1:29.0 | 2:17.4 | 3:07.7        | Vitelli  |       |
| North Ridgeville | 68   |                |     |       |               |      | 48.6   | 48.4   | 50.3          | Tellier  |       |
| Olmsted Falls    | 63   |                |     |       | Abraham       | 45.1 | 1:34.1 | 2:24.1 | 3:10.5        |          |       |
| Amherst Steele   | 54.5 |                |     |       |               |      | 49.0   | 50.0   | 46.4          | 4th      | 55.38 |
| Midview          | 34   |                |     |       | Schubert      | 45.7 | 1:34.7 | 2:21.8 | 3:07.2        |          |       |
| Avon Lake        | 31.5 |                |     |       |               |      | 49.0   | 47.1   | 45.4          |          |       |

## SHOT PUT

|          |           |
|----------|-----------|
| E. Barry | 19'11 1/4 |
| Harris   | 19'0 1/2  |
| Ortiz    | 13'1      |

2nd 12:17.09

## 4 X 200 RELAY

|          |         |
|----------|---------|
| Vitelli  |         |
| Wash     |         |
| Squires  |         |
| Jarnigan |         |
| 6th      | 2:04.21 |

## DISCUS

| 200 METER DASH |      | 1600 METER RUN |       |           |        |        |        |         |
|----------------|------|----------------|-------|-----------|--------|--------|--------|---------|
| Schubert       | 71'1 | Squires        | 31.55 | Ilcisko   | 1:25.4 | 2:58.8 | 4:40.4 | 6:13.64 |
| As. Barry      | 67'6 | Berdiel        | 31.83 | 6th       |        | 1:33.4 | 1:41.6 | 1:33.2  |
| Harris         | 63'4 | Wash           | 34.19 | Nicoletti | 1:26.6 | 3:01.5 | 4:47.4 | 6:26.65 |
|                |      |                |       |           |        | 1:34.9 | 1:45.9 | 1:39.2  |
|                |      |                |       | Kessler   | 1:31.7 | 3:12.5 | 4:58.4 | 6:44.78 |
|                |      |                |       |           |        | 1:40.8 | 1:45.9 | 1:46.4  |
|                |      |                |       | Kinser    | 1:41.6 | 3:37.4 | 5:35.6 | 7:29.75 |
|                |      |                |       |           |        | 1:55.8 | 1:58.2 | 1:54.1  |

## 4 X 400 RELAY

|           |        |
|-----------|--------|
| Dokovski  | 1:19.3 |
| Harrison  | 1:23.5 |
| Cvetkovic | 1:25.6 |
| Roy       | 1:24.9 |

DQ

## POLE VAULT

| 400 METER DASH |             | 800 METER RUN |      |        |        |         |
|----------------|-------------|---------------|------|--------|--------|---------|
| Ruiz           | 1st 1:08.13 | Magers        | 38.5 | 1:25.7 | 2:10.0 | 2:52.97 |
| Squires        | 1:12.76     | 6th           |      | 47.2   | 44.3   | 43.0    |
| Faccioni       | 1:27.23     | Eastin        | 43.9 | 1:33.1 | 2:20.7 | 3:07.02 |
|                |             |               |      | 49.2   | 47.6   | 46.3    |
|                |             | Ab. Barry     | 42.2 | 1:32.7 | 2:24.1 | 3:13.25 |
|                |             |               |      | 50.5   | 51.4   | 49.1    |

## LONG JUMP

| 100 M HURDLES |          |
|---------------|----------|
| Tellier       | 8th 12'7 |
| Hunker        | 11'9     |
| Jarnigan      | 11'9     |

## HIGH JUMP

| 300 M HURDLES |           | 3200 METER RUN |        |        |        |        |        |         |         |          |
|---------------|-----------|----------------|--------|--------|--------|--------|--------|---------|---------|----------|
| Hunker        | T 3rd 4'2 | Meyer          | 1:40.3 | 3:29.3 | 5:20.9 | 7:13.5 | 9:06.7 | 11:02.5 | 12:59.7 | 14:39.90 |
| Tellier       | NH        | 2nd            |        | 1:49.0 | 1:51.6 | 1:52.6 | 1:53.2 | 1:55.8  | 1:57.2  | 1:40.2   |

Friday, May 3, 2024

# Medina Last Chance Invitational

At Medina High School

| FINAL TEAM SCORE |       | 100 METER DASH |              | 4 X 800 RELAY |      |        |        | 4 X 100 RELAY |                 |
|------------------|-------|----------------|--------------|---------------|------|--------|--------|---------------|-----------------|
|                  |       |                | <i>Final</i> |               |      |        |        |               |                 |
| Massillon Perry  | 172.5 | Anderson       | 13.35        | DelValle      | 36.0 | 1:15.5 | 1:56.0 | <b>2:32.6</b> | Anderson        |
| Medina           | 155.5 | <i>7th</i>     |              |               |      | 39.5   | 40.5   | 36.6          | Pleban          |
| Amherst Steele   | 118   |                |              | Johnson       | 40.2 | 1:23.5 | 2:07.7 | <b>2:47.7</b> | Rivera          |
| Nordonia         | 88    | Peacock        | 13.61        |               |      | 43.3   | 44.2   | 40.0          | Cruz            |
| Berea-Midpark    | 68.5  |                |              | Magers        | 40.6 | 1:21.7 | 2:06.0 | <b>2:51.2</b> |                 |
| Medina B         | 26.5  |                |              |               |      | 41.1   | 44.3   | 45.2          | <b>4th</b>      |
| Rhodes           | 5     | Cioffi         | 13.86        | Nicoletti     | 42.9 | 1:27.7 | 2:12.9 | <b>2:55.0</b> | <b>51.14</b>    |
| Max Hayes        | 0     |                |              |               |      | 44.8   | 45.2   | 42.1          |                 |
|                  |       |                |              | <b>4th</b>    |      |        |        |               | <b>11:08.43</b> |

| SHOT PUT  |      | 200 METER DASH |              | 1600 METER RUN |        |        |        | 4 X 200 RELAY  |            |                |
|-----------|------|----------------|--------------|----------------|--------|--------|--------|----------------|------------|----------------|
|           |      |                | <i>Final</i> |                |        |        |        |                |            |                |
| As. Barry | 24'8 | Cruz           | 26.86        | Pecora         | 1:17.6 | 2:40.9 | 4:05.6 | <b>5:29.75</b> | Grapes     | 27.5           |
|           |      | <i>1st</i>     |              |                |        | 1:23.3 | 1:24.7 | 1:24.2         | Vargo      | 25.1           |
| Bedo      | 23'0 | Peacock        | 28.36        | Darkow         | 1:17.6 | 2:40.9 | 4:08.7 | <b>5:38.39</b> | Rivera     | 28.6           |
|           |      |                |              | <i>5th</i>     |        | 1:23.3 | 1:27.8 | 1:29.7         | Cruz       | 26.1           |
| Perry     | 22'9 | Vitelli        | 31.04        | Meyer          | 1:28.1 | 3:09.2 | 4:49.8 | <b>6:19.77</b> | <b>2nd</b> | <b>1:47.10</b> |
|           |      |                |              |                |        | 1:41.1 | 1:40.6 | 1:30.0         |            |                |

| DISCUS   |      | 400 METER DASH |              | 800 METER RUN |      |        |        | 4 X 400 RELAY  |            |                |
|----------|------|----------------|--------------|---------------|------|--------|--------|----------------|------------|----------------|
|          |      |                | <i>Final</i> |               |      |        |        |                |            |                |
| Bedo     | 90'0 | Cruz           | 1:00.35      | Alflen        | 34.0 | 1:11.4 | 1:48.8 | <b>2:26.01</b> | Kukucka    | 1:07.9         |
|          |      | <i>2nd</i>     |              |               |      | 37.4   | 37.4   | 37.2           | Alflen     | 1:03.8         |
| Schubert | 57'9 | Kukucka        | 1:03.89      | Kapalin       | 34.7 | 1:12.5 | 1:50.9 | <b>2:28.48</b> | Grapes     | 1:07.5         |
|          |      | <i>8th</i>     |              | <i>4th</i>    |      | 37.8   | 38.4   | 37.6           | Vargo      | 1:02.8         |
| Perry    | 53'9 | Jesko          | 1:08.15      | Carrell       | 35.7 | 1:16.5 | 2:00.0 | <b>2:41.96</b> | <b>4th</b> | <b>4:22.32</b> |
|          |      |                |              |               |      | 40.8   | 43.5   | 42.0           |            |                |

| POLE VAULT |     | LONG JUMP  |          | 3200 METER RUN |        |        |        |        |         |         |         |                 |
|------------|-----|------------|----------|----------------|--------|--------|--------|--------|---------|---------|---------|-----------------|
| Sixbey     | NH  | Pleban     | 17'3 1/2 | Ilcisko        | 1:36.0 | 3:16.7 | 4:59.7 | 6:50.7 | 8:46.1  | 10:45.4 | 13:03.2 | <b>15:30.96</b> |
|            |     | <i>1st</i> |          |                |        | 1:40.7 | 1:43.0 | 1:51.0 | 1:55.4  | 1:59.3  | 2:17.8  | 2:27.8          |
| Tellier    | 7'0 | Cioffi     | 14'9     | Timko          | 1:51.0 | 3:46.0 | 5:40.5 | 7:36.9 | 9:35.8  | 11:38.1 | 13:44.1 | <b>15:45.39</b> |
|            |     | <i>8th</i> |          |                |        | 1:55.0 | 1:54.5 | 1:56.4 | 1:58.9  | 2:02.3  | 2:06.0  | 2:01.3          |
|            |     | Jarnigan   | 12'7 1/2 | Kinser         | 1:56.0 | 3:57.9 | 6:00.3 | 8:04.0 | 10:07.5 | 12:11.4 | 14:13.1 | <b>16:07.53</b> |
|            |     |            |          |                |        | 2:01.9 | 2:02.4 | 2:03.7 | 2:03.5  | 2:03.9  | 2:01.7  | 1:54.4          |

| HIGH JUMP  |     | 100 METER HURDLES |              | 300 METER HURDLES |              |
|------------|-----|-------------------|--------------|-------------------|--------------|
|            |     |                   | <i>Final</i> |                   | <i>Final</i> |
| Pleban     | 5'2 | Pleban            | 15.48        | Vargo             | <b>47.93</b> |
| <i>1st</i> |     | <i>2nd</i>        |              | <i>2nd</i>        |              |
| Hunker     | NH  | Vargo             | 16.37        | Grapes            | <b>49.29</b> |
|            |     | <i>4th</i>        |              | <i>3rd</i>        |              |
| Tellier    | NH  |                   |              |                   |              |

Mon., May 6, 2024

# Avon-Avon Lake JV

At Marion L. Steele High School

## FINAL TEAM SCORE

No Team Scores

## 100 METER DASH

|         |       |
|---------|-------|
| Berdiel | 15.42 |
| Squires | 15.47 |
| Wash    | 16.83 |
| Imran   | 17.00 |

## 4 X 800 RELAY

## 4 X 100 RELAY

## SHOT PUT

|            |      |
|------------|------|
| Harris     | 19'1 |
| E. Barry   | 19'0 |
| Ortiz      | 13'8 |
| Piepenbrok | 13'0 |

## 4 X 200 RELAY

## DISCUS

|            |     |       |
|------------|-----|-------|
| As. Barry  | 2nd | 75'4  |
| Harris     |     | 62'1  |
| E. Barry   |     | 45'0  |
| Ortiz      |     | 33'10 |
| Piepenbrok |     | 31'11 |

## 200 METER DASH

|         |       |
|---------|-------|
| Vitelli | 31.29 |
| Squires | 32.06 |
| Wash    | 34.46 |
| Imran   | 35.68 |

## 1600 METER RUN

|            |        |        |        |                |
|------------|--------|--------|--------|----------------|
| Del Valle  | 1:26.1 | 2:55.0 | 4:24.1 | <b>5:48.50</b> |
| <b>1st</b> |        | 1:28.9 | 1:29.1 | 1:24.4         |
| Johnson    | 1:27.3 | 2:58.7 | 4:40.6 | <b>6:10.99</b> |
| <b>3rd</b> |        | 1:31.4 | 1:41.9 | 1:30.4         |
| Ilcisko    | 1:26.6 | 2:57.3 | 4:36.6 | <b>6:13.27</b> |
|            |        | 1:30.7 | 1:39.3 | 1:36.7         |
| Meyer      | 1:28.6 | 3:05.9 | 4:47.0 | <b>6:20.78</b> |
|            |        | 1:37.3 | 1:41.1 | 1:33.8         |
| Magers     | 1:29.6 | 3:07.7 | 4:48.3 | <b>6:21.72</b> |
|            |        | 1:38.1 | 1:40.6 | 1:33.4         |
| Kessler    | 1:34.8 | 3:18.5 | 5:04.4 | <b>6:43.24</b> |
|            |        | 1:43.7 | 1:45.9 | 1:38.8         |
| Kerecz     | 1:35.1 | 3:19.2 | 5:04.8 | <b>6:43.75</b> |
|            |        | 1:44.1 | 1:45.6 | 1:39.0         |
| Timko      | 1:36.0 | 3:22.8 | 5:13.0 | <b>6:58.10</b> |
|            |        | 1:46.8 | 1:50.2 | 1:45.1         |
| Kinser     | 1:47.1 | 3:42.0 | 5:39.2 | <b>7:30.67</b> |
|            |        | 1:54.9 | 1:57.2 | 1:51.5         |

## 4 X 400 RELAY

|            |                |
|------------|----------------|
| Del Valle  | 1:09.2         |
| Magers     | 1:16.0         |
| Nicoletti  | 1:15.1         |
| Johnson    | 1:10.8         |
| <b>1st</b> | <b>4:51.89</b> |
| Ilcisko    | 1:17.6         |
| Jesko      | 1:07.2         |
| Schubert   | 1:19.7         |
| Timko      | 1:19.2         |
| <b>2nd</b> | <b>5:06.24</b> |

## POLE VAULT

|         |     |      |
|---------|-----|------|
| Sixbey  | 1st | 11'0 |
| Tellier |     | NH   |

## 400 METER DASH

|          |     |                |
|----------|-----|----------------|
| Ruiz     | 2nd | <b>1:08.31</b> |
| Vitelli  |     | <b>1:14.30</b> |
| Dokovski |     | <b>1:18.28</b> |
| Harrison |     | <b>1:22.16</b> |

## 800 METER RUN

|            |      |        |        |                |
|------------|------|--------|--------|----------------|
| Nicoletti  | 40.2 | 1:24.0 | 2:07.7 | <b>2:51.57</b> |
|            |      | 43.8   | 43.7   | 43.9           |
| <b>3rd</b> |      |        |        |                |
| Schubert   | 42.4 | 1:30.1 | 2:19.0 | <b>2:59.99</b> |
|            |      | 47.7   | 48.9   | 41.0           |
| Ab. Barry  | 43.6 | 1:32.7 | 2:23.0 | <b>3:11.26</b> |
|            |      | 49.1   | 50.3   | 48.3           |
| Cvetkovic  | 48.8 | 1:41.3 | 2:35.8 | <b>3:24.21</b> |
|            |      | 52.5   | 54.5   | 48.4           |
| Abraham    | 48.3 | 1:40.7 | 2:35.6 | <b>3:24.28</b> |
|            |      | 52.4   | 54.9   | 48.7           |
| Roy        | 49.1 | 1:41.7 | 2:36.2 | <b>3:24.98</b> |
|            |      | 52.6   | 54.5   | 48.8           |
| Faccioni   | 44.3 | 1:38.2 | 2:33.7 | <b>3:25.28</b> |
|            |      | 53.9   | 55.5   | 51.6           |

|           |                |
|-----------|----------------|
| Ruiz      | 1:11.7         |
| Kessler   | 1:16.6         |
| Abraham   | 1:23.9         |
| Cvetkovic | 1:29.5         |
|           | <b>5:22.28</b> |

## LONG JUMP

|         |     |      |
|---------|-----|------|
| Hunker  | 2nd | 14'2 |
| Jamigan | 3rd | 13'9 |
| Tellier |     | 13'0 |

## 110 M HURDLES

## HIGH JUMP

|         |      |
|---------|------|
| Tellier | 3'10 |
|---------|------|

## 300 M HURDLES

## 3200 METER RUN



| FINAL TEAM SCORE      |            | 100 METER DASH |       |       | 4 X 800 RELAY |      |        |        |        | 4 X 100 RELAY  |              |
|-----------------------|------------|----------------|-------|-------|---------------|------|--------|--------|--------|----------------|--------------|
|                       |            |                | Semi  | Final |               |      |        |        |        |                |              |
| Avon                  | 170        | Anderson       | 13.48 |       | Alflen        | 33.1 | 1:09.2 | 1:45.7 | 2:23.8 | Anderson       |              |
| <b>Amherst Steele</b> | <b>115</b> |                |       |       |               |      | 36.1   | 36.5   | 38.1   | Pleban         |              |
| Avon Lake             | 107        |                |       |       | Kapalin       | 34.7 | 1:10.7 | 1:50.0 | 2:28.9 | Rivera         |              |
| Olmsted Falls         | 79         |                |       |       |               |      | 36.0   | 39.3   | 38.9   | Cruz           |              |
| Midview               | 67         |                |       |       | Pecora        | 34.3 | 1:11.6 | 1:53.1 | 2:36.1 |                |              |
| North Ridgeville      | 55         |                |       |       |               |      | 37.3   | 41.5   | 43.0   | <b>1st</b>     | <b>50.32</b> |
| Berea-Midpark         | 48         |                |       |       | Miller        | 36.4 | 1:13.2 | 1:50.3 | 2:25.3 |                |              |
| Elyria                | 19         |                |       |       |               |      | 36.8   | 37.1   | 35.0   |                |              |
|                       |            |                |       |       | <b>3rd</b>    |      |        |        |        | <b>9:54.34</b> |              |

| SHOT PUT  |          | 200 METER DASH |       |       | 1600 METER RUN |        |        |        |         | 4 X 200 RELAY  |      |
|-----------|----------|----------------|-------|-------|----------------|--------|--------|--------|---------|----------------|------|
|           |          |                | Semi  | Final |                |        |        |        |         |                |      |
| As. Berry | 26'9 1/2 | Cruz           | 27.10 | 27.15 | Alflen         | 1:15.1 | 2:37.7 | 4:04.1 | 5:31.54 | Grapes         | 27.7 |
|           |          | <b>5th</b>     |       |       | <b>7th</b>     |        | 1:22.6 | 1:26.4 | 1:27.4  | Vargo          | 25.3 |
| Bedo      | 25'7 3/4 | Peacock        | 28.16 |       | Pecora         | 1:15.4 | 2:38.2 | 4:06.8 | 5:38.93 | Rivera         | 27.0 |
|           |          |                |       |       | <b>8th</b>     |        | 1:22.8 | 1:28.6 | 1:32.1  | Cruz           | 25.8 |
|           |          |                |       |       | <b>3rd</b>     |        |        |        |         | <b>1:46.37</b> |      |

| DISCUS     |      | 400 METER DASH |         |         | 800 METER RUN |      |        |        |         | 4 X 400 RELAY  |        |
|------------|------|----------------|---------|---------|---------------|------|--------|--------|---------|----------------|--------|
|            |      |                | Semi    | Final   |               |      |        |        |         |                |        |
| Bedo       | 84'5 | Cruz           | 59.74   | 59.77   | Miller        | 33.8 | 1:09.6 | 1:47.6 | 2:25.91 | Kukucka        | 1:02.8 |
| <b>8th</b> |      | <b>1st</b>     |         |         | <b>4th</b>    |      | 35.8   | 38.0   | 38.3    | Alflen         | 1:03.8 |
| Perry      | NM   | Kukucka        | 1:03.65 | 1:02.68 | Kapalin       | 33.6 | 1:09.6 | 1:48.3 | 2:26.71 | Grapes         | 1:03.5 |
|            |      | <b>6th</b>     |         |         | <b>5th</b>    |      | 36.0   | 38.7   | 38.4    | Vargo          | 1:02.3 |
|            |      |                |         |         | <b>2nd</b>    |      |        |        |         | <b>4:12.71</b> |        |

| POLE VAULT |      | 100 METER HURDLES |       |       | 3200 METER RUN |        |        |        |        |        |        |         |          |
|------------|------|-------------------|-------|-------|----------------|--------|--------|--------|--------|--------|--------|---------|----------|
|            |      |                   | Semi  | Final |                |        |        |        |        |        |        |         |          |
| Sixbey     | 10'0 | Pleban            | 15.48 | 15.61 | Darkow         | 1:21.8 | 2:52.2 | 4:22.4 | 5:54.2 | 7:26.6 | 9:02.7 | 10:37.1 | 12:03.67 |
| <b>5th</b> |      | <b>1st</b>        |       |       | <b>6th</b>     |        | 1:30.4 | 1:30.2 | 1:31.8 | 1:32.4 | 1:36.1 | 1:34.4  | 1:26.6   |
| Tellier    | 7'0  | Vargo             | 15.77 | 16.04 | Carrell        | 1:23.2 | 2:58.0 | 4:37.3 | 6:16.2 | 7:55.0 | 9:38.0 | 11:21.6 | 13:08.74 |
|            |      | <b>2nd</b>        |       |       |                |        | 1:34.8 | 1:39.3 | 1:38.9 | 1:38.8 | 1:43.0 | 1:43.6  | 1:47.1   |

| HIGH JUMP  |     | LONG JUMP  |          | 300 METER HURDLES |       |       |
|------------|-----|------------|----------|-------------------|-------|-------|
|            |     |            |          | Semi              | Final |       |
| Pleban     | 5'1 | Pleban     | 17'0 1/2 | Vargo             | 46.98 | 45.16 |
| <b>3rd</b> |     | <b>1st</b> |          | <b>1st</b>        |       |       |
| Hunker     | NH  | Cioffi     | 14'0 1/4 | Grapes            | 48.79 | 47.75 |
|            |     |            |          | <b>4th</b>        |       |       |

| TEAM SCORES      |      | 100 METER DASH |             |              | 4 X 800 RELAY  |            |        |        | 4 X 100 RELAY  |             |                           |      |
|------------------|------|----------------|-------------|--------------|----------------|------------|--------|--------|----------------|-------------|---------------------------|------|
|                  |      |                | <i>Semi</i> | <i>Final</i> |                |            |        |        |                | <i>Semi</i> | <i>Final</i>              |      |
| Avon             | 113  | Anderson       | 13.71       |              | Alflen         | 34.0       | 1:09.3 | 1:46.3 | <b>2:23.8</b>  | Anderson    |                           |      |
| Rocky River      | 82.5 |                |             |              |                |            | 35.3   | 37.0   | 37.5           | Pleban      |                           |      |
| Amherst Steele   | 72   |                |             |              | Kapalin        | 33.4       | 1:09.9 | 1:50.9 | <b>2:31.7</b>  | Rivera      |                           |      |
| Lakewood         | 56   | Cioffi         | 13.84       |              |                |            | 36.5   | 41.0   | 40.8           | Cruz        |                           |      |
| Avon Lake        | 51   |                |             |              | Pecora         | 34.5       | 1:11.3 | 1:50.4 | <b>2:29.4</b>  |             |                           |      |
| Magnificat       | 47.5 |                |             |              |                |            | 36.8   | 39.1   | 39.0           | <b>4th</b>  | <b>50.67</b> <b>50.30</b> |      |
| Cleve. St. Joe's | 45   |                |             |              | Miller         | 36.2       | 1:13.8 | 1:52.4 | <b>2:28.9</b>  |             |                           |      |
| Westlake         | 36   |                |             |              |                |            | 37.6   | 38.6   | 36.5           |             |                           |      |
| Bay              | 36   |                |             |              |                |            |        |        |                |             |                           |      |
| Lorain           | 32   |                |             |              |                | <b>7th</b> |        |        | <b>9:54.83</b> |             |                           |      |
| Olmsted Falls    | 31   |                |             |              |                |            |        |        |                |             |                           |      |
| Midview          | 26   | 200 METER DASH |             |              | 1600 METER RUN |            |        |        | 4 X 200 RELAY  |             |                           |      |
| North Ridgeville | 25   |                | <i>Semi</i> | <i>Final</i> |                |            |        |        |                | <i>Semi</i> | <i>Final</i>              |      |
| Elyria           | 5    | Peacock        | 28.70       |              | Alflen         | 1:14.0     | 2:36.7 | 4:03.9 | <b>5:29.84</b> | Grapes      | 27.6                      | 27.3 |
| North Olmsted    | 4    |                |             |              |                |            | 1:22.7 | 1:27.2 | 1:25.9         | Vargo       | 26.3                      | 26.2 |
| John Marshall    | 0    |                |             |              |                |            |        |        |                | Rivera      | 26.2                      | 26.5 |
|                  |      | Rivera         | 28.24       |              | Pecora         | 1:15.3     | 2:38.3 | 4:03.9 | <b>5:31.55</b> | Cruz        | 26.2                      | 25.6 |
|                  |      |                |             |              |                |            | 1:23.0 | 1:25.6 | 1:27.6         |             |                           |      |

**SHOT PUT**

As. Berry 26'8"

Bedo 23'7 1/4"

| DISCUS   |       | 400 METER DASH |             |              | 800 METER RUN |      |        |        | 4 X 400 RELAY  |             |                               |        |
|----------|-------|----------------|-------------|--------------|---------------|------|--------|--------|----------------|-------------|-------------------------------|--------|
|          |       |                | <i>Semi</i> | <i>Final</i> |               |      |        |        |                | <i>Semi</i> | <i>Final</i>                  |        |
| Bedo     | 83'2" | Cruz           | 1:01.67     | 1:01.81      | Miller        | 33.8 | 1:08.2 | 1:45.9 | <b>2:23.15</b> | Kukucka     | 1:04.8                        | 1:03.6 |
|          |       |                |             |              |               |      | 34.4   | 37.7   | 37.3           | Alflen      | 1:01.8                        | 1:01.9 |
|          |       |                |             |              | prelim:       | 35.0 | 1:12.8 | 1:53.1 | <b>2:30.48</b> | Grapes      | 1:06.4                        | 1:04.2 |
| Schubert | 72'0" | Kukucka        | 1:03.50     | 1:03.49      |               |      | 37.8   | 40.3   | 37.4           | Vargo       | 1:03.4                        | 1:01.5 |
|          |       |                |             |              |               |      |        |        |                |             |                               |        |
|          |       |                |             |              | Kapalin       | 34.3 | 1:10.5 | 1:49.8 | <b>2:31.41</b> | <b>7th</b>  | <b>4:16.68</b> <b>4:11.92</b> |        |
|          |       |                |             |              |               |      | 36.2   | 39.3   | 41.6           |             |                               |        |
|          |       |                |             |              | prelim:       | 34.0 | 1:12.6 | 1:52.0 | <b>2:30.87</b> |             |                               |        |
|          |       |                |             |              |               |      | 38.6   | 39.4   | 38.9           |             |                               |        |

| POLE VAULT               |       | 100 METER HURDLES |             |              | 3200 METER RUN |        |        |        |        |        |        |         |                 |
|--------------------------|-------|-------------------|-------------|--------------|----------------|--------|--------|--------|--------|--------|--------|---------|-----------------|
|                          |       |                   | <i>Semi</i> | <i>Final</i> |                |        |        |        |        |        |        |         |                 |
| Sixbey                   | 12'1" | Pleban            | 15.31       | 15.09        | Darkow         | 1:22.8 | 2:50.3 | 4:18.3 | 5:50.0 | 7:21.7 | 8:56.1 | 10:31.0 | <b>11:58.01</b> |
| <b>1st</b>               |       | <b>1st</b>        |             |              | <b>8th</b>     |        | 1:27.5 | 1:28.0 | 1:31.7 | 1:31.7 | 1:34.4 | 1:34.9  | 1:27.0          |
| <b>New School Record</b> |       |                   |             |              |                |        |        |        |        |        |        |         |                 |
| Tellier                  | 7'0"  | Vargo             | 16.00       | 15.96        | Carrell        | 1:25.2 | 2:59.5 | 4:37.8 | 6:17.1 | 7:57.3 | 9:41.3 | 11:26.3 | <b>13:03.69</b> |
|                          |       | <b>5th</b>        |             |              |                |        | 1:34.3 | 1:38.3 | 1:39.3 | 1:40.2 | 1:44.0 | 1:45.0  | 1:37.4          |

| HIGH JUMP  |      | LONG JUMP                |           | 300 METER HURDLES |              |
|------------|------|--------------------------|-----------|-------------------|--------------|
|            |      |                          |           | <i>Semi</i>       | <i>Final</i> |
| Pleban     | 5'1" | Pleban                   | 18'0 1/2" | Vargo             | 48.52        |
| <b>3rd</b> |      | <b>2nd</b>               |           | <b>1st</b>        | 45.12        |
|            |      | <b>New School Record</b> |           |                   |              |
| Hunker     | NH   | Cioffi                   | 13'5 3/4" | Grapes            | 49.08        |
|            |      |                          |           | <b>5th</b>        | 47.10        |

| <b>TEAM SCORES</b>    |             | <b>100 METER DASH</b> |      | <b>4 X 800 RELAY</b> |  | <b>4 X 100 RELAY</b> |          |       |
|-----------------------|-------------|-----------------------|------|----------------------|--|----------------------|----------|-------|
| Avon                  | 55          |                       | Semi | Final                |  |                      | Semi     | Final |
| Perrysburg            | 49          |                       |      |                      |  |                      | Anderson |       |
| Toledo Whitmer        | 42.5        |                       |      |                      |  |                      | Pleban   |       |
| Rocky River           | 34          |                       |      |                      |  |                      | Rivera   |       |
| Strongsville          | 33          |                       |      |                      |  |                      | Cruz     |       |
| Holland Springfield   | 31          |                       |      |                      |  |                      |          | 50.69 |
| Lakewood              | 26          |                       |      |                      |  |                      |          |       |
| Brunswick             | 26          |                       |      |                      |  |                      |          |       |
| <b>Amherst Steele</b> | <b>24.5</b> |                       |      |                      |  |                      |          |       |
| Cloverleaf            | 23          |                       |      |                      |  |                      |          |       |
| Wadsworth             | 23          |                       |      |                      |  |                      |          |       |
| Avon Lake             | 23          |                       |      |                      |  |                      |          |       |
| Mansfield Madison     | 23          |                       |      |                      |  |                      |          |       |
| Medina                | 22          |                       |      |                      |  |                      |          |       |
| Anthony Wayne         | 21          |                       |      |                      |  |                      |          |       |
| Findlay               | 20          |                       |      |                      |  |                      |          |       |
| Toledo St. Ursula     | 19          |                       |      |                      |  |                      |          |       |
| Sylvania Northview    | 16          |                       |      |                      |  |                      |          |       |
| Westlake              | 15          |                       |      |                      |  |                      |          |       |
| Magnificat            | 13.5        |                       |      |                      |  |                      |          |       |
| Medina Highland       | 13          |                       |      |                      |  |                      |          |       |
| Brecksville           | 13          |                       |      |                      |  |                      |          |       |
| Oregon Clay           | 12          |                       | Semi | Final                |  |                      |          |       |
| North Ridgeville      | 10          |                       |      |                      |  |                      |          |       |
| Fremont Ross          | 9           |                       |      |                      |  |                      |          |       |
| Lorain                | 8           |                       |      |                      |  |                      |          |       |
| Cleveland. St. Joes   | 7.5         |                       |      |                      |  |                      |          |       |
| Berea-Midpark         | 7           |                       |      |                      |  |                      |          |       |
| North Royalton        | 6           |                       |      |                      |  |                      |          |       |
| Tiffin Columbian      | 5           |                       |      |                      |  |                      |          |       |
| Toledo Scott          | 5           |                       |      |                      |  |                      |          |       |
| Bay                   | 4           |                       |      |                      |  |                      |          |       |
| Parma Valley Forge    | 4           |                       |      |                      |  |                      |          |       |
| Olmsted Falls         | 3           |                       | Semi | Final                |  |                      |          |       |
| Toledo Notre Dame     | 2           |                       |      |                      |  |                      |          |       |
| Ashland               | 2           |                       |      |                      |  |                      |          |       |
| Normandy              | 1           |                       |      |                      |  |                      |          |       |

| <b>LONG JUMP</b> |          | <b>100 METER HURDLES</b> |       | <b>3200 METER RUN</b> |  |
|------------------|----------|--------------------------|-------|-----------------------|--|
|                  |          |                          | Semi  | Final                 |  |
| Pleban           | 16'9 1/2 | Pleban                   | 15.28 | 15.14                 |  |
| 7th              |          | 5th                      |       |                       |  |

| <b>HIGH JUMP</b> |     | <b>300 METER HURDLES</b> |       | <b>POLE VAULT</b> |        | <b>DISCUS</b> |  |
|------------------|-----|--------------------------|-------|-------------------|--------|---------------|--|
|                  |     |                          | Semi  | Final             |        |               |  |
| Pleban           | 5'2 | Vargo                    | 46.78 | 45.54             | Sixbey | 12'0          |  |
| 3rd              |     | 6th                      |       |                   | 1st    |               |  |

Fri. and Sat., May 31-June 1, 2024

# State Meet

At Welcome Stadium, Dayton

**TEAM SCORES**

**100 METER DASH**

**4 X 800 RELAY**

**4 X 100 RELAY**

Semi Final

Semi Final

**4 X 200 RELAY**

Semi Final

**200 METER DASH**

**1600 METER RUN**

**4 X 400 RELAY**

Semi Final

Semi Final

**400 METER DASH**

**800 METER RUN**

**SHOT PUT**

Semi Final

**LONG JUMP**

**100 METER HURDLES**

**3200 METER RUN**

Pleban      Semi Final  
DQ

**HIGH JUMP**

**300 METER HURDLES**

**POLE VAULT**

**DISCUS**

Pleban      5'0      Semi Final      Sixbey      11'0

